Tri-County
Behavioral Health
Resource Guide
2021
Tri-County Behavioral Health Resource Guide

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Revision Date March 2021
Introduction to the Guide

Somerset Local Behavioral Health Authority (SLBHA), Wicomico Local Behavioral Health Authority (WiLBHA), Worcester Local Behavioral Health Authority (WoLBHA), and Worcester County’s Initiative to Preserve Families/Worcester County Local Management Board (WoLMB) are pleased to present the 2021 edition of the TRI-COUNTY BEHAVIORAL HEALTH RESOURCE GUIDE for Somerset, Wicomico, and Worcester Counties in Maryland. This guide, while not inclusive of every service or behavioral health provider in the tri-county area, represents our effort to help the citizens of the region become more aware of the services that are available to them. SLBHA, WiLBHA, WoLBHA and WoLMB in no way endorse any one provider or service over another. We hope this guide is useful in your navigation of the Public Behavioral Health System in Somerset, Wicomico, and Worcester Counties. This information is also available online at www.somersethealth.org, www.wicomicohealth.org, www.worcesterhealth.org.

Somerset Local Behavioral Health Authority
8928 Sign Post Rd, Westover, MD 21871
443-523-1700
www.somersethealth.org

Wicomico Behavioral Health Authority
108 East Main St., Salisbury, MD 21801
410-543-6981
www.wicomicohealth.org

Worcester Behavioral Health Authority
Worcester County’s Initiative to Preserve Families
6040 Public Landing Dr., Snow Hill, MD 21863
410-632-3648
www.worcesterhealth.org/planning-sidebar

Maryland’s Public Behavioral Health System (PBHS) Overview

The PBHS is jointly coordinated and administered by the Behavioral Health Administration (BHA), Local Behavioral Health Authorities (LBHAs), and Optum (the contracted Administrative Service Organization). BHA has oversight authority of the PBHS, which includes policy development, state-wide planning, resource allocation, and continuous quality improvement responsibilities.

Optum, the administrative service organization for the PBHS, determines eligibility for services, approves authorizations for services, conducts utilization review of services, collects data, submits reports, processes billing claims, and remits payments to providers.

LBHAs are the local behavioral health authorities responsible for planning, managing, and monitoring public mental health services at the local level as stipulated by the Health General Article 10-10-1203, Annotated Code of Maryland.

For further information please contact SLBHA at 443-523-1700, WiLBHA at 410-543-6981, and WoLBHA at 410-632-3366.
Behavioral Health Glossary

Behavioral Health Professionals:

Advanced Practice Psychiatric Nurses/Psychiatric Mental Health (APRN/PMH) – A registered nurse certified by the Maryland State Board of Nursing who is able to independently engage in the following activities:

- An APRN is able to diagnose individuals with mental health illnesses.
- “Nurse Psychotherapist” – A registered nurse who practices psychotherapy in a structured relationship with the client.
- “Psychiatric Nurse Practitioner” – An experienced registered nurse who possesses advanced training and education in the area of diagnosing and treating illness. Nurse practitioners are able to prescribe medication. Psychiatric nurse practitioners specialize in providing psychiatric care to individuals.

Certified Addictions Counselor – Alcohol and Drugs (CAC-AD) – Certified addictions counselors hold the second level of certification required for substance abuse counseling. They must have a Bachelor’s degree in a counseling field, among other requirements.

Certified Peer Recovery Specialist (CPRS) – An individual that is in recovery from a substance use or co-occurring substance use and mental health disorder who provides support to others so that they can benefit from his or her experiences. To become certified, the peer recovery specialist must pass a standard exam.

Certified Registered Nurse Practitioner (CRNP) – A certified registered nurse practitioner is a licensed, advanced practice registered nurse (APRN) who has completed a prescribed educational program that includes advanced knowledge, skills, and abilities in assessment, diagnosis, treatment, and management.

Certified Supervised Counselor – Alcohol and Drugs (CSC-AD) – Certified supervised counselors hold the first level of certification required for substance abuse counseling. They must have an Associate’s degree in a counseling field among other requirements.

Clinical Social Worker (ACSW, LCSW, LCSW-C) – Clinical Social Workers hold a Master’s degree in social work (MSW), and specialize in clinical practice. They must be licensed by the State of Maryland.

Licensed Clinical Alcohol and Drug Counselor (LCAD) – This is the next level certification after Licensed Graduate Alcohol and Drug Counselor.

Licensed Clinical Professional Counselor (LCPC) – A Licensed Clinical Professional Counselor possesses a Master’s degree in professional counseling. LCPCs must be certified by the State Board of Examiners.

Licensed Graduate Alcohol and Drug Counselor (LGADC) – A Licensed Graduate Alcohol and Drug Counselor certification is granted after the awarding of a Master’s degree and passing the test for a license. During this time, the counselor is under supervision.

Licensed Professional Counselor (LPC) – A licensed professional counselor holds a Master’s degree and is trained to work with individuals, families, and groups in treating mental, behavioral, and emotional problems and disorders.

Psychiatrist (MD) – A medical doctor possesses specialized training in the field of psychiatry. Psychiatrists must be licensed physicians in the state in which they practice and must also be certified by the American Board of Psychiatry.

Psychologist (PhD) – A psychologist possesses a doctoral degree in psychology and must be licensed by the Maryland State Board of Examiners of Psychologists. A psychologist can be a clinical or a counseling psychologist.

Behavioral Health Terms:

1915i – A state plan amendment that provides Intensive Behavioral Health Services for children, youth, and families.

Care Coordination Organization (CCO) – A provider offering a multi-level continuum of care to children and youth up to age 22 to support a transition back to the home environment, remain in their home or current living arrangement, move to lower intensity of services or restrictiveness of placement, or otherwise maintain and improve functioning and well-being.
Case Management – A process which plans, coordinates, and implements services required to meet an individual’s needs.

Crisis Intervention Team (CIT) – A community effort joining law enforcement and the community for the common goals of safety, understanding, and service to the behavioral health population and their families.

Dialectical Behavioral Therapy (DBT) – A comprehensive cognitive-behavioral treatment for complex, difficult-to-treat mental disorders. It involves using two main components: individual weekly psychotherapy and weekly group therapy sessions.

Dual Diagnosis Treatment/Co-occurring Treatment – Treatment for an individual with substance abuse issues as well as a mental health diagnosis.

Evidence-Based Practice (EBP) – Making decisions about how to promote health or provide care by integrating the best available evidence with practitioner expertise and other resources, and with the characteristics, state, needs, values and preferences of those who will be affected.

Family Psycho Education – An EBP that provides education to individuals living with mental illness and their families with a goal of assisting the individual and their family to better understand and deal with his/her present illness, avoid relapse, and contribute to their own health and wellness on a long-term basis.

Intensive In-Home Intervention Program for Children (IHIP-C) – The state of Maryland’s In-Home Intervention Program for Children aims to prevent out-of-home placement by providing families with access to full-time professional mental health resources.

Intensive Outpatient Program (IOP) – The highest level of outpatient treatment before inpatient care.

LGBTQ – Abbreviation for lesbian, gay, bisexual, transgender, and queer or questioning. It is an umbrella term that is used to refer to the community as a whole.

Medication Evaluation – A medication evaluation involves a psychiatrist or nurse practitioner monitoring and evaluating a client’s medications to ensure the client is on the proper medications. Medication evaluations can be done at various intervals.

Mental Health Case Management Services/Targeted Case Management (TCM) – Services to assist individuals in gaining access to a full range of mental health services as well as to any additional needed medical, social, financial assistance, counseling, educational, housing, and other support services.

Mobile Treatment/Assertive Community Treatment (ACT) – Mobile Treatment is an intensive, community-based service which provides assertive outreach, treatment, rehabilitation, and support to individuals with severe and persistent mental illness (SPMI) who may be without a home or for whom more traditional forms of outpatient treatment have been ineffective.

Outpatient – Treatment that is given in the community and not in a hospital setting.

Paraprofessionals – Paraprofessionals work under a trained professional in clinical settings, i.e. Licensed Social Work Associates (Bachelor level social workers).

Partial Hospitalization Program (PHP) – A program for children, adolescents, and adults that offers a bridge between inpatient acute hospitalization and outpatient services. Its serves as an alternative to hospitalization and as a transition from inpatient care. The program is structured in a therapeutic setting and provides 24/7 supervision and care.

Peer Support – Individuals or family members of those living with behavioral health disorders coming together to provide self direction that works to enhance the behavioral health of other local consumers. Peer support members meet as equals to give each other support on a reciprocal basis.

Psychiatric Evaluation – A psychiatric evaluation performed by a psychiatrist or nurse practitioner that includes the history of the present illness, current symptoms the individual is experiencing, past history of illness, family history, a review of medications, mental status examinations and a physical examination.

Psychiatric Rehabilitation Program (PRP) – A program that provides support and rehabilitation to individuals who suffer from mental illness. PRP focuses on daily living skills through the use of the community environment.
**Psychological Testing** – Tests which are given to individuals to assess and evaluate information. Psychological tests are administered and interpreted by a psychologist.

**Residential Rehabilitation Program (RRP)** – RRP housing is for individuals with a chronic mental health diagnosis, who are unable to live independently in the community.

**Respite** – Respite services are provided to relieve the caregiver from the stress of care giving.

**Sliding Scale** – Fees are set according to the client's ability to pay (i.e., if the client has no income, the fee would be $0).

**Social Service Organization** – A community organization that assists individuals with needs such as locating housing, financial assistance, and resources.

**Supported Employment Program/Mental Health Vocational Program (SEP/MHVP)** – SEP services provide job development and placement, job coaching, and ongoing employment support to individuals with serious mental illness or emotional disturbance for whom competitive employment has not occurred, has been interrupted, or has been intermittent.

**Telemedicine** – Medical information transferred through interactive audiovisual media for the purpose of consultation or the delivery of clinical care.

**Therapeutic Behavioral Services (TBS)** – A service provided in the home for children and adolescents under 21 years of age. The goal is to help children and families safely manage behavior at home and in the community to prevent a higher level of care.

**Uninsured** – If you do not currently have health insurance, you are uninsured. Individuals may only receive PMHS uninsured benefits if the provider has documented that the consumer is not eligible for MA, SSI, SSDI, or any other public benefit program and includes, in the individuals medical record, documentation from MA or Social Security stating the reason for ineligibility.
Crisis Information and 24-Hour Hotline

Affiliated Santé Group - Eastern Shore Crisis Response Services (ESCRS) provides behavioral health emergent, urgent, information and referral crisis response programs. Serving nine counties on the Eastern Shore 24/7, 365 days a year. Four mobile crisis teams located in Cecil, Dorchester, Kent, and Wicomico Counties are available 24 hrs, seven days a week, 365 days a year to respond to mental health and substance use crises as defined by the caller. Telehealth services are also offered.
Phone: 1-888-407-8018
Website: www.thesantegroup.org

Americans with Disabilities Act
U.S. Access Board 24 Hour Hotline: 1-800-872-2253
Americans with Disabilities Act Information Line:
800-514-0301 (Voice),
800-514-0383 (TTY)

Beacon Place
Provides a safe harbor and sanctuary for adults (18+) experiencing acute psychiatric crisis. They are a voluntary alternative to or step down from hospitalization.
Team Cell Phone: 443-880-3010
Website: www.gogettersinc.org

Community Outreach Addictions Team (C.O.A.T.)
Peer support specialist partnered with local law enforcement assists people into treatment by offering phone and in-person support, connections to local resources, and follow up assistance.
Phone: 443-783-6875 / 410-742-3784

Life Crisis Center
Provides a 24-hour crisis hotline. Services: Counseling for victims of domestic violence or sexual assault, suicide prevention, support groups, emergency safe home, shelter and medical care referral, and assistance.
24 Hour Hotline: 410-749-4357
Phone: 410-749-0632 / 410-749-0771
Website: www.lifecrisiscenter.org

Maryland Center of Excellence on Problem Gambling
1-800-GAMBLER (426-2537)
Website: http://www.mdproblemgambling.com/helpline/

Maryland State AIDS Hotline
Phone: 1-800-232-4636
TTY: 1-800-232-6348

Maryland Youth Crisis Hotline
Phone: 1-800-422-0009
Website: www.help4mdyouth.org

Mobile Treatment/ACT – Lower Shore Clinic
Team treatment approach designed to assist the individual to achieve recovery, fully participate in community life, obtain stable permanent housing, and reduce the individual’s unnecessary admissions to emergency rooms and inpatient psychiatric services. The program currently serves Wicomico, Worcester, Somerset, Dorchester, Talbot, and Caroline counties.
Phone: 410-341-3420

Poison Control Center
Phone: 1-800-222-1222
Website: www.mdpoison.com

Sexual Assault Resource Agency
Phone: 410-836-8430

Suicide Prevention Lifeline
English and Spanish speakers are available.
Phone: 1-800-273-8255
TTY: 1-800-799-4889
Website: www.suicidepreventionlifeline.org

Trevor Lifeline (LGBTQ community)
Phone: 1-866-488-7386
Website: www.thetrevorproject.org

Worcester County Peer Support Warm Line
Phone: 1-844-663-7337 (1-844-ONE-PEER)
Peer support specialists who offer phone support for individuals who are ready to take steps toward recovery.
Safe Station
The Safe Station is a place where individuals who are ready to seek treatment and recovery services from their addiction can go 24 hours a day, 7 days a week and 365 days per year. Individuals will be met by a caring and compassionate peer in recovery who will help link them to the treatment and recovery services of their choice.

Wicomico County Safe Stations
Phone: 443-783-6875
726 S Salisbury Blvd,
Salisbury, MD 21804
(inside of the Recovery Resource Center)

Worcester County Safe Stations
Phone: 1-844-ONE-PEER (663-7337)
15th Street Fire House
1409 Philadelphia Ave,
Ocean City MD, 21842

Urgent Care Clinics
Provides mental health assessment and consultation within 48 business hours to prevent the individual's condition from worsening. If psychiatric care is identified, an evaluation will be scheduled with a psychiatrist within a 30-day period.

Lower Shore Clinic (Wicomico): 410-341-3420:
Eastern Shore Psychological Services (Somerset): 410-651-420
Call ESCRS after business hours: 1-888-407-8018

Veterans Crisis Line
Chat available on website.
Phone: 1-800-273-8255 (Press 1)
Cell phone (For texting): 838255
Website: www.veteranscrisisline.net
<table>
<thead>
<tr>
<th>Community Behavioral Health Providers</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Acadia Counseling and Wellness</strong></td>
</tr>
<tr>
<td><strong>Address:</strong> 9954 N. Main St. Unit 1</td>
</tr>
<tr>
<td>Berlin, MD 21811</td>
</tr>
<tr>
<td><strong>Phone:</strong> 410-973-2567</td>
</tr>
<tr>
<td><strong>Hours of Operation:</strong></td>
</tr>
<tr>
<td>Intake by appointment</td>
</tr>
<tr>
<td>Mon – Fri 9:00 am – 7:00 pm</td>
</tr>
<tr>
<td><strong>Payment Type(s):</strong></td>
</tr>
<tr>
<td>Medicare, Private Insurance, Self Pay</td>
</tr>
<tr>
<td><strong>Ages Served:</strong> 5 - 70</td>
</tr>
<tr>
<td><strong>Mental Health Services Provided:</strong></td>
</tr>
<tr>
<td>✔ Individual Therapy</td>
</tr>
<tr>
<td>✔ Family Therapy</td>
</tr>
<tr>
<td>✔ Addiction Outpatient</td>
</tr>
<tr>
<td><strong>Specialty Treatments:</strong></td>
</tr>
<tr>
<td>✔ Co-occurring Treatment</td>
</tr>
<tr>
<td>Treatment/Dual Diagnosis</td>
</tr>
<tr>
<td><strong>Other Behavioral Health Services:</strong></td>
</tr>
</tbody>
</table>

| **Anderson, Eva K., PhD**            |
| **Address:** 540 Riverside Dr., Suite 3|
| Salisbury, MD 21801                   |
| **Phone:** 410-548-7883               |
| **Hours of Operation:**               |
| Call to schedule appointment         |
| **Payment Type(s):**                  |
| Medicare, Private Insurance, Self Pay |
| **Ages Served:** 5+                    |
| **Mental Health Services Provided:** |
| ✔ Individual Therapy                  |
| **Specialty Treatments:**             |
| N/A                                   |
| **Other Behavioral Health Services:** |
| Psychological testing                 |

| **Arrow Child & Family Ministries**  |
| **Address:** 116-118 W. Main St., Suite #100 |
| Salisbury, MD 21801                        |
| **Website:** www.arrow.org                |
| **Phone:** 410-677-0741                   |
| **Fax:** 410-677-0743                     |
| **Hours of Operation:**                  |
| Call to schedule appointment             |
| Referrals and questions can also be sent via email to: prp@arrow.org |
| **Payment Type(s):**                     |
| Medicaid, Self Pay                       |
| **Ages Served:** Treatment Foster Care   |
| (Infant to 21yrs) PRP (5 to 18yrs)        |
| **Mental Health Services Provided:**     |
| ✔ PRP                                   |
| ✔ Treatment Foster Care                 |
| ✔ Respite                               |
| **Specialty Treatments:**               |
| N/A                                    |
| **Other Behavioral Health Services:**   |
## Community Behavioral Health Providers

<table>
<thead>
<tr>
<th>Atlantic General Hospital – Telemental Health</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Address:</strong> 9741 Healthway Dr. Berlin, MD 21811</td>
<td><strong>Phone:</strong> 410-641-3340</td>
</tr>
<tr>
<td><strong>Website:</strong> <a href="http://www.atlanticgeneral.org">www.atlanticgeneral.org</a></td>
<td><strong>Hours of Operation:</strong> Call for appointment</td>
</tr>
<tr>
<td><strong>Language Services:</strong> Translation services upon request</td>
<td><strong>Ages Served:</strong> Pediatrics to Adult</td>
</tr>
<tr>
<td><strong>Payment Type(s):</strong> Medicaid, Medicare, Private Insurance, Self Pay, Sliding Fee Scale, Financial assistance available to those who qualify</td>
<td></td>
</tr>
</tbody>
</table>

### Mental Health/Addiction Services Provided:
- ☑️ Ability to Prescribe Medication
- ☑️ Family Therapy
- ☑️ Group Therapy
- ☑️ Individual Therapy

### Specialty Treatments:
- ☑️ Medication Management
- ☑️ Psychiatric Evaluations
- ☑️ Telepsychiatry

### Other Behavioral Health Services:

## Atlantic Psychological Practice, P.A.

|  |
|-----------------------------------------------|--|
| **Address:** 106 Milford St., Suite 104 Salisbury, Maryland 21804 | **Phone:** 410-543-8291 |
| **Fax:** 410-341-6275 | **Hours of Operation:** Intake by appointment, Call office to schedule. Bring copy of insurance card and payment to first appointment. |
| **Payment Type(s):** Medicare, Private Insurance, Self Pay, Sliding Fee Scale |
| **Ages Served:** 2 – 99 |

### Mental Health Services Provided:
- ☑️ Family Therapy
- ☑️ Individual Therapy
- ☑️ Cognitive-Behavioral Therapy

### Specialty Treatments:
- ☑️ Eating Disorders
- ☑️ Trauma - Child Abuse

### Other Behavioral Health Services:

## B.N.J Health Services, LLC

|  |
|-----------------------------------------------|--|
| **Address:** 204 Newton St Salisbury, MD 21801 | **Phone:** 443-978-7919 |
| **Fax:** 443-978-7930 | **Hours of Operation:** Mon-Fri 5am-11am Sat 6am-9:30am |
| **Payment Type(s):** Medicaid, Medicare, Self Pay |
| **Ages Served:** 18+ |

### Addiction Services Provided:
- ☑️ Addiction Inpatient
- ☑️ Addiction IOP
- ☑️ Addiction Outpatient
- ☑️ Detox
- ☑️ Group Therapy
- ☑️ Individual Therapy

### Specialty Treatments:
- ☑️ Medication Management
- ☑️ Methadone Treatment
- ☑️ Subutex Treatment

### Other Behavioral Health Services:
## Community Behavioral Health Providers

### Balanced Life Counseling Services, LLC

| Address: | 560 Riverside Dr.  
Suite B101  
Salisbury, MD 21801 |
| Phone: | 443-978-8688 |
| Website: | www.yourbalancedlife.net |
| Hours of Operation: | Please call for appointment  
Intakes by appointment only  
Some evening and weekend hours available. |
| Payment Type(s): | Medicaid, Medicare,  
Private Insurance, Self Pay |
| Ages Served: | 5 - 75 |

**Mental Health Services Provided:**
- Family Therapy
- Group Therapy
- Individual Therapy
- Telehealth Services

**Specialty Treatments:**
- First Responders
- EDMR

**Other Behavioral Health Services:**

### Care at New Transitions

| Address: | 1118 E. Main St  
Salisbury, MD 21804 |
| Phone: | 410-219-5070  
Option #2 |
| Fax: | Language Line |
| Language Services: | Language Line |
| Hours of Operation: | Mon – Fri 9am – 5pm  
Appointments by phone or walk-in |
| Payment Type(s): | Uninsured |
| Ages Served: | Birth – 18  
18-24 Disconnected or homeless youth |

**Navigation Services Provided**

**Specialty Treatments:**
- N/A

**Other Behavioral Health Services:** Coordinate services, offer support, refer & connect youth and families to resources in the community, advocacy.

### Catholic Charities, Inc. - Seton Center

| Address: | 30632 Hampden Ave.  
Princess Anne, MD 21853 |
| Phone: | 410-651-9608  
Fax: 410-651-1843 |
| Hours of Operation: | Call to schedule appointment |
| Payment Type(s): | Medicaid, Medicare,  
Private Insurance, Self Pay, Sliding Fee Scale, Uninsured |

**Mental Health Services Provided:**
- Family Therapy
- Individual Therapy

**Specialty Treatments:**
- N/A

**Other Behavioral Health Services:**

### Community Behavioral Health Providers

**Center 4 Clean Start (C4CS) – Worcester County Health Department**

<table>
<thead>
<tr>
<th>Address:</th>
<th>Phone:</th>
<th>Language Services:</th>
<th>Payment Type(s):</th>
</tr>
</thead>
<tbody>
<tr>
<td>6040 Public Landing Rd Snow Hill, MD 21861</td>
<td>410-742-3460</td>
<td>Language Line</td>
<td>Medicaid, Medicare, Private Insurance, Self Pay, Sliding Fee Scale, Uninsured</td>
</tr>
<tr>
<td>Website:</td>
<td>Hours of Operation:</td>
<td>Ages Served:</td>
<td></td>
</tr>
<tr>
<td><a href="http://www.worcesterhealth.org">www.worcesterhealth.org</a></td>
<td>Call to schedule appointment Mon-Fri 8am-4:30pm</td>
<td>12+</td>
<td></td>
</tr>
</tbody>
</table>

**Mental Health/Addictions Services Provided:**

- ☑ Ability to Prescribe Medication
- ☑ Addiction IOP
- ☑ Addiction Outpatient
- ☑ Family Therapy
- ☑ Group Therapy
- ☑ Individual Therapy
- ☑ Psychiatric Evaluations
- ☑ Telepsychiatry
- ☑ Medication Management
- ☑ Peer Support
- ☑ Suboxone Treatment
- ☑ Subutex Treatment
- ☑ Vivitrol Treatment
- ☑ Co-occurring Treatment/Dual Diagnosis
- ☑ Gambling Treatment
- ☑ Harm Reduction Services

**Chesapeake Health Care – Mental Health**

<table>
<thead>
<tr>
<th>Address 1:</th>
<th>Address 2:</th>
<th>Address 3:</th>
<th>Address 4:</th>
<th>Hours of Operation:</th>
</tr>
</thead>
<tbody>
<tr>
<td>1813 Sweetbay Drive Salisbury, MD 21804</td>
<td>12145 Elm St. Princess Anne, MD 21853</td>
<td>305 10th Street Pocomoke City, MD 21851</td>
<td>9956 N. Main St. Suite 2 Berlin, MD 21811</td>
<td>Children by appointment, Adults by walk-in.</td>
</tr>
<tr>
<td>Phone: 410-219-1100</td>
<td>Phone: 410-651-2204</td>
<td>Phone: 410-957-1852</td>
<td>Phone: 410-973-2820</td>
<td>Walk in Times: Tues. 11:30am, Wed 9am, Thurs 11:30am</td>
</tr>
</tbody>
</table>

**Mental Health Services Provided:**

- ☑ Ability to Prescribe Medication
- ☑ Family Therapy
- ☑ Group Therapy
- ☑ Individual Therapy
- ☑ Medication Management
- ☑ PRP

**Specialty Treatments:**

- Medicaid, Medicare, Private Insurance, Self Pay, Sliding Fee Scale

**Ages Served:**

- All Ages
# Community Behavioral Health Providers

## Chesapeake Music Therapy – Niki Runge, MCAT, MT-BC

<table>
<thead>
<tr>
<th>Address:</th>
<th>Phone:</th>
<th>Hours of Operation:</th>
<th>Payment Type(s):</th>
<th>Ages Served:</th>
</tr>
</thead>
<tbody>
<tr>
<td>212 East Main St., Suite 211, Salisbury, MD 21801</td>
<td>443-523-4976</td>
<td>Call to schedule appointment</td>
<td>Self Pay, Sliding Fee Scale, LISS, TCM PLUS</td>
<td>0+</td>
</tr>
<tr>
<td>Email:</td>
<td><a href="mailto:Chesapeakemusictherapy@gmail.com">Chesapeakemusictherapy@gmail.com</a></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Mental Health Services Provided:**
- Family Therapy
- Group Therapy
- Individual Therapy

**Specialty Treatments:**
- Music Therapy

**Other Behavioral Health Services:** Developmental disabilities, autism, early intervention.

## Chesapeake Treatment Services

<table>
<thead>
<tr>
<th>Address 1:</th>
<th>Address 2:</th>
<th>Hours of Operation:</th>
<th>Payment Type(s):</th>
<th>Ages Served:</th>
</tr>
</thead>
<tbody>
<tr>
<td>12417 Ocean Gtwy, Suite 7, Ocean City, MD 21842</td>
<td>402 Marvel Ct, Easton, MD 21601</td>
<td>Call to schedule appointment</td>
<td>Medicaid, Private Insurance, Self Pay</td>
<td>18+</td>
</tr>
<tr>
<td>Phone: 410-651-2204</td>
<td>Phone: 410-822-7150</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Website:** [www.chesapeaketreatmentsservices.com](http://www.chesapeaketreatmentsservices.com)

**Addiction Services Provided:**
- Addiction Outpatient
- Methadone Treatment
- Suboxone Treatment

**Specialty Treatments:**

**Other Behavioral Health Services:**

## Children’s Choice

<table>
<thead>
<tr>
<th>Address:</th>
<th>Phone:</th>
<th>Hours of Operation:</th>
<th>Payment Type(s):</th>
<th>Ages Served:</th>
</tr>
</thead>
<tbody>
<tr>
<td>1813 Sweetbay Dr., Suite 1A Salisbury, MD 21804</td>
<td>410-546-6106</td>
<td>Mon-Fri 8:30am -4:30pm</td>
<td>Medicaid</td>
<td>3-17</td>
</tr>
<tr>
<td>Fax: 410-219-2640</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Website:** [www.childrenschoice.org](http://www.childrenschoice.org)

**Mental Health Services Provided:**
- PRP
- Respite
- Foster Care

**Specialty Treatments:**
- Telehealth Services
- N/A

**Other Behavioral Health Services:** Parent Advocacy Program
### Community Behavioral Health Providers

<table>
<thead>
<tr>
<th>Address 1:</th>
<th>Address 2:</th>
<th>Hours of Operation:</th>
<th>Payment Type(s):</th>
</tr>
</thead>
<tbody>
<tr>
<td>821 Eastern Shore Dr. Salisbury, MD 21804</td>
<td>107 East Market Street Snow Hill, MD 21863</td>
<td>Mon-Fri 8am-6pm Online</td>
<td>Medicaid, Medicare, Private Insurance, Sliding Fee Scale, Uninsured</td>
</tr>
<tr>
<td>Phone: 844 224-5264 Ext. 12</td>
<td></td>
<td></td>
<td>Ages Served: 3 – 99</td>
</tr>
</tbody>
</table>

#### Community Behavioral Health

**Address 3:**
142 Coursevall Dr., Centreville, MD 21617

**Address 4:**
426 Dorchester Ave.
Cambridge, MD 21613

**Phone:** 844 224-5264 Ext. 13

**Language Services:**
Interpreter Services
Bilingual Staff (Spanish)

**Phone:** 844 224-5264

**Fax:** 888 509-0010

**Website:**
www.communitybehavioralhealth.net

**Mental Health/Addictions Services Provided:**
- Ability to Prescribe Medication
- Addiction IOP
- Detox
- Family Therapy
- Group Therapy
- Individual Therapy
- Medication Mngmt.
- Mental Health IOP
- Peer Support
- PRP
- Psychiatric Evaluation
- Respite
- Suboxone Treatment
- Subutex Treatment
- TCM for Adults
- Telepsychiatry
- Telehealth Services
- Vivitrol Treatment

**Specialty Treatments:**
- Anger Mngmt.
- Art Therapy
- Co-occurring Treatment / Dual Diagnosis
- Eating Disorders
- Forensic
- Gambling
- Geriatric
- LBGTQ
- Play Therapy
- Sex Offender
- Veterans

**Other Behavioral Health Services:**
- PTSD due to Domestic Violence, Child Maltreatment, War Related Trauma, Medical Trauma.
- Traumatic Loss, Natural Disasters

---

### Compass Health Services

<table>
<thead>
<tr>
<th>Address 1:</th>
<th>Address 2:</th>
<th>Hours of Operation:</th>
<th>Payment Type(s):</th>
</tr>
</thead>
<tbody>
<tr>
<td>2326 Goddard Parkway, Suite A Salisbury, MD 21801</td>
<td>100 East Patapsco Ave, Suite E Brookline, MD 21225</td>
<td>Mon-Fri 9am-5pm Intakes by appointment only</td>
<td>Medicaid, Medicare, Private Insurance, Self Pay, Sliding Fee Scale</td>
</tr>
<tr>
<td>Phone: 443-978-7803</td>
<td>Phone: 667-239-3144</td>
<td></td>
<td>Ages Served: Children, Adolescents, Adults</td>
</tr>
</tbody>
</table>

**Language Services:**

**Website/Email:**
Compasshealthservices.com

**Mental Health/Addictions Services Provided:**
- Ability to Prescribe Medication
- Family Therapy
- Group Therapy
- Individual Therapy
- Telehealth Services
- Medication Management
- Suboxone Treatment
- Psychiatric Evaluations
- Mental Health IOP
- PRP

**Specialty Treatments:**
- Anger Management Groups
- Co-occurring Treatment / Dual Diagnosis
- Eating Disorders
- Trauma- Please see below:

**Other Behavioral Health Services:**
PTSD due to Domestic Violence, Child Maltreatment, War Related Trauma, Medical Trauma.
Traumatic Loss, Natural Disasters
## Community Behavioral Health Providers

### Delmarva Counseling Center LLC

| Address: | 28 East State St.  
Delmar, MD 21875 |
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Phone:</td>
<td>410-896-3995</td>
</tr>
<tr>
<td>Fax:</td>
<td>410-896-2825</td>
</tr>
<tr>
<td>Language Services:</td>
<td>Spanish</td>
</tr>
<tr>
<td>Hours of Operation:</td>
<td>Mon-Fri 8am-6pm</td>
</tr>
<tr>
<td>Payment Type(s):</td>
<td>Medicaid, Private Insurance, Self Pay</td>
</tr>
<tr>
<td>Ages Served:</td>
<td>6+</td>
</tr>
</tbody>
</table>

#### Mental Health/Addictions Services Provided:

- Addiction IOP
- Addiction Outpatient
- Family Therapy
- Group Therapy
- Individual Therapy

#### Specialty Treatments:

- Anger Management Groups
- Therapy for LGBTQ
- Sex Offender
- Veterans
- Co-occurring Treatment/Dual Diagnosis
- Trauma-Focused Cognitive Behavioral Therapy

#### Other Behavioral Health Services:

- Department of Transportation Substance Abuse Professional Process (SAP), Pre-surgical evaluations, Military Family Life Counseling Services

---

### Donnelly, Leslie, PhD

| Address 1: | 212 W. Main St.,  
Salisbury, MD 21801 |
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Phone:</td>
<td>410-742-7160</td>
</tr>
<tr>
<td>Fax:</td>
<td>410-630-7389</td>
</tr>
</tbody>
</table>
| Address 2: | 5 Chestnut Way  
Berlin, MD 21811 |
| Phone: | 410-742-7160 |
| Fax: | 410-630-7389 |
| Hours of Operation: | Call to schedule appointment  
Tues-Fri 9:30am-5:30pm |
| Payment Type(s): | Medicaid, Self Pay, Sliding Fee Scale, Uninsured |
| Ages Served: | 16+ |

#### Mental Health Services Provided:

- Individual Therapy

#### Specialty Treatments:

- Co-occurring Treatment / Dual Diagnosis
- Geriatric

#### Other Behavioral Health Services:

- CBT, client-centered therapy, hypnosis, EMDR

---

### Eastern Shore Psychological Services, LLC

| Address: | 1113 Healthway Dr.  
Salisbury, MD 21804 |
|---|---|
| Phone: | 410-334-6961  
Mon & Wed 8am – 8pm  
Tues & Thus 8am – 7pm  
Friday 8am – 5pm |
| Address 2: | 29520 Canvasback Dr.  
Easton, MD 21601 |
| Phone: | 410-822-5007 |
| Hours of Operation: | Please check with each site for walk in times. |
| Website: | www.espsmd.com |
| Language Services: | Clients must bring an interpreter with them |
| Payment Type(s): | Medicaid, Medicare, Private Insurance, Self Pay, Sliding Fee Scale, Uninsured |
| Ages Served: | All ages |

#### Mental Health/Addictions Services Provided:

- Ability to Prescribe Medication
- Addiction IOP
- Addiction Outpatient
- Family Therapy
- Group Therapy
- Individual Therapy
- Medication Management
- PRP
- Psychiatric Evaluations
- Vivitrol Treatment
- Peer Support

#### Specialty Treatments:

- Anger Management Groups
- Co-occurring Treatment/Dual Diagnosis
- Forensic
- Sex Offender
- Trauma
- Veterans
- Art Therapy
- Play Therapy
- LGBTQ
- Eating Disorders

#### Other Behavioral Health Services:

- PTSD, sexual assault, domestic violence, death, divorce, child abuse, foster care
### Community Behavioral Health Providers

#### Family Tree Therapy, LLC

<table>
<thead>
<tr>
<th>Address:</th>
<th>Phone:</th>
<th>Hours of Operation:</th>
<th>Payment Type(s):</th>
<th>Ages Served:</th>
</tr>
</thead>
<tbody>
<tr>
<td>11022 Nicholas Lane Suite 2 Ocean Pines, MD 21811</td>
<td>443-735-4812</td>
<td>Call to schedule appointment Mon-Thur 11am-7pm</td>
<td>BlueCross/Blueshield, Self Pay</td>
<td>2-19</td>
</tr>
</tbody>
</table>

**Mental Health Services Provided:**
- ✓ Family Therapy
- ✓ Individual Therapy

**Specialty Treatments:**
- ✓ Play Therapy
- ✓ Parent-Child Therapy

**Other Behavioral Health Services:** Out-patient Mental Health in Office

#### Focus Point Behavioral Health

<table>
<thead>
<tr>
<th>Address:</th>
<th>Phone:</th>
<th>Hours of Operation:</th>
<th>Payment Type(s):</th>
<th>Ages Served:</th>
</tr>
</thead>
<tbody>
<tr>
<td>11672 Somerset Ave Princess Anne, MD 21853</td>
<td>410-621-5858</td>
<td>Intake by appointment and walk-in. Mon-Thur: 9am-7pm Fri 9am - 5pm Sat 9am -1pm</td>
<td>Medicaid, Private Insurance, Self Pay, Uninsured</td>
<td>Adolescent – Adult</td>
</tr>
</tbody>
</table>

**Mental Health / Addictions Services Provided:**
- ✓ Addiction IOP
- ✓ Addiction Outpatient
- ✓ Individual Therapy
- ✓ Medication Management
- ✓ PRP
- ✓ Suboxone Treatment
- ✓ Vivitrol Treatment

**Specialty Treatments:**
- ✓ Co-occurring Treatment/ Dual Diagnosis

**Other Behavioral Health Services:** Supportive Employment.

#### Garner, Doris C., PhD

<table>
<thead>
<tr>
<th>Address 1:</th>
<th>Address 2:</th>
<th>Office Hours:</th>
<th>Payment Type(s):</th>
<th>Ages Served:</th>
</tr>
</thead>
<tbody>
<tr>
<td>8420 Follow Ditch Rd. Westover, MD 21871</td>
<td>10031 Old Ocean City Blvd, Berlin, MD 21811</td>
<td>Call to schedule appointment Mon- Thurs 9am - 6:30pm Friday 9am – 5pm Saturday 8am – 12pm *Intake by appointment only</td>
<td>Medicare, Private Insurance, Self Pay</td>
<td>3 - 100</td>
</tr>
</tbody>
</table>

**Mental Health Provided:**
- ✓ Family Therapy
- ✓ Individual Therapy

**Specialty Treatments:**
- ✓ Eating Disorders
- ✓ Geriatric
- ✓ Co-occurring Treatment / Dual Diagnosis
- ✓ Lesbian/Gay, Bisexual
- ✓ Trauma – Veterans, PTSD

**Other Behavioral Health Services:** Testing for ADD and ADHD for Adults and Children
# Community Behavioral Health Providers

<table>
<thead>
<tr>
<th>Go-Getters, Inc.</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Address 1:</strong></td>
<td>431 E Main St.</td>
</tr>
<tr>
<td></td>
<td>Salisbury, MD 21801</td>
</tr>
<tr>
<td><strong>Website:</strong></td>
<td><a href="http://www.lowershoreclinic.org">www.lowershoreclinic.org</a></td>
</tr>
<tr>
<td><strong>Address 2:</strong></td>
<td>7033 Worcester Hwy.</td>
</tr>
<tr>
<td></td>
<td>Newark, MD 21841</td>
</tr>
<tr>
<td><strong>Address 3:</strong></td>
<td>11559 Somerset Ave.</td>
</tr>
<tr>
<td></td>
<td>Princess Anne, MD 21853</td>
</tr>
<tr>
<td><strong>Hours of Operation:</strong></td>
<td>Mon–Fri 8am-4pm</td>
</tr>
<tr>
<td><strong>Phone:</strong></td>
<td>410-341-3420</td>
</tr>
<tr>
<td><strong>Referrals:</strong></td>
<td>443-859-7774 or <a href="mailto:referrals@lowershoreclinic.org">referrals@lowershoreclinic.org</a></td>
</tr>
<tr>
<td><strong>Payment Type(s):</strong></td>
<td>Medicaid</td>
</tr>
<tr>
<td><strong>Ages Served:</strong></td>
<td>18+</td>
</tr>
<tr>
<td><strong>Mental Health/Addictions Services Provided:</strong></td>
<td>☑ Peer Support</td>
</tr>
<tr>
<td></td>
<td>☑ PRP</td>
</tr>
</tbody>
</table>

**Other Behavioral Health Services:** Supported Employment Services

<table>
<thead>
<tr>
<th>Go-Getters, Inc. – Friendship Network</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Address:</strong></td>
<td>403 E. Main St.</td>
</tr>
<tr>
<td></td>
<td>Salisbury, MD 21801</td>
</tr>
<tr>
<td><strong>Website:</strong></td>
<td><a href="http://www.lowershoreclinic.org">www.lowershoreclinic.org</a></td>
</tr>
<tr>
<td><strong>Phone:</strong></td>
<td>410-341-3420</td>
</tr>
<tr>
<td><strong>Referrals:</strong></td>
<td>443-859-7774 or <a href="mailto:referrals@lowershoreclinic.org">referrals@lowershoreclinic.org</a></td>
</tr>
<tr>
<td><strong>Hours of Operation:</strong></td>
<td>Mon-Fri</td>
</tr>
<tr>
<td><strong>Payment Type(s):</strong></td>
<td>Medicaid, Medicare</td>
</tr>
<tr>
<td><strong>Ages Served:</strong></td>
<td>55+</td>
</tr>
<tr>
<td><strong>Mental Health Services Provided:</strong></td>
<td>☑ PRP</td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Other Behavioral Health Services:** provide a high-quality mental health rehabilitation services to people over the age of 55 living in Somerset, Wicomico, and Worcester counties. Our goals are to advocate for and encourage seniors to develop self-sufficiency, interdependence, and maximized potential while maintaining good physical and mental health.

<table>
<thead>
<tr>
<th>Go-Getters, Inc. – Peer Connections</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Address:</strong></td>
<td>108 W. Lehigh Ave</td>
</tr>
<tr>
<td></td>
<td>Salisbury, MD 21801</td>
</tr>
<tr>
<td><strong>Website:</strong></td>
<td><a href="http://www.lowershoreclinic.org">www.lowershoreclinic.org</a></td>
</tr>
<tr>
<td><strong>Phone:</strong></td>
<td>410-341-3420</td>
</tr>
<tr>
<td><strong>Hours of Operation:</strong></td>
<td>Referral Program</td>
</tr>
<tr>
<td><strong>Referrals:</strong></td>
<td>443-859-7774 or <a href="mailto:referrals@lowershoreclinic.org">referrals@lowershoreclinic.org</a></td>
</tr>
<tr>
<td><strong>Payment Type(s):</strong></td>
<td>Medicaid, Medicare</td>
</tr>
<tr>
<td><strong>Ages Served:</strong></td>
<td>18+</td>
</tr>
<tr>
<td><strong>Mental Health/ Addiction Services Provided:</strong></td>
<td>☑ Peer Support</td>
</tr>
<tr>
<td></td>
<td>☑ Residential Treatment Center</td>
</tr>
</tbody>
</table>

**Other Behavioral Health Services:** A group model that uses positive peer support to build self esteem, learn strategies to solve problems and cope with mental health symptoms, improve daily living, build natural supports with a goal of increased independence and educational/vocational success.
Community Behavioral Health Providers

Go-Getters, Inc. – Transitional Aged Youth (Wulff PAK)

| Address: 108 W. Lehigh Ave. Salisbury, MD 21801 |
| Phone: 410-341-3420 |
| Website: www.lowershoreclinic.org |
| Live Chat via website |
| Referrals: 443-859-7774 or referrals@lowershoreclinic.org |
| Hours of Operation: Mon-Fri 8am -4pm |
| Payment Type(s): Medicaid, Uninsured |
| Ages Served: 18-29 |

Mental Health Services Provided:
- Medication Management
- Peer Support
- RRP
- PRP

Specialty Treatments:
- Anger Management Groups
- Co-occurring Treatment / Dual Diagnosis

Other Behavioral Health Services: A group model that uses positive peer support to build self esteem, learn strategies to solve problems and cope with mental health symptoms, improve daily living, build natural supports with a goal of increased independence and educational/vocational success.

Hands of Hope Counseling Services, LLC

| Address: 111 W. Main St., Ste E Salisbury, MD 21801 |
| Phone: 443-944-0794 |
| Hours of Operation: Appointments required Monday – Friday 9:00am – 7:00pm Saturday 9:00am – 1:00pm |
| Payment Type(s): Medicaid, Medicare, Private Insurance, Self-Pay |
| Ages Served: 6-99 |

Mental Health Services Provided:
- Family Therapy
- Individual Therapy
- Group Therapy
- Telehealth Services

Specialty Treatments:
- Anger Management Groups
- Veterans

Other Behavioral Health Services:

Harkhani, J. S., MD

| Address: 1300 S. Division St., #A Salisbury, MD 21804 |
| Phone: 410-219-3488 |
| Fax: 410-219-5900 |
| Hours of Operation: Call to schedule appointment Monday-Friday 1pm-4pm |
| Payment Type(s): Medicare, Private Insurance |
| Ages Served: 18+ |

Mental Health Services Provided:
- Ability to Prescribe Medication (except ADHD)
- Medication Management
- Psychiatric Evaluations

Specialty Treatments:

Other Behavioral Health Services:
## Community Behavioral Health Providers

<table>
<thead>
<tr>
<th>Harmony Counseling Services, LLC</th>
<th></th>
</tr>
</thead>
</table>
| **Address:** | 1201 Pemberton Dr, Suite 1D  
Salisbury, MD 21801 |
| **Website:** | Harmonycounselingsby.com |
| **Phone:** | 410-632-6688 |
| **Hours of Operation:** | Call or email to schedule appointment |
| **Email:** | hoffman@harmonycounselingsby.com |
| **Payment Type(s):** | Medicaid, Private Insurance, Self-Pay |
| **Ages Served:** | 18 - 100 |

### Mental Health Services Provided:
- Individual Therapy
- Telehealth Services

### Specialty Treatments:
- Art Therapy
- LGBTQIA+ Ally

### Other Behavioral Health Services:
- Anxiety, Depression, Job/Work Stress, Life Transitions, Women’s Issues and BIPOC

---

<table>
<thead>
<tr>
<th>Hudson Health Services</th>
<th></th>
</tr>
</thead>
</table>
| **Address:** | 1505 Emerson Ave  
Salisbury, MD 21801 |
| **Website:** | www.Hudson-Health.org |
| **Phone:** | 410-219-9000  
Fax: 410-742-7048 |
| **Hours of Operation:** | Walk-in assessment hours  
Mon-Fri 8am – 11am  
Appointments can also be scheduled |
| **Payment Type(s):** | Medicaid, Private Insurance, Self Pay, Uninsured, Delaware Medicaid |
| **Ages Served:** | 18+ |

### Mental Health/Addictions Services Provided:
- Addiction Inpatient
- Addiction Transitional Housing
- Detox

### Specialty Treatments:
- Vivitrol Treatment
- Co-occurring Treatment / Dual Diagnosis

### Other Behavioral Health Services:
- Hudson Health Services’ Halfway and Transitional Houses are located in Salisbury, Maryland and in Georgetown, Delaware.

---

<table>
<thead>
<tr>
<th>Island Care Mental Health</th>
<th></th>
</tr>
</thead>
</table>
| **Address:** | 11022 Nicholas Lane., Unit 2 Suite 1  
Berlin, MD 21811 |
| **Phone:** | 410-641-5190 |
| **Hours of Operation:** | Call to schedule appointment |
| **Payment Type(s):** | Medicaid, Medicare, Private Insurance |
| **Ages Served:** | 5+ |

### Mental Health Services Provided:
- Ability to Prescribe Medication
- Family Therapy
- Individual Therapy

### Specialty Treatments:
- Anger Management Groups
- Co-occurring Treatment/Dual Diagnosis

### Other Behavioral Health Services:
- Dementia, Case Management for dementia, treatment for disorders including: Bi-Polar, Depression, Anxiety, Panic Disorder, Chronic Mental Illness including Chronic Pain, ADHA, Mood Dis-regulation, and other mental health disorders.
### Community Behavioral Health Providers

**J. David Collins and Associates, LLC**

<table>
<thead>
<tr>
<th>Address 1:</th>
<th>Address 2:</th>
<th>Address 3:</th>
<th>Hours of Operation:</th>
<th>Payment Type(s):</th>
</tr>
</thead>
<tbody>
<tr>
<td>540 Riverside Dr., Suite 8, Salisbury, MD 21801</td>
<td>828 Airpax Rd., Building B Suite 300 Cambridge, MD 21613</td>
<td>30256 Mt. Vernon Road Unit H Princess Anne, MD 21853</td>
<td>Appointments and walk-ins for intake Mon-Fri 9am-5pm Please bring ID and Insurance Card</td>
<td>Medicaid, Medicare, Private Insurance, Self Pay, Sliding Fee Scale, Uninsured</td>
</tr>
<tr>
<td>Phone: 410-548-3333</td>
<td>Phone: 410-548-3333</td>
<td>Phone: 410-548-3333</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Mental Health/Addictions Services Provided:**
- ☑ Ability to Prescribe Medication
- ☑ Addiction IOP
- ☑ Addiction Outpatient
- ☑ Family Therapy
- ☑ Group Therapy
- ☑ Individual Therapy

**Specialty Treatments:**
- ☑ Geriatric
- ☑ Co-occurring Treatment/ Dual Diagnosis
- ☑ Anger Management Groups
- ☑ LGBTQ
- ☑ Trauma Informed Therapy

### Lead4Life, Inc

<table>
<thead>
<tr>
<th>Address:</th>
<th>Phone:</th>
<th>Hours of Operation:</th>
<th>Payment Type(s):</th>
</tr>
</thead>
<tbody>
<tr>
<td>225 N. Division St Salisbury, MD 21801</td>
<td>443-978-7864</td>
<td>Monday – Thursday - 8:00am – 5:00pm Friday - 8:00am – 3:00 pm Saturday - 9:00am – 12:00pm Intakes by appointment only Please call to schedule</td>
<td>Medicaid, Self Pay, Grants</td>
</tr>
</tbody>
</table>

**Website:** www.lead4lifeinc.org

**Language Services:**
- Bilingual Staff (Spanish)
- Interpreter Services (Haitian Creole, Spanish)
- Language Line

**Mental Health Services Provided:**
- ☑ Family Therapy
- ☑ Group Therapy
- ☑ Individual Therapy

**Specialty Treatments:**
- ☑ Anger Management Groups
- ☑ Art Therapy
- ☑ Co-occurring Treatment/ Dual Diagnosis
- ☑ Trauma

**Other Behavioral Health Services:** Trauma – cognitive behavioral, exposure, psychotherapy. Mind-Body medicine approach. Education alternatives and workforce developments.
### Life Crisis Center, Inc.

**Address:**
P.O. Box 387
Salisbury, MD 21803

**Language:**
F/F Services offered in English and Spanish. Crisis lines utilize the Language Line.

**Phone:**
410-749-4357 or 211 (Crisis Line – 24/7)

**Business Office Hours**
9 AM - 5 PM
Counseling services for victims of child abuse, adults molested as children, child witnesses of domestic violence, sexual assault and intimate partner violence are upon appointment only at 410749-4357.

Legal services include 24/7 advocacy and legal representation for victims of intimate partner violence if determined to be eligible.

**Payment Type(s):**
Free Counseling Services

**Ages Served:**
All ages

**Mental Health Services Provided:**
- Family Therapy
- Individual Therapy
- Group Therapy

**Specialty Treatments:**
- Anger Management Groups
- Art Therapy
- Play Therapy
- Trauma – EMDR, ITR for Child Abuse (Physical & Sexual), Child witnesses to Domestic violence, Adults molested as children, sexual assault, intimate partner violence.

**Other Behavioral Health Services:**
Transitional Housing, Victims of DV and Sexual Assault/Rape, Abuser’s Intervention Program for domestic violence offenders, Community Training and Outreach, Lower Shore Visitation Center.

### Life’s Energy Wellness Center Inc.

**Address 1:**
2324 West Zion Rd
Suite 112
Salisbury, MD 21801

**Phone:** (800) 867-2395

**Address 2:**
514 Poplar St.
Cambridge, MD 21613

**Phone:** (800) 867-2395

**Address 3:**
8737 Brooks Dr.
Easton, MD 21601

**Phone:** (800) 867-2395

**Language Services:**
Bilingual Staff: (Spanish, Haitian Creole)

**Interpreter Services on site:**
(Haitian Creole, Spanish)

**Language Line**

**Hours of Operation:**
Open Access Walk-In 10am-2pm Monday-Friday,
Online Telehealth Assessments 10am-2pm Monday-Friday.

Patient should bring if available ID, Insurance Card, Social Security Card

**Payment Type(s):**
Medicaid, Medicare, Private Insurance, Self Pay, Sliding Fee Scale, Uninsured

**Ages Served:**
All ages

**Website/Email:**
www.lewcinc.org

**Mental Health/Addictions Services Provided:**
- Ability to Prescribe Medication
- Addiction Outpatient
- Addiction Transitional Housing
- Family Therapy
- Group Therapy
- Individual Therapy
- Psychiatric Evaluations
- Mental Health IOP
- Telehealth Services

**Specialty Treatments:**
- Anger Management
- Peer Support
- PRP
- Sublocade
- Suboxone
- Subutex
- Vivitrol
- Sex Offender Groups
- Co-occurring Treatment/ Dual Diagnosis
- Art Therapy
- Music Therapy
- Play Therapy
- LGBTQ+
- Eating Disorders

**Other Behavioral Health Services:**
DUI Education, early intervention and prevention. Trauma – Gender specific trauma treatment and trauma support groups. LGBTQ+ specific therapy and support groups.
## Community Behavioral Health Providers

### LifeMark Inc.

**Address:**
116 W. Main St., Suite 204
Salisbury, MD 21801

**Website/Email:**
www.lifemark.pro

**Phone:**
443-859-8584

**Fax:**
443-859-8496

**Language Services:**
Bilingual Spanish

**Hours of Operation:**
Call to schedule appointment
Mon & Tues. 8am – 4pm
Wed & Thurs. 8am – 6:30pm
Fri. 8am – 2pm
No Weekend Appointments

**Payment Type(s):**
Medicaid, Private Insurance, Self Pay

**Ages Served:**
3+

**Mental Health/ Addiction Services Provided:**
- Family Therapy
- Group Therapy
- Individual Therapy
- Psychiatric Evaluations

**Specialty Treatments:**
- Grief
- Co-occurring Treatment/ Dual Diagnosis
- Geriatric
- Play Therapy (Patients only)
- Trauma - PTSD
- Veterans

**Other Behavioral Health Services:**
Couples therapy, Marriage Counseling, Specializing in Cognitive Behavioral Therapy for depression and anxiety

### Lighthouse Counseling & Consulting Services

**Address:**
1504 Market St.
Pocomoke City, MD 21851

PO Box 281, Pocomoke City, MD 21851

**Phone:**
410-957-4200

**Fax:**
410-957-6842

**Hours of Operation:**
Mon-Thurs 11am-8pm
Weekends available by appointment only

**Payment Type(s):**
Medicaid, Private Insurance, Self Pay, Sliding Fee Scale.

**Mental Health Services Provided:**
- Family Therapy
- Group Therapy
- Individual Therapy

**Specialty Treatments:**
- Sex Offender
- Certified Clinical Trauma Professional

**Other Behavioral Health Services:**
Couples therapy specializes in cognitive behavioral therapy for depression and anxiety. Trauma response, mediation, and distance counseling services are available.

### Lighthouse Counseling Christian Ministry

**Address 1:**
10026 Main St. Bldg 1
Berlin, MD 21811

**Phone:**
410-973-2211

**Address 2:**
120 B Arlington Rd
Salisbury, MD 21801

**Phone:**
410-973-2211

**Hours of Operation:**
Monday-Friday 8am-8pm
Appointment Only

**Website:**
www.lighthousecounselingcm.com

**Payment Type(s):**
Medicaid, Medicare, Private Insurance, Self Pay, Sliding Fee Scale, Uninsured

**Ages Served:**
4+

**Mental Health/Addictions Services Provided:**
- Addiction Outpatient
- Family Therapy
- Individual Therapy
- Mental Health IOP

**Specialty Treatments:**
- Anger Management Groups
- Eating Disorders
- LGBTQ
- Play Therapy
- Veterans

**Other Behavioral Health Services:**
Youth and Adolescent Counseling, Addictions Counseling (substance use, gambling, sex, etc.)
Marriage/Couples Counseling
# Community Behavioral Health Providers

<table>
<thead>
<tr>
<th>Lower Shore Clinic Assertive Community Treatment (ACT) Team</th>
</tr>
</thead>
</table>
| **Address:** 431 E. Main St  
Salisbury, MD 21801  |
| **Website/Email:**  
www.lowershoreclinic.org  
Live chat via website  |
| **Phone:** 410-341-3420  |
| **Referrals:** 443-859-7774 or referrals@lowershoreclinic.org  |
| **Language Services:** Language Line  |
| **Payment Type(s):** Medicaid, Medicare, Uninsured  |
| **Ages Served:** 18+  |
| **Mental Health Services Provided:**  
- [x] Ability to Prescribe Medication  
- [x] Individual Therapy  
- [x] Medication Management  
- [x] Mobile Treatment/ACT  |
| **Specialty Treatments:**  
- [x] Co-occurring Treatment/Dual Diagnosis  |
| **Other Behavioral Health Services:** |
## Community Behavioral Health Providers

### Maple Shade Youth & Family Services, LLC

<table>
<thead>
<tr>
<th>Address 1:</th>
<th>Address 2:</th>
<th>Address 3:</th>
<th>Hours of Operation:</th>
<th>Payment Type:</th>
</tr>
</thead>
<tbody>
<tr>
<td>23704 Ocean Gateway Mardela Springs, MD 21837</td>
<td>11760 Somerset Ave, Princess Anne, MD 21853</td>
<td>382 West Main St., Crisfield, MD 21817</td>
<td>office hours: 9-4pm, one Saturday a month</td>
<td>Medicaid, Medicare, Self Pay</td>
</tr>
<tr>
<td>Phone: 410-677-0202</td>
<td>Phone: 410-621-5177</td>
<td>Phone: 410-968-3547</td>
<td>Intake by appointment only</td>
<td>Ages Served: 5-17</td>
</tr>
<tr>
<td>Fax: 410-677-0303</td>
<td>Fax: 410-621-5050</td>
<td>Fax: 410-968-1078</td>
<td>Bring MA card, SS card, Birth Cert.</td>
<td>We accept adults if their child is in services.</td>
</tr>
</tbody>
</table>

### Mental Health Services Provided:
- Ability to Prescribe Medication
- Family Therapy
- Group Therapy
- Individual Therapy
- Medication Management
- PRP
- Psychiatric Evaluations
- Respite*
- Telepsychiatry

### Specialty Treatments:
- Art Therapy
- Play Therapy

### Other Behavioral Health Services:
* Day Respite services in the community (Not overnight). School based and community-based services

### Mosaic Counseling & Wellness, LLC

<table>
<thead>
<tr>
<th>Address:</th>
<th>Phone:</th>
<th>Hours of Operation:</th>
<th>Payment Type(s):</th>
</tr>
</thead>
<tbody>
<tr>
<td>207 W Main St Suite #2 Salisbury, MD 21801</td>
<td>443-614-2348</td>
<td>Hours: Mon: 8:00am-6:00pm Tues: 8:00am - 2:00p Wed: 9:00am-7:00p Thurs: 11:00am-8:00p</td>
<td>Medicaid, Private Insurance, Self Pay</td>
</tr>
<tr>
<td>Website: Mosaiccounselingandwellness.com</td>
<td>Language Services: English</td>
<td>Intake by appointment. Call (443) 614-2348 or</td>
<td>Ages Served: 5+</td>
</tr>
</tbody>
</table>

### Mental Health Services Provided:
- Family Therapy
- Group Therapy
- Individual Therapy

### Specialty Treatments:
- Play Therapy
### Community Behavioral Health Providers

**Open Arms & Hearts Health Services, LLC**

<table>
<thead>
<tr>
<th>Address:</th>
<th>Phone:</th>
<th>Hours of Operation:</th>
<th>Payment Type(s):</th>
</tr>
</thead>
<tbody>
<tr>
<td>1532 Ocean Highway, Suite 102 Pocomoke City, MD 21851-3023</td>
<td>443-437-7128</td>
<td>Mon – Fri 5am – 1pm, Sat – 5am – 12pm</td>
<td>Medicaid, Private Insurance, Self Pay,</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Ages Served:</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>18+</td>
</tr>
</tbody>
</table>

**Website:** [Openarmshearts.com](http://Openarmshearts.com)

**Language Services:** Spanish

**Intakes:** Mon – Sat 5am – 11am

### Mental Health / Substance Abuse Services Provided:

- ☑ Ability to Prescribe Medication
- ☑ Addiction IOP
- ☑ Addiction Outpatient
- ☑ Group Therapy
- ☑ Individual Therapy
- ☑ DUI /DWI
- ☑ Medication Management
- ☑ Telepsychiatry
- ☑ Methadone Treatment
- ☑ Peer Support
- ☑ Subutex Treatment
- ☑ Suboxone Treatment
- ☑ Vivitrol Treatment
- ☑ Anger Management Groups
- ☑ Art Therapy
- ☑ Co-occurring / Dual Diagnosis
- ☑ LGBTQ
- ☑ Trauma - Veterans

### Specialty Treatments:

- ☑ Co-occurring Treatment/Dual Diagnosis
- ☑ First Responders
- ☑ Forensic
- ☑ LGBTQ
- ☑ Trauma - Veterans

### Other Behavioral Health Services:

- Peninsula Mental Health Services and Peninsula Addictions Services

<table>
<thead>
<tr>
<th>Address:</th>
<th>Phone:</th>
<th>Hours of Operation:</th>
<th>Payment Type(s):</th>
</tr>
</thead>
<tbody>
<tr>
<td>102 West Market St. Salisbury, MD 21801</td>
<td>410-860-2673, 410-860-0450</td>
<td>Mon – Fri 8am – 8pm, Intakes can be scheduled or walk-in; patients should bring identification and insurance card or proof of applying for health insurance</td>
<td>Medicaid, Private Insurance, Self Pay, Uninsured</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Ages Served: 18+</td>
</tr>
</tbody>
</table>

**Mental Health/Addictions Services Provided:**

- ☑ Ability to Prescribe Medication
- ☑ Addiction IOP
- ☑ Addiction Outpatient
- ☑ Group Therapy
- ☑ Individual Therapy
- ☑ Family Therapy
- ☑ Family Therapy
- ☑ Medication Management
- ☑ Outpatient Mental Health
- ☑ Suboxone Treatment
- ☑ Subutex Treatment
- ☑ Vivitrol Treatment
- ☑ Telehealth Services

**Specialty Treatments:**

- ☑ Co-occurring Treatment/Dual Diagnosis
- ☑ First Responders
- ☑ Forensic
- ☑ LGBTQ
- ☑ Trauma - Veterans

**Other Behavioral Health Services:**
## Community Behavioral Health Providers

<table>
<thead>
<tr>
<th>Address:</th>
<th>Phone:</th>
<th>Hours of Operation:</th>
<th>Payment Type(s):</th>
<th>Ages Served:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Perdue Art Therapy &amp; Counseling</td>
<td>107 W. Main St., 2nd Floor, Unit 102 Salisbury, MD 21801</td>
<td>443-735-4114</td>
<td>Call to schedule appointment Tues. 10:00am – 5:00pm Wed. 8:00 am – 4:00pm Thurs. 11:00am – 5:00pm Fri. 8:00am -12:00pm</td>
<td>Medicaid, Private Insurance, Self-Pay</td>
</tr>
<tr>
<td>Website:</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><a href="http://www.perduearttherapy.com">www.perduearttherapy.com</a></td>
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</table>

<table>
<thead>
<tr>
<th>Mental Health Services Provided:</th>
<th>Specialty Treatments:</th>
<th>Other Behavioral Health Services:</th>
</tr>
</thead>
<tbody>
<tr>
<td>☑ Individual Therapy</td>
<td>☑ Art Therapy</td>
<td></td>
</tr>
<tr>
<td></td>
<td>☑ Early onset Alzheimer/Dementia</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Address:</th>
<th>Phone:</th>
<th>Hours of Operation:</th>
<th>Payment Type(s):</th>
<th>Ages Served:</th>
</tr>
</thead>
<tbody>
<tr>
<td>ReEnvision Counseling &amp; Reiki Healing, LLC</td>
<td>313 West London Ave Salisbury, MD 21801</td>
<td>410-610-1990</td>
<td>By appointment</td>
<td>Medicaid, Private Insurance, Self Pay,</td>
</tr>
<tr>
<td>Website:</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><a href="http://www.reenvisioncounseling.com">www.reenvisioncounseling.com</a></td>
<td></td>
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<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Mental Health / Substance Abuse Services Provided:</th>
<th>Specialty Treatments:</th>
<th>Other Behavioral Health Services:</th>
</tr>
</thead>
<tbody>
<tr>
<td>☑ Individual Therapy</td>
<td>☑ LGBTQ</td>
<td></td>
</tr>
<tr>
<td>☑ Telehealth Services</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Address:</th>
<th>Phone:</th>
<th>Hours of Operation:</th>
<th>Payment Type(s):</th>
<th>Ages Served:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Reeves, Talmadge C, MD</td>
<td>233 West Main St. Salisbury, MD 21801</td>
<td>410-749-0124</td>
<td>Call to schedule appointment Mon, Thurs, Fri 9am-5pm</td>
<td>Self Pay (No credit cards)</td>
</tr>
<tr>
<td>Fax:</td>
<td>410-546-4872</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Mental Health Services Provided:</th>
<th>Specialty Treatments:</th>
<th>Other Behavioral Health Services:</th>
</tr>
</thead>
<tbody>
<tr>
<td>☑ Ability to Prescribe Medication</td>
<td>☑ Eating Disorders</td>
<td></td>
</tr>
<tr>
<td>☑ Individual Therapy</td>
<td>☑ Geriatric</td>
<td></td>
</tr>
<tr>
<td>☑ Psychiatric Evaluations</td>
<td>☑ LGBTQ</td>
<td></td>
</tr>
<tr>
<td></td>
<td>☑ Trauma - PTSD</td>
<td></td>
</tr>
</tbody>
</table>
## Community Behavioral Health Providers

<table>
<thead>
<tr>
<th>Safe Harbour Addiction Counseling</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Address:</strong> 11022 Nicholas Lane</td>
</tr>
<tr>
<td>Ocean Pines South Unit #2</td>
</tr>
<tr>
<td>Berlin, MD 21811</td>
</tr>
<tr>
<td><strong>Phone:</strong> 443-365-0699</td>
</tr>
<tr>
<td><strong>Hours of Operation:</strong> Mon - Fri</td>
</tr>
<tr>
<td><strong>Payment Type(s):</strong> Self Pay</td>
</tr>
<tr>
<td><strong>Language Services:</strong> N/A</td>
</tr>
<tr>
<td><strong>Intakes and Counseling by</strong></td>
</tr>
<tr>
<td><strong>appointment</strong></td>
</tr>
<tr>
<td><strong>Ages Served:</strong> 18+</td>
</tr>
</tbody>
</table>

**Substance Abuse Services Provided:**
- Individual Therapy
- Group Therapy
- Addiction Outpatient

**Specialty Treatments:**
- Co-occurring Treatment / Dual Diagnosis
- Gambling Treatment
- Harm Reduction Services

**Other Behavioral Health Services:** Transfers, Referrals, Phone Consult

<table>
<thead>
<tr>
<th>Seaside Counseling &amp; Wellness Center</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Address:</strong> 10776 Grays Corner Rd,</td>
</tr>
<tr>
<td>Suite 2</td>
</tr>
<tr>
<td>Berlin, MD 21811</td>
</tr>
<tr>
<td><strong>Phone:</strong> 410-973-2525</td>
</tr>
<tr>
<td><strong>Hours of Operation:</strong> Call to schedule appointment</td>
</tr>
<tr>
<td><strong>Website:</strong> <a href="http://www.seasidecounselingandwellness.com">www.seasidecounselingandwellness.com</a></td>
</tr>
<tr>
<td><strong>Payment Type(s):</strong> Medicaid, Medicare, Private Insurance, Self Pay, Sliding Fee Scale, Uninsured</td>
</tr>
<tr>
<td><strong>Ages Served:</strong> 4+</td>
</tr>
</tbody>
</table>

**Mental Health/Addictions Services Provided:**
- Addiction Outpatient
- Family Therapy
- Individual Therapy
- Telehealth Services

**Specialty Treatments:**
- Co-occurring Treatment / Dual Diagnosis
- First Responders
- LGBTQ
- Play Therapy
- Trauma

**Other Behavioral Health Services:** Trauma- Childhood and recent traumas and PTSD. Maternal mental health and mindfulness therapy

<table>
<thead>
<tr>
<th>Second Wind, Inc. (Men Only)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Address:</strong> 309 Newton St.</td>
</tr>
<tr>
<td>Salisbury, MD 21801</td>
</tr>
<tr>
<td><strong>Website/Email:</strong> <a href="http://www.secondwindinc.net">www.secondwindinc.net</a></td>
</tr>
<tr>
<td><strong>Phone:</strong> 410-749-8038</td>
</tr>
<tr>
<td><strong>Hours of Operation:</strong> Intake by appointment based on bed availability.</td>
</tr>
<tr>
<td><strong>Payment Type(s):</strong> Medicaid, Self Pay</td>
</tr>
<tr>
<td><strong>Ages Served:</strong> 18+</td>
</tr>
</tbody>
</table>

**Addictions Services Provided:**
- Addiction Outpatient
- Family Therapy
- Group Therapy
- Individual Therapy

**Specialty Treatments:**
- Peer Support
- Level III.1 Halfway Housing
- Anger Management Groups
- Co-occurring Treatment / Dual Diagnosis
- Gambling
- Harm Reduction

**Other Behavioral Health Services:** Support for addiction recovery and returning to society.
# Community Behavioral Health Providers

## Somerset County Health Department

<table>
<thead>
<tr>
<th>Address:</th>
<th>Hours of Operation:</th>
<th>Payment Type(s):</th>
<th>Ages Served:</th>
</tr>
</thead>
<tbody>
<tr>
<td>8928 Sign Post Rd. Suite 2 Westover, MD 21871</td>
<td>Mon-Fri 8am-4:30pm</td>
<td>Uninsured</td>
<td>0</td>
</tr>
<tr>
<td>Phone: 443-523-1700</td>
<td>Language Services:</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Website: <a href="http://www.somersethealth.org">www.somersethealth.org</a></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

- **Addictions Services Provided:** Peer Support
- **Specialty Treatments:** N/A
- **Other Behavioral Health Services:**

## Somerset County Wellness and Recovery Center

<table>
<thead>
<tr>
<th>Address:</th>
<th>Phone:</th>
<th>Hours of Operation:</th>
<th>Payment Type(s):</th>
<th>Ages Served:</th>
</tr>
</thead>
<tbody>
<tr>
<td>11674 Somerset Ave, Princess Anne, MD 21853</td>
<td>410-621-5739</td>
<td>Mon-Fri 8am-5pm</td>
<td>Uninsured</td>
<td>18+</td>
</tr>
<tr>
<td>Fax: 410-621-5426</td>
<td>Language Services: Interpreter Services – Spanish</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

- **Addictions Services Provided:** Peer Support, Group Support Meetings, State Care Coordination Services, Re-Entry Services, Telehealth Services
- **Specialty Treatments:** Anger Management Groups, Veterans
- **Other Behavioral Health Services:** Smoking cessation and re-entry services

## Stange, Carol, LCSW

<table>
<thead>
<tr>
<th>Address:</th>
<th>Phone:</th>
<th>Hours of Operation:</th>
<th>Payment Type(s):</th>
<th>Ages Served:</th>
</tr>
</thead>
<tbody>
<tr>
<td>106 Circle Ave. Salisbury, MD 21801</td>
<td>410-430-0727</td>
<td>Call to schedule appointment Tues, Thurs, and Fri 1pm – 8pm</td>
<td>Medicaid, Medicare, Private Insurance, Self Pay</td>
<td>18+</td>
</tr>
</tbody>
</table>

- **Mental Health Services Provided:** Family Therapy, Individual Therapy
- **Specialty Treatments:**
- **Other Behavioral Health Services:**
# Community Behavioral Health Providers

## The Personal Wellness Center

<table>
<thead>
<tr>
<th>Address:</th>
</tr>
</thead>
<tbody>
<tr>
<td>6508 Deer Pointe Dr</td>
</tr>
<tr>
<td>Suite 4C</td>
</tr>
<tr>
<td>Salisbury, MD 21804</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Phone:</th>
</tr>
</thead>
<tbody>
<tr>
<td>410-742-6016</td>
</tr>
<tr>
<td>Fax:</td>
</tr>
<tr>
<td>410-742-6014</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Language Services:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Spanish – Bilingual</td>
</tr>
<tr>
<td>Staff onsite</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Hours of Operation:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Call to schedule appointment</td>
</tr>
<tr>
<td>Mon-Thurs 8am-7pm</td>
</tr>
<tr>
<td>Fri 8am-5pm</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Payment Type(s):</th>
</tr>
</thead>
<tbody>
<tr>
<td>Medicaid, Medicare, Private Insurance, Self Pay, Sliding Fee Scale, Uninsured</td>
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<table>
<thead>
<tr>
<th>Ages Served:</th>
</tr>
</thead>
<tbody>
<tr>
<td>5+</td>
</tr>
</tbody>
</table>

### Mental Health Services Provided:
- ✔ Family Therapy
- ✔ Group Therapy
- ✔ Individual Therapy
- ✔ PRP
- ✔ Telehealth Services

### Specialty Treatments:
- ✔ Eating Disorders
- ✔ Geriatric
- ✔ Play Therapy
- ✔ Trauma

### Other Behavioral Health Services:
Certified Clinical Trauma Professional. Cognitive Behavioral Therapy, Dialectic Behavior Therapy and Motivational Interviewing.

## TidalHealth McCready Outpatient Behavioral Health Clinic

<table>
<thead>
<tr>
<th>Address:</th>
</tr>
</thead>
<tbody>
<tr>
<td>201 Hall Highway</td>
</tr>
<tr>
<td>Crisfield, MD 21817</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Phone:</th>
</tr>
</thead>
<tbody>
<tr>
<td>410-968-1801 -Ext. 3</td>
</tr>
<tr>
<td>Fax:</td>
</tr>
<tr>
<td>410-968-9380</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Hours of Operation:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mon-Fri 8:00pm - 5pm</td>
</tr>
<tr>
<td>Please call to schedule an appointment</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Language Services:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Language Line</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Payment Type(s):</th>
</tr>
</thead>
<tbody>
<tr>
<td>Medicaid, Medicare, Private Insurance, Self Pay, Uninsured</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Ages Served:</th>
</tr>
</thead>
<tbody>
<tr>
<td>18+</td>
</tr>
</tbody>
</table>

### Mental Health and Addiction Services Provided:
- ✔ Ability to Prescribe Medication
- ✔ Addiction IOP
- ✔ Addiction Outpatient
- ✔ Family Therapy
- ✔ Group Therapy
- ✔ Individual Therapy
- ✔ Medication Management
- ✔ Peer Support
- ✔ Psychiatric Evaluations
- ✔ Telepsychiatry

### Specialty Treatments:
- ✔ Art Therapy
- ✔ Co-occurring Treatment / Dual Diagnosis
- ✔ Eating Disorders
- ✔ Gambling
- ✔ Geriatric
- ✔ LGBTQ
- ✔ Music Therapy
- ✔ Play Therapy
- ✔ Trauma

### Other Behavioral Health Services:
Trauma-Focused Cognitive Behavioral Therapy, Trauma-Informed Care Approach
## Community Behavioral Health Providers

<table>
<thead>
<tr>
<th>TidalHealth Peninsula Regional Adult Inpatient Acute Unit</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Address:</strong> 100 E. Carroll St.&lt;br&gt;Salisbury, MD 21801</td>
</tr>
</tbody>
</table>
| **Phone:** 410-543-7162  
**Fax:** 410-543-7165 |
| **Language Services:** Language Line  
**Hours of Operation:** 24/7 |
| **Payment Type(s):** Medicaid, Medicare, Private Insurance, Self Pay, Uninsured |
| **Ages Served:** 18+ |
| **Mental Health/Addictions Services Provided:**  
☑️ Ability to Prescribe Medication  
☑️ Addiction Inpatient  
☑️ Family Therapy  
☑️ Individual Therapy  
☐ Group Therapy  
☐ Medication Management  
☐ Psychiatric Acute Inpatient  
☐ Psychiatric Evaluations |
| **Specialty Treatments:**  
☑️ Music Therapy |
| **Other Behavioral Health Services:** Trauma-Informed Care Approach |

### TidalHealth Peninsula Regional Partial Hospitalization Program

| **Address:** 100 E. Carroll St.<br>Salisbury, MD 21801 |
| **Phone:** 410-543-4738 |
| **Language Services:** Language Line  
**Hours of Operation:** Mon-Fri 8:30am - 3pm  
Self-Referral: Please call: 410-543-4738  
If linked with a provider have them fax clinical information directly to: 410-543-4738 |
| **Payment Type(s):** Medicaid, Medicare, Private Insurance, Self Pay, Uninsured |
| **Ages Served:** 18+ |
| **Mental Health and Addiction Services Provided:**  
☑️ Ability to Prescribe Medication  
☑️ Group Therapy  
☑️ Medication Management  
☑️ PHP  
☑️ Telepsychiatry  
☐ Anger Management Groups  
☐ Art Therapy  
☐ Anger Management Groups  
☐ Eating Disorders  
☐ Geriatric |
| **Specialty Treatments:**  
☑️ LGBTQ  
☑️ Music Therapy  
☐ Play Therapy  
☑️ Trauma |
| **Other Behavioral Health Services:**  
Recreational Therapy, DBT, Mindfulness, CBT, Trauma-Focused Cognitive Behavioral Therapy, Trauma-Informed Care Approach |
### Community Behavioral Health Providers

<table>
<thead>
<tr>
<th>TidalHealth Peninsula Regional Outpatient Behavioral Health Clinic</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Address 1:</strong> 100 E. Carroll St. Salisbury, MD 21801</td>
</tr>
<tr>
<td><strong>Phone:</strong> 410-543-7119</td>
</tr>
<tr>
<td><strong>Fax:</strong> 410-677-6675</td>
</tr>
<tr>
<td><strong>Hours of Operation:</strong> Mon – Fri 7:30am to 6:00pm</td>
</tr>
<tr>
<td><strong>Please call to make an appointment. No Intake required</strong></td>
</tr>
</tbody>
</table>

| **Address 2:** Woodbrook Primary Care-Behavioral Health Services 1639 Woodbrook Dr. Salisbury, MD 21801 |
| **Phone:** 410-912-5785 |
| **Hours of Operation:** M-F 8am-4:30pm. |

| **Address 3:** Ocean Pines Primary Care Behavioral Health Services |
| **Phone:** 410-912-6104 |
| **Hours of Operation:** Friday’s Only 8am-4:30pm. |

| **Payment Type:** Medicaid, Medicare, Self Pay |
| **Ages Served:** 5-17 |
| **We accept adults if their child is in services. Can make exceptions for 4 year old on a case-by-case basis.** |

| **Language Services:** Language Line |
| **Website:** www.tidalhealth.org |

#### Mental Health Services Provided:
- Ability to Prescribe Medication
- Family Therapy
- Group Therapy
- Individual Therapy
- Transcranial Magnetic Stimulation (TMS)
- Medication Management
- Vivitrol Treatment
- PRP
- Psychiatric Evaluations
- Telepsychiatry

#### Specialty Treatments:
- Play Therapy
- Eating Disorders
- Gambling
- Geriatric
- LGBTQ
- Sand Tray Therapy
- Trauma

#### Other Behavioral Health Services: Trauma-Focused Cognitive Behavioral Therapy, Dialectical Behavioral Therapy, Trauma-Informed care approach

### White Flint Recovery, Eastern Shore, Inc.

| **Address 1:** 130 E. Main St. Salisbury, MD 21801 |
| **Hours of Operation:** Mon-Fri 10am-6pm |

| **Address 2:** 11089 Ocean Gateway, Unit 2 Berlin, MD 21811 |
| **Hours of Operation:** Mon-Thurs. 9am-8pm Saturday 8am-2pm |

| **Phone:** 410-749-6422 |
| **Fax:** 410-749-7861 |

| **Language Services:** Spanish |
| **Payment Type(s):** Medicaid, Private Insurance, Self Pay, Sliding Fee Scale, Uninsured |
| **Ages Served:** 16+ |

#### Addictions Services Provided:
- Addiction IOP
- Addiction Outpatient
- Group Therapy
- Individual Therapy
- Vivitrol Treatment

#### Specialty Treatments: N/A

#### Other Behavioral Health Services:
### Community Behavioral Health Providers

#### Wicomico County Health Department - Behavioral Health

<table>
<thead>
<tr>
<th>Address:</th>
<th>Phone:</th>
<th>Hours of Operation:</th>
<th>Payment Type(s):</th>
</tr>
</thead>
</table>
| 108 E. Main St, Salisbury, MD 21801 | Addictions: 410-742-3784  
Mental Health: 410-334-3497 | Addictions: M, W, Th 8am-8pm,  
T & F 8am-5pm;  
Mental Health M, W 8am-7pm;  
T, Th, F 8am-5pm. | Medicaid, Medicare, Private Insurance, Self Pay, Uninsured |
| Website/Email: www.wicomicohealth.org | Language Services:  
ASL Interpreter, Spanish, Haitian Creole, French and/or Language Line for all others | **Addiction intakes:** Walk in M-Th first come first serve, can also call to see if schedule is available  
**Mental Health intakes:** T, Th, F 8am; walk-ins. Call to schedule | **Ages Served:**  
Addictions: 12-adulthood  
Mental Health: 4-18 and co-occurring adults |

#### Wicomico County Health Department - PRP

<table>
<thead>
<tr>
<th>Address:</th>
<th>Phone:</th>
<th>Hours of Operation:</th>
<th>Payment Type(s):</th>
</tr>
</thead>
</table>
| Physical  
801 N. Salisbury Blvd  
Salisbury, MD 21801 | 410-543-6790 | Mon – Friday 8am – 5pm  
Intakes and Counseling by appointment | Medicaid |
| Mailing:  
108 E Main St  
Salisbury, MD 21801 | Language Services:  
Language Line | | **Ages Served:**  
All Ages |

#### Mental Health/Addictions Services Provided:

- Ability to Prescribe Medication
- Addiction IOP
- Addiction Outpatient
- Family Therapy
- Telehealth Services

#### Specialty Treatments:

- Co-occurring Treatment/Dual Diagnosis
- Forensics
- Harm Reduction

#### Mental Health/Addictions Services Provided:

- Group Therapy
- Individual Therapy
- Medication Management
- Methadone Treatment
- Naltrexone
- Suboxone Treatment
- Subutex Treatment
- Psychiatric Evaluations
- Vivitrol Treatment

#### Other Behavioral Health Services:  
Substance use services at the Wicomico County Detention Center.

#### Mental Health / Addictions Services Provided:

- PRP

#### Specialty Treatments:

- N/A

#### Other Behavioral Health Services:  
Home and Community Visits, Individual Rehabilitation Planning, Case Management, Health Promotion, On-Site Services, Educational, Social and Support Groups, 24 Hour on Call Availability.
## Community Behavioral Health Providers

**Wicomico County Health Department – Targeted Case Management**

<table>
<thead>
<tr>
<th>Address:</th>
<th>Phone:</th>
<th>Hours of Operation:</th>
<th>Payment Type(s):</th>
</tr>
</thead>
</table>
| **Physical:**  
801 N. Salisbury Blvd  
Suite 102  
Salisbury, MD 21801 | **410-543-6790** | Mon – Friday 8am – 5pm  
After Hours – On Call | Medicaid, Uninsured |
| **Mailing:**  
108 E Main St  
Salisbury, MD 21801 | | | Ages Served: 18+ |

**Language Services:**  
Language Line, interpreter services  
Website: www.wicomicohealth.org

**Mental Health / Addictions Services Provided:**
- Peer Support
- TCM for Adults

**Specialty Treatments:**
- Harm Reduction

**Other Behavioral Health Services:**

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**Worcester Addiction Cooperative Services (W.A.C.S) – Worcester County Health Department**

<table>
<thead>
<tr>
<th>Address:</th>
<th>Phone:</th>
<th>Hours of Operation:</th>
<th>Payment Type(s):</th>
</tr>
</thead>
</table>
| 11827 Ocean Gateway  
Ocean City MD 21842 | **410-213-0202** | Mon-Thurs 8am-6:30pm  
Fri 8am-4:30pm | Medicaid, Medicare,  
Private Insurance, Self  
Pay, Sliding Fee Scale,  
Uninsured |

**Website/Email:**  
www.worcesterhealth.org

**Language Services:**  
Language Line

**Mental Health/Addictions Services Provided:**
- Addiction IOP
- Addiction Outpatient
- Adolescent Addiction
- Group Therapy
- Family Therapy
- Individual Therapy
- Peer Support
- Telepsychiatry

**Specialty Treatments:**
- Ability to Prescribe Medication
- Suboxone Treatment
- Subutex Treatment
- Vivitrol Treatment
- Medication Management
- Psychiatric Evaluations

**Other Behavioral Health Services:**

---
<table>
<thead>
<tr>
<th>Community Behavioral Health Providers</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Worcester County Health Department</strong></td>
</tr>
</tbody>
</table>
| **Address 1:**
6040 Public Landing Rd.
Snow Hill, MD 21863 |
| **Phone:**
410-632-1100 |
| **Fax:**
410-632-0906 |
| **Address 2:**
9730 Healthway Dr.
Berlin, MD 21811 |
| **Phone:**
410-629-0164 |
| **Fax:**
410-629-0185 |
| **Address 3:**
400 Walnut St. #A
Pocomoke, MD 21851 |
| **Phone:**
410-957-2005 |
| **Fax:**
410-957-2417 |
| **Hours of Operation:**
Mon-Fri 8am-5pm
By appointment only |
| **Language Services:**
Language Line
Interpreter Services
Spanish-Bilingual Staff
ASL |
| **Payment Type(s):**
Medicaid, Medicare,
Private Insurance, Self Pay, Sliding Fee Scale |
| **Ages Served:**
All ages |
| **Website/Email:**
www.worcesterhealth.org |

**Mental Health/Addictions Services Provided:**
- Ability to Prescribe Medication
- Addiction IOP
- Addiction Outpatient
- Family Therapy
- Group Therapy
- Individual Therapy
- Adolescent Addiction

**Specialty Treatments:**
- Medication Management
- Peer Support
- PRP
- Psychiatric Evaluations
- Telepsychiatry

**Other Behavioral Health Services:**
- Early intervention for young children, State Care Coordination, Targeted Case Management, Crisis Response Team, Safe Stations, jail based addiction services, jail based case management/re-entry services.

---

<table>
<thead>
<tr>
<th>Worcester Youth &amp; Family Counseling Services, Inc</th>
</tr>
</thead>
</table>
| **Address:**
124 North Main St. Suite C
Berlin, MD 21811 |
| **Phone:**
410-641-4598 |
| **Fax:**
410-641-4696 |
| **Hours of Operation:**
Mon-Thurs 8:30am - 7pm
Fri 9am -1pm |
| **Payment Type(s):**
Medicaid, Medicare,
Private Insurance, Self Pay, Sliding Fee Scale, Uninsured |
| **Ages Served:**
4+ |

**Mental Health Services Provided:**
- Family Therapy
- Individual Therapy
- Group Therapy
- Telehealth Services

**Specialty Treatments:**
- Co-Occurring Treatment / Dual Diagnosis
- Eating Disorders
- LGBTQ
- Trauma

**Other Behavioral Health Services:**
- Individual therapy for victims of crime, EMDR, Animal Assisted Therapy
### Community Behavioral Health Providers

#### Wraparound Maryland

<table>
<thead>
<tr>
<th>Address:</th>
<th>Phone:</th>
<th>Hours of Operation:</th>
<th>Payment Type(s):</th>
</tr>
</thead>
<tbody>
<tr>
<td>1118 East Main Street Salisbury, MD 21804</td>
<td>410-219-5070</td>
<td>Mon-Fri 8am-5pm</td>
<td>Medicaid, Uninsured</td>
</tr>
<tr>
<td>Website/Email:</td>
<td></td>
<td></td>
<td>Ages Served:</td>
</tr>
<tr>
<td><a href="http://www.wraparoundmd.com">www.wraparoundmd.com</a></td>
<td>Fax: 410-219-5072</td>
<td></td>
<td>4+</td>
</tr>
<tr>
<td><a href="mailto:info@wraparoundmd.com">info@wraparoundmd.com</a></td>
<td>Language Services:</td>
<td></td>
<td>Language Line</td>
</tr>
</tbody>
</table>

### Mental Health and Addiction Services Provided:
- ☑ CCO/1915i TCM for Youth
- ☑ TCM for Adults
- ☑ Telehealth Services

### Specialty Treatments:
- ☑ LGBTQ – Safe Spaces, LGBTQ Informed

### Other Behavioral Health Services:
Provides mental health case management to children and youth in Somerset, Wicomico and Worcester Counties. TCM Plus without Medicaid. Provides adult targeted case management services in Somerset County.

---

#### Youth Care Center Incorporated

<table>
<thead>
<tr>
<th>Address 1:</th>
<th>Address 2:</th>
<th>Hours of Operation:</th>
<th>Payment Type:</th>
</tr>
</thead>
<tbody>
<tr>
<td>200 Main St., Ste B Salisbury, MD 21801</td>
<td>307 Timmons Street, Snow Hill, MD 21863</td>
<td>Monday – Friday 10:00am - 6:00pm.</td>
<td>Medicaid, Self Pay, Sliding Fee Scale</td>
</tr>
<tr>
<td>Phone: 443-914-2922</td>
<td>Phone: 443-914-2922</td>
<td></td>
<td>Ages Served: 5-100</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Language Services:</td>
<td>Website: Youth-care.org</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Language Line</td>
<td></td>
</tr>
</tbody>
</table>

### Mental Health Services Provided:
- ☑ Family Therapy
- ☑ Group Therapy
- ☑ Individual Therapy
- ☑ Medication Management
- ☑ PRP
- ☑ Psychiatric Evaluations
- ☑ Telehealth Services

### Specialty Treatments:
- ☑ Anger Management Groups
- ☑ Veterans

### Other Behavioral Health Services:
Equine Rehabilitation
### Regional Behavioral Health Providers

#### Avenues Recovery Center at Eastern Shore

<table>
<thead>
<tr>
<th>Address:</th>
<th>Phone:</th>
<th>Hours of Operation:</th>
<th>Payment Type(s):</th>
</tr>
</thead>
<tbody>
<tr>
<td>821 Fieldcrest Road, Cambridge, MD 21613</td>
<td>410-673-4600</td>
<td>To set up an appointment with an intake coordinator please email: <a href="mailto:admissionesmd@avenuesrecovery.com">admissionesmd@avenuesrecovery.com</a></td>
<td>Medicaid, Medicare, Private Insurance, Self Pay</td>
</tr>
</tbody>
</table>

**Ages Served:** 18+

**Mental Health Services Provided:**
- Addiction IOP
- Addiction Outpatient
- Addiction Inpatient
- Detox
- Family Therapy
- Group Therapy
- Individual Therapy

**Other Behavioral Health Services:**
- Specialty Treatments
  - Co-occurring Treatment/Dual Diagnosis
  - LBGTQ

- Telehealth Services
- Medication Management
- Mental Health IOP
- PHP
- Residential Treatment Center
- Suboxone Treatment
- Subutex Treatment
- Vivitrol Treatment

### Chesapeake Treatment Services

<table>
<thead>
<tr>
<th>Address 1:</th>
<th>Address 2:</th>
<th>Hours of Operation:</th>
<th>Payment Type(s):</th>
</tr>
</thead>
<tbody>
<tr>
<td>12417 Ocean Gtwy, Suite 7, Ocean City, MD 21842</td>
<td>402 Marvel Ct, Easton, MD 21601</td>
<td>Call to schedule appointment</td>
<td>Medicaid, Private Insurance, Self Pay</td>
</tr>
<tr>
<td>Phone: 410-651-2204</td>
<td>Phone: 410-822-7150</td>
<td></td>
<td>Ages Served: 18+</td>
</tr>
</tbody>
</table>

**Ages Served:** 18+

**Addiction Services Provided:**
- Addiction Outpatient
- Methadone Treatment
- Suboxone Treatment

**Other Behavioral Health Services:**
- Specialty Treatments:
## Regional Behavioral Health Providers

### Community Behavioral Health

<table>
<thead>
<tr>
<th>Address 1:</th>
<th>Address 2:</th>
<th>Hours of Operation:</th>
<th>Payment Type(s):</th>
</tr>
</thead>
<tbody>
<tr>
<td>821 Eastern Shore Dr. Salisbury, MD 21804</td>
<td>107 East Market Street Snow Hill, MD 21863</td>
<td>Mon-Fri 8am-6pm Online</td>
<td>Medicaid, Medicare, Private Insurance, Sliding Fee Scale, Uninsured</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Language Services:</th>
<th>Bilingual Staff (Spanish)</th>
<th>Phone: 844 224-5264</th>
<th>Ages Served: 4+</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Address 3:</th>
<th>Address 4:</th>
<th>Phone: 888 509-0010</th>
<th>Website: <a href="http://www.communitybehavioralhealth.net">www.communitybehavioralhealth.net</a></th>
</tr>
</thead>
<tbody>
<tr>
<td>142 Coursevall Dr., Centreville, MD 21617</td>
<td>426 Dorchester Ave. Cambridge, MD 21613</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Mental Health/Addictions Services Provided:
- ✓ Ability to Prescribe Medication
- ✓ Addiction IOP
- ✓ Addiction Outpatient
- ✓ Family Therapy
- ✓ Group Therapy
- ✓ Individual Therapy
- ✓ Medication Mngmt.
- ✓ Mental Health IOP
- ✓ Peer Support
- ✓ PRP
- ✓ Psychiatric Evaluation
- ✓ Respite
- ✓ Suboxone Treatment
- ✓ Subutex Treatment
- ✓ TCM for Adults
- ✓ Telepsychiatry
- ✓ Vivitrol Treatment

### Specialty Treatments:
- ✓ Anger Mngmt.
- ✓ Art Therapy
- ✓ Co-occurring Treatment / Dual Diagnosis
- ✓ Eating Disorders
- ✓ Play Therapy

### Other Behavioral Health Services:

## Dover Behavioral Health System

<table>
<thead>
<tr>
<th>Address 1:</th>
<th>Address 2:</th>
<th>General Phone:</th>
<th>Language Services:</th>
<th>Payment Type(s):</th>
</tr>
</thead>
<tbody>
<tr>
<td>725 Horsepond Rd. Dover, DE 19901</td>
<td>405 S. Bedford St. Suite 5 Georgetown, DE 19947 (PHP)</td>
<td>855-609-9711</td>
<td>Interpreter services</td>
<td>Medicaid, Medicare, Private Insurance, Self Pay</td>
</tr>
<tr>
<td>Phone:</td>
<td>Phone:</td>
<td>Fax:</td>
<td>Hours of Operation:</td>
<td>Ages Served: 12+</td>
</tr>
<tr>
<td>302-747-1100</td>
<td>302-747-1421</td>
<td>302-588-5724</td>
<td>Dover Office walk-in 24hrs. Georgetown Office Mon-Fri, 8am-4pm</td>
<td></td>
</tr>
<tr>
<td>Website/Email:</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><a href="http://www.doverbehavioral.com">www.doverbehavioral.com</a></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Mental Health/Addictions Services Provided:
- ✓ Ability to Prescribe Medication
- ✓ Addiction Inpatient
- ✓ Addiction IOP
- ✓ Addiction Outpatient
- ✓ Detox
- ✓ Family Therapy
- ✓ Group Therapy
- ✓ Medication management
- ✓ PHP
- ✓ Psychiatric Acute Inpatient (Dover Only)
- ✓ Psychiatric Evaluations

### Specialty Treatments
- ✓ Anger Management Groups
- ✓ Art Therapy
- ✓ Co-occurring Treatment/ Dual Diagnosis
- ✓ Music Therapy
- ✓ Telepsychiatry
- ✓ Veterans

### Other Behavioral Health Services:
### Regional Behavioral Health Providers

**Eastern Shore Hospital Center**

<table>
<thead>
<tr>
<th>Address:</th>
<th>Hours of Operation:</th>
<th>Language Services:</th>
<th>Ages Served:</th>
</tr>
</thead>
<tbody>
<tr>
<td>5262 Woods Rd., Cambridge, MD 21613</td>
<td>24/7, intakes generally by appointment</td>
<td>Phone, written, visual, and on-site interpretation.</td>
<td>18+</td>
</tr>
<tr>
<td>Website/Email: <a href="https://health.maryland.gov/ESHC">https://health.maryland.gov/ESHC</a></td>
<td>Phone: 410-221-2300</td>
<td>Fax: 410-221-2558</td>
<td></td>
</tr>
</tbody>
</table>

**Mental Health/Addictions Services Provided:**
- [x] Psychiatric Acute Inpatient

**Specialty Treatments**
- [x] Anger Management Groups
- [x] Art Therapy
- [x] Co-occurring Treatment / Dual Diagnosis

**Other Behavioral Health Services:** Treatment in association with trauma informed care

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**Eastern Shore Psychological Services, LLC**

<table>
<thead>
<tr>
<th>Address:</th>
<th>Address 2:</th>
<th>Hours of Operation:</th>
<th>Payment Type(s):</th>
</tr>
</thead>
<tbody>
<tr>
<td>1113 Healthway Dr., Salisbury, MD 21804</td>
<td>29520 Canvasback Dr., Easton, MD 21601</td>
<td>Please check with each site for walk in times.</td>
<td>Medicaid, Medicare, Private Insurance, Self Pay, Sliding Fee Scale, Uninsured</td>
</tr>
<tr>
<td>Phone: 410-334-6961</td>
<td>Phone: 410-822-5007</td>
<td>Website: <a href="http://www.espsmd.com">www.espsmd.com</a></td>
<td>Ages Served: All ages</td>
</tr>
<tr>
<td>Mon &amp; Wed 8am – 8pm, Tues &amp; Thurs 8am – 7pm, Friday 8am – 5pm</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>*New clients seen Mon- Thurs arriving before 8am</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Mental Health/Addictions Services Provided:**
- [x] Ability to Prescribe Medication
- [x] Addiction IOP
- [x] Addiction Outpatient
- [x] Family Therapy
- [x] Group Therapy

**Specialty Treatments:**
- [x] Anger Management Groups
- [x] Co-occurring Treatment/Dual Diagnosis
- [x] Forensic
- [x] Sex Offender
- [x] Trauma

**Payment Type(s):**
- Medicaid, Medicare, Private Insurance, Self Pay, Sliding Fee Scale, Uninsured

**Ages Served:**
- All ages

**Other Behavioral Health Services:** PTSD, sexual assault, domestic violence, death, divorce, child abuse, foster care
## Regional Behavioral Health Providers

<table>
<thead>
<tr>
<th>Hudson Health Services</th>
</tr>
</thead>
</table>
| **Address:** | 1505 Emerson Ave  
Salisbury, MD 21801 |
| **Website:** | [www.Hudson-Health.org](http://www.Hudson-Health.org) |
| **Phone:** | 410-219-9000  
Fax: 410-742-7048 |
| **Hours of Operation:** | Walk-in assessment hours  
Mon-Fri 8am – 11am  
Appointments can also be scheduled  
Please visit hudson-health.org > Admissions Planning for more information |
| **Payment Type(s):** | Medicaid, Private Insurance, Self Pay, Uninsured, Delaware Medicaid |
| **Ages Served:** | 18+ |
| **Mental Health/Addictions Services Provided:** | ☑ Addiction Inpatient  
☑ Detox |
| **Specialty Treatments:** | ☑ Vivitrol Treatment |
| **Other Behavioral Health Services:** | Hudson Health Services' Halfway and Transitional Houses are located in Salisbury, Maryland and in Georgetown, Delaware. |

## J. David Collins and Associates, LLC

| Address 1: | 540 Riverside Dr., Suite 8, Salisbury, MD 21801  
Phone: 410-548-3333 |
| Address 2: | 828 Airpax Rd., Building B Suite 300  
Cambridge, MD 21613  
Phone: 410-548-3333 |
| Address 3: | 30256 Mt. Vernon Road  
Unit H  
Princess Anne, MD 21853  
Phone: 410-548-3333 |
| **Hours of Operation:** | Appointments and walk-ins for intake  
Mon-Fri 9am-5pm  
Please bring ID and Insurance Card  
Website/Email: [www.jdavidcollins.com](http://www.jdavidcollins.com) |
| **Payment Type(s):** | Medicaid, Medicare, Private Insurance, Self Pay, Sliding Fee Scale, Uninsured |
| **Ages Served:** | 6+ Mental Health  
18+ Substance Abuse |
| **Mental Health/Addictions Services Provided:** | ☑ Ability to Prescribe Medication  
☑ Addiction IOP  
☑ Addiction Outpatient  
☑ Family Therapy  
☑ Group Therapy  
☑ Individual Therapy |
| **Specialty Treatments:** | ☑ Geriatric  
☑ Co-occurring Treatment / Dual Diagnosis  
☑ LGBTQ  
☑ Trauma Informed Therapy |
| **Other Behavioral Health Services:** | ☑ Medication Management  
☑ Telepsychiatry  
☑ Suboxone Treatment  
☑ Vivitrol Treatment  
☑ Anger Management Groups  
☑ LGBTQ  
☑ Trauma Informed Therapy |

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# Regional Behavioral Health Providers

## Life’s Energy Wellness Center Inc.

| Address 1: | 2324 West Zion Rd  
| Suite 112  
| Salisbury, MD 21801  
| Phone: (800) 867-2395  |
| Address 3: | 8737 Brooks Dr.  
| Easton, MD 21601  
| Phone: (800) 867-2395  |
| Language Services: | Bilingual Staff:  
| (Spanish, Haitian Creole)  
| Interpreter Services on site:  
| (Haitian Creole, Spanish)  
| Language Line  |
| Hours of Operation: | Open Access Walk-In  
| 10am-2pm Monday-Friday,  
| Online Telehealth Assessments 10am-2pm Monday-Friday.  
| Patient should bring if available ID, Insurance Card, Social Security Card  |
| Payment Type(s): | Medicaid, Medicare,  
| Private Insurance, Self Pay, Sliding Fee Scale, Uninsured  |
| Ages Served: | All ages  |
| Website/Email: | www.lewcinc.org  |

**Mental Health/Addictions Services Provided:**
- ☑️ Ability to Prescribe Medication
- ☑️ Addiction Outpatient
- ☑️ Addiction Transitional Housing
- ☑️ Family Therapy
- ☑️ Group Therapy
- ☑️ Individual Therapy
- ☑️ Psychiatric Evaluations
- ☑️ Mental Health IOP
- ☑️ Telehealth Services

**Specialty Treatments:**
- ☑️ Anger Management Groups
- ☑️ Co-occurring Treatment/Dual Diagnosis
- ☑️ Art Therapy
- ☑️ Music Therapy
- ☑️ Play Therapy
- ☑️ LGBTQ+
- ☑️ Eating Disorders

**Other Behavioral Health Services:**
DUI Education, early intervention and prevention. Trauma – Gender specific trauma treatment and trauma support groups. LGBTQ+ specific therapy and support groups

## Lower Shore Clinic Assertive Community Treatment (ACT) Team

| Address: | 828 Airpax Rd  
| Cambridge, MD 21623  |
| Phone: | 410-341-3420  |
| Website/Email: | www.lowershoreclinic.org  
| Live chat via website |
| Language Services: | Language Line  |
| Payment Type(s): | Medicaid, Medicare, Uninsured  |
| Ages Served: | 18+  |

**Mental Health Services Provided:**
- ☑️ Ability to Prescribe Medication
- ☑️ Individual Therapy
- ☑️ Medication Management
- ☑️ Mobile Treatment/ACT

**Specialty Treatments:**
- ☑️ Co-occurring Treatment/Dual Diagnosis

**Other Behavioral Health Services:**
### Regional Behavioral Health Providers

#### Rockford Center

<table>
<thead>
<tr>
<th>Address:</th>
<th>Phone:</th>
<th>Hours of Operation:</th>
<th>Payment Type(s):</th>
</tr>
</thead>
<tbody>
<tr>
<td>100 Rockford Dr.</td>
<td>302-996-5480</td>
<td>24/7, 365 days a year</td>
<td>Medicaid, Medicare, Private Insurance, Self Pay</td>
</tr>
<tr>
<td>Newark, DE 19713</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Website/Email:</th>
<th>Language Services:</th>
<th>Ages Served:</th>
</tr>
</thead>
<tbody>
<tr>
<td><a href="http://www.rockfordcenter.com">www.rockfordcenter.com</a></td>
<td>Other languages upon request</td>
<td>4+</td>
</tr>
</tbody>
</table>

**Mental Health/Addictions Services Provided:**
- ✅ Ability to Prescribe Medication
- ✅ Addiction Inpatient
- ✅ Addiction IOP
- ✅ Detox
- ✅ Group Therapy

**Specialty Treatments:**
- ✅ Anger Management Groups
- ✅ Art Therapy
- ✅ Co-occurring Treatment / Dual Diagnosis
- ✅ Geriatric

**Other Behavioral Health Services:**

---

#### Sun Behavioral Health

<table>
<thead>
<tr>
<th>Address:</th>
<th>Phone:</th>
<th>Hours of Operation:</th>
<th>Payment Type(s):</th>
</tr>
</thead>
<tbody>
<tr>
<td>21655 Biden Ave Georgetown, DE 19947</td>
<td>302-604-5600</td>
<td>Appointments and Walk-in 24/7</td>
<td>Medicare, Medicaid, Private Insurance, Self Pay</td>
</tr>
<tr>
<td></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Website:</th>
<th>Language Services:</th>
<th>Ages Served:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sundelaware.com</td>
<td>Language Line</td>
<td>12+</td>
</tr>
</tbody>
</table>

**Mental Health/Addictions Services Provided:**
- ✅ Addiction Inpatient
- ✅ Addiction IOP
- ✅ Detox
- ✅ Family Therapy
- ✅ Group Therapy

**Specialty Treatments:**
- ✅ Mental Health IOP
- ✅ Peer Support
- ✅ PHP
- ✅ Psychiatric Acute Inpatient

**Other Behavioral Health Services:**

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# Regional Behavioral Health Providers

## University of Maryland Shore Behavioral Health Substance Disorders Program

<table>
<thead>
<tr>
<th>Address:</th>
<th>219 South Washington St., Easton, MD 21601</th>
</tr>
</thead>
<tbody>
<tr>
<td>Phone:</td>
<td>410-822-1000 ext.5452</td>
</tr>
<tr>
<td>Fax:</td>
<td>410-819-8736</td>
</tr>
<tr>
<td>Hours of Operation:</td>
<td>Call to schedule appointment Mon - Fri</td>
</tr>
<tr>
<td>Payment Type(s):</td>
<td>Medicaid, Medicare, Private Insurance,</td>
</tr>
<tr>
<td>Ages Served:</td>
<td>18+</td>
</tr>
</tbody>
</table>

### Addiction Services Provided:
- ☑ Ability to Prescribe Medication
- ☑ Addiction IOP
- ☑ Addiction Outpatient
- ☑ Group Therapy
- ☑ Individual Therapy

### Specialty Treatments
- ☑ Co-occurring Treatment/Dual Diagnosis

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### Other Behavioral Health Services:
- Acute inpatient hospitalization

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# Warwick Manor Behavioral Health

<table>
<thead>
<tr>
<th>Address:</th>
<th>3680 Warwick Rd. East New Market, MD 21631</th>
</tr>
</thead>
<tbody>
<tr>
<td>Phone:</td>
<td>410-943-8108</td>
</tr>
<tr>
<td>Fax:</td>
<td>410-943-1063</td>
</tr>
<tr>
<td>Hours of Operation:</td>
<td>24/7</td>
</tr>
<tr>
<td>Payment Type(s):</td>
<td>Medicaid, Private Insurance, Self Pay</td>
</tr>
<tr>
<td>Ages Served:</td>
<td>18+</td>
</tr>
</tbody>
</table>

### Mental Health/Addictions Services Provided:
- ☑ Ability to Prescribe Medication
- ☑ Addiction IOP
- ☑ Detox

### Specialty Treatments
- ☑ Art Therapy
- ☑ Music Therapy

---

### Other Behavioral Health Services:
- Anger Management
- PHP
- Psychiatric Evaluations
- Vivitrol Treatment

---

## Warwick Manor Behavioral Health

<table>
<thead>
<tr>
<th>Address:</th>
<th>3680 Warwick Rd. East New Market, MD 21631</th>
</tr>
</thead>
<tbody>
<tr>
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<tr>
<td>Fax:</td>
<td>410-943-1063</td>
</tr>
<tr>
<td>Hours of Operation:</td>
<td>24/7</td>
</tr>
<tr>
<td>Payment Type(s):</td>
<td>Medicaid, Private Insurance, Self Pay</td>
</tr>
<tr>
<td>Ages Served:</td>
<td>18+</td>
</tr>
</tbody>
</table>

### Mental Health/Addictions Services Provided:
- ☑ Ability to Prescribe Medication
- ☑ Addiction IOP
- ☑ Detox

### Specialty Treatments
- ☑ Art Therapy
- ☑ Music Therapy

---

### Other Behavioral Health Services:
- Anger Management
- PHP
- Psychiatric Evaluations
- Vivitrol Treatment

---
Affordable Health Care Assistance

Maryland Children’s Health Program (MCHP)
Provides enrollment assistance into the Maryland Medicaid Program. Medicaid offers free or low-cost health insurance to children, families, pregnant women and adults that meet certain eligibility requirements. To qualify for Medicaid, you must be a Maryland resident, be a U.S. Citizen or have a valid immigration status, and meet financial requirements. Individuals can apply online at MarylandHealthConnection.gov. For more assistance and information

Somerset County Health Department:
Phone: 443-523-1740

Wicomico County Health Department:
Phone: 410-543-6944

Worcester County Health Department MCHP Eligibility Staff:
Phone: 410-629-0164 or 410-632-1100

Administrative Care Coordination Program (ACC)/Ombudsman
Provides outreach and education to the Medicaid Population. ACC staff help Medicaid recipients understand their benefits and how to access and appropriately use the health care services provided through their Managed Care Organization (MCO). The ACCU Ombudsman acts as an advocate for Medicaid recipients with complex medical needs and offers compliant resolution services.

Somerset County Health Department:
Phone: 443-523-1700

Worcester County Health Department ACC/Ombudsman Eligibility Staff:
Phone: 410-629-0164 or 410-632-1100

Lower Shore Health Insurance Assistance Program (LSHIAP)
Provides outreach, education and enrollment assistance for the uninsured and underinsured residents of Somerset, Wicomico and Worcester counties. Certified Navigators within the program provide aid to the consumers by not only providing in-person assistance with the enrollment process through Maryland Health Connection (MHC), but also by working with the consumer pre and post enrollment to ensure linkage to appropriate health related resources and continuity of care. Please visit our website or call us to speak with a Certified Navigator to address questions and/or schedule an in-person appointment.

Phone: 1(855)445-5540
Website: lowershorehealth.org
Facebook: @lowershorehealth
Twitter: @LSConnector
Address: 424 W. Market Street, Suite A. Snow Hill, MD 21863
Low Cost Medical Providers

Chesapeake Health Care

**Somerset:**

**Adult Medicine:** Monday - 9:00 am – 7:00 pm; Tue-Th - 7:00 am – 7:00 pm; Friday - 7:00 am – 5:00 pm

**OB/GYN:** Mon-Fri - 8:30 am – 5:00 pm

**Pediatrics:** Mon-Th - 8:00 am – 6:00 pm; Friday - 8:30 am – 5:00 pm; Call for Saturday hours

**Mental Health:** Mon-Th - 7:30 am – 6:00 pm; Friday - 7:00 am – 5:30 pm

**Pharmacy:** Mon-Fri - 8:30 am – 5:00 pm

Phone: 410-651-1000
Address: 12145 Elm St., Princess Anne, MD 21853

**Dental:** Mon-Fri - 8:30 am – 5:00 pm

Phone: 410-651-5151
Address: 12165 Elm St., Princess Anne, MD 21853

**Wicomico:**

**Adult Medicine:** Mon–Fri - 7:00 am – 7:00 pm

Phone: 410-546-6650
Address: 1665 Woodbrooke Dr., Salisbury, MD 21804

**Dental:** Mon-Fri – 8:30 am – 5:00 pm

Phone: 443-944-9600
Address: 1615 Tree Sap Ct., Salisbury, MD 21804

**Mental Health Adults:** Call for hours

Phone: 443-358-6193
Address: 560 Riverside Dr., Suite A-204, Salisbury, MD 21801

**Mental Health Youth:** Mon-Fri - 7:30 am – 6:00 pm

Phone: 410-219-5483
Address: 1813 Sweetbay Dr., Salisbury, MD 21804

**OB/GYN:** Mon-Fri - 8:30 am – 5:00 pm

**Maternal Fetal Medicine:** Tues-Fri - 7:30 am – 5:00 pm

Phone: 410-546-2424
Address: 1647 Woodbrooke Dr., Salisbury, MD 21804

**Pediatrics:** Mon and Tue - 8:00 am – 6:00 pm; Weds - Fri - 8:00 am – 5:00 pm, Call for Saturday hours

**Pharmacy:** Mon-Fri - 8:30 am – 6:00 pm, Saturday - 9:00 am – 4:00 pm

Phone: 410-677-0561
Address: 1615 Tree Sap Ct., Salisbury, MD 21804

**Worcester:**

**Adult Medicine:** Mon-Th - 7:00 am – 5:00 pm; Friday - 9:00 am – 5:00 pm

**Mental Health:** Mon-Fri - 8:00 am – 4:30 pm

**Pediatrics:** Monday and Friday - 8:00 am – 6:00 pm; Tuesday and Thursday - 9:00 am – 7:00 pm

Phone: 410-957-1852
Address: 305 10th St., Suite 104, Pocomoke City, MD 21851

**Pediatrics:** Monday and Friday - 8:00 am – 6:00 pm; Tuesday and Thursday - 9:00 am – 7:00 pm

**Adult Medicine:** Wednesday - 7:00 am – 5:00 pm

**Mental Health:** Mon - Fri - 8:30 am – 5:00 pm

Phone: 410-973-2820
Address: 9956 N. Main St., Suite 2, Berlin, MD 21811
Behavioral Health Resources / Support Groups

4STEPS Therapeutic Riding Program
Teaming for Success veterans work with at-risk youths bringing hope, joy, and unlimited possibilities through the healing power of the horse! For facility hours and location call the number provided.
Phone: 410-835-8814
Address: 5367 Sixty Foot Rd., Parsonsburg, MD 21849
Website: www.4stepstrp.org

Al-Anon
Provides meetings for people who are affected by someone else’s drinking. For meeting times and locations on the Eastern Shore please visit website below.
Phone: 888-425-2666
Website: http://www.easternshoremd-alan.org/#!/meetings/cfvg

Celebrate Recovery (adult) and The Landing (youth)
A Christ-centered program designed to help people overcome any hurt, habit, or hang up. Held at Oak Ridge Baptist Church Friday nights from 7pm to 9pm.
Phone: 410-742-4424
Address: 361 Tilghman Road Salisbury, MD 21804

Celebrate Recovery (adult only)
A Christ-centered Bible based, twelve step program of recovery that was designed to help people reconnect with God and heal from past Hurt and/or addiction.
Meets at Sonrise Church. Fellowship at 6:00pm with the meeting starting at 7:00 pm
Phone: 410-703-1793 (Pete Scanlon)
Address: 10026 Main St., Berlin, MD 21811

Lower Shore Friends
Provides peer support and advocacy, links/referrals to community services, consumer outreach and consumer workshops. Trauma support group every Monday from 6:30 pm to 7:30 pm
Methadone support group every Friday from 10:00 am to 11:00 am.
Phone: 410-334-2173
Address: 207 Maryland Ave #5, Salisbury, MD 21801.

Maryland Coalition of Families
Our Trained staff, who themselves have cared for a loved one with mental health, substance use or gambling issues will work on -on-one to help you understand the services available in your community and how to access them.
Phone: 410-730-8267 (Mon – Fri 9:00am – 5:00pm)
Email: info@mdcoalition.org
Website: mdcoalition.org

Maryland Center of Excellence on Problem Gambling
(The Center) a program of the University of Maryland School of Medicine and funded by the Maryland Department of Health Behavioral Health Administration, promotes healthy and informed choices regarding gambling and problem gambling.
Email: dgaspar@som.umaryland.edu
Office Phone: 667-214-2120

Mental Health Association on the Lower Shore
Mental Health Association on the Lower Shore is an education and advocacy group, and supports community events that promote both mental health well-being, and a quality array of services for those with behavioral health needs on the Lower Shore.
Phone: 410-632-4510

Recovery Resource Center
12 Step Support meetings are held 365 days/year for ages 15-adult. The following groups meet regularly at RRC: Alcoholics Anonymous, Narcotics Anonymous, Overeaters Anonymous, Gamblers Anonymous, Al-Anon, Nar-Anon, and Chemical Dependents Anonymous. See website for complete meeting list.
Phone: 410-749-9482
Address: 726 S. Salisbury Blvd., Salisbury, MD 21801
Website: www.rrcsby.org
SHORE Center
SHORE Center will provide all manner of Harm Reduction to individuals who are actively using drugs or seeking assistance with recovery. This is a safe, non-judgmental space for those in need in our community to access resources and peers in recovery for assistance. Harm Reduction services include but are not limited to Safer Injecting Education and Equipment, Safer Sex Equipment, Overdose Education and Narcan training and distribution, Safe Syringe Disposal, Wound Care referrals and education, linkage/referrals to treatment and services identified as needs, HIV/HepC testing and linkage to treatment.

Somerset County Smoking Cessation
Smoking Cessation offers free individual counseling virtually or by phone. Free Nicotine Replacement Therapy. For more information call or visit the Somerset County Health Department website.
Phone: 443-523-1700
Website: www.somersethealth.org

Survivors of Suicide Group
For those who have lost a loved one to suicide. Meetings the third Wednesday of every month 6pm-7:30pm.
Location varies. For more information, contact Kim Klump.
Phone: 410-726-3090 (Kim Klump)

The Lower Shore LGBTQ Coalition, Inc.
The Lower Shore Lesbian, Gay, Bisexual, Transgender, Queer/Questioning Coalition seeks to improve and preserve the well-being of youth and young adults through support, education, and advocacy. They provide an array of educational trainings, workshops, and other events on the Lower Shore.
Crisis Line: 1-800-273-8255
Phone: 443-239-4185
Website: www.socialmedialgbtq.wix.com/lgbtq

Wicomico County Health Department Smoking Cessation Program
Free Virtual/over the phone Stop Smoking classes to individuals who work/live in Wicomico County, which includes education, support and nicotine replacement medication (lozenge, patch or Chantix). One on one education and support for pregnant women is also available.
Phone: 410-430-7384
Address: 801 N. Salisbury Blvd (Adkins Bldg), Salisbury, MD 21801
Website: www.wicomicohealth.org

Worcester County Smoking Cessation
The Worcester County Health Department offers free smoking cessation classes. Worcester Health is committed to helping smokers establish new behavior patterns that lead to a tobacco free lifestyle. With the smoking cessation class, Chantix, gum, patch, lozenges and other aids to help individuals quit tobacco are available through a voucher program for individuals meeting specific requirements.

Professionally trained instructors can help participants break the smoking addiction. The smoking cessation course consists of sessions covering stress management, weight control, assertive communication, how to develop a quit plan, relapse prevention, and physical activity.

For more information or to register, call 410-632-1100 extension 1102.
website: www.worcesterhealth.org
Social Service Organizations

**Department of Social Services (DSS)**
Provides child welfare, adult protective services, and child support enforcement assistance.

Somerset
Phone: 410-677-4200
Address: 30397 Mount Vernon Rd, Princess Anne, MD 21853

Wicomico
Phone: 410-713-3900
Address: 201 Baptist Street, Salisbury, MD 21801

Worcester
Phone: 410-677-6800
Address: 299 Commerce Street, Snow Hill, MD 21863

**Diakonia, Inc.**
Provides homeless services; homeless advocacy, emergency housing/shelter, emergency food assistance, case management, homeless prevention programs (rental & utility assistance), rapid rehousing, and support services for veterans and their families, thrift store with clothing and household needs, and homeless outreach.

Phone: 410-213-0923
Address: 12747 Old Bridge Road, Ocean City MD 21842
Call to complete an assessment and/or call for food assistance. Website: [www.diakoniaoc.org](http://www.diakoniaoc.org)

**Catholic Charities, Inc - Seton Center**
Provides case management, referrals, food programs, health prevention advocacy, thrift shop, women’s support group, referrals for immigration services, financial assistance for basic living expense.

Phone: 410-651-9608
Address: Call for assessment and location

**Help & Outreach Point of Entry, Inc. (HOPE)**
Provides guidance and financial assistance with health and dental related issues, assistance provided to obtain birth certificates and Maryland IDs, referrals to rehabilitation services, personal support and assistance with obtaining medications.

Phone: 410-677-0757
Address: 129 Broad St., Salisbury, MD 21801

**Joseph House Ministries**
Helps individuals and families who are in crisis situations. Financial assistance for basic necessities of life, such as helping with evictions, utility cut-offs and rent/security deposits, provides monthly bags of food to Wicomico County residents.

Phone: 410-749-4239
Address: 812 Boundary Street, Salisbury, MD 21801
Website: [www.thejosephhouse.org](http://www.thejosephhouse.org)

**Local Management Board (LMB)**
Local Management Boards are responsible for identifying priorities and targeting resources for the needs in their county. LMBs focus on community-based services to promote a safe, healthy, and stable environment for all families. They provide resources for families in order to link them with local agencies and organizations that serve children, youth and families.

Somerse County Local Management Board, Inc
Phone: 410-651-2824
Address: 8928 Sign Post Road, Suite 1, Westover, MD 21871
Website: [www.sclmb.org](http://www.sclmb.org)

Wicomico Partnership for Families and Children
Phone: 410-546-5400
Address: 125 N. Division St, Room 101, Salisbury, MD 21801
Website: [www.wicomicocounty.org/140/Local-Management-Board-Wicomico-Partners](http://www.wicomicocounty.org/140/Local-Management-Board-Wicomico-Partners)
Worcester County's Initiative to Preserve Families  
Phone: 410-632-3648  
Address: 6040 Public Landing Road, PO Box 129, Snow Hill, MD 21863

MAC, INC  
MAC is the Area Agency on Aging (for ages 50 and up) for Dorchester, Somerset, Wicomico, and Worcester Counties. They provide senior centers and home delivered meals as well as education about long term services and supports.  
Phone/Fax: 410-742-0505  
Address: 909 Progress Circle, Salisbury, MD. 21804  
Website: www.macinc.org

Salisbury Urban Ministries  
Men's Welcome Center (for homeless men to do laundry, shower, and receive health referrals, Saturdays 10:15am - 2pm), prescription assistance, God's Kitchen (Saturdays 11am-1pm at Grace UMC located at 635 E. Church St. Salisbury, MD 21804), Kid's Café (after school program for at risk children attending East Salisbury School or Beaver Run School; must enroll), food pantry (Tuesdays and Thursdays 10am-2pm for Wicomico County residents only).  
Phone: 410-749-1563  
Address: 326 Barclay St., PO Box 1792, Salisbury, MD 21802

Salvation Army  
Food and clothing assistance. Wicomico County housing assistance while funds are available (call for schedule). Most services are provided by appointment only.  
Phone: 410-749-3077  
Address: 407 Oak Street, Salisbury, MD 21804

The Samaritan Shelter  
Wednesdays beginning at 10am. A navigator with Family Connections, through Worcester Youth and Family Counseling Services, is available to assist with connecting individuals to resources. Food bank on

Worcester County GOLD (Giving Other Lives Dignity)  
Improving the quality of life for Worcester County residents living in poverty by providing emergency financial aid and items to meet basic needs for infants and children, families in crisis, those who are homeless, and vulnerable adults. All requests come from our community partners consisting of caseworkers with local agencies such as the Department of Social Services or the Health Department. If you are in need of assistance call and ask for an intake.  
Phone: 410-677-6906 (children in the home)  
410-632-9915 (no children in the home)  
Website: https://worcestergold.org

Shore Up! Inc.  
Somerset – Energy assistance  
Phone: 410-651-1805  
Address: 12409 Loretta Road, Princess Anne, MD 21853  

Wicomico – Energy assistance, financial assistance for medications, weatherization, and housing.  
Phone: 410-749-1142  
Address: 520 Snow Hill Road, Salisbury, MD 21804  

Worcester – Energy assistance  
Phone: 410-632-2075  
Address: 6352 Worcester Highway, Newark, MD 21841
Local Shelters

**Christian Shelter**  
Phone: 410-749-5673  
Address: 334 Barclay Street, Salisbury MD 21804  
Website: www.christianshelter.org

**Cold Weather Shelter in Wicomico County**  
(Men/CESP; available only during cold months, starting in January.)  
Phone: 410-677-0757  
Address: Location changes weekly.

**Diakonia, Inc.**  
Phone: 410-213-0923  
Address: 12747 Old Bridge Road, Ocean City MD 21842  
Website: www.diakoniaoc.org

**Hope and Outreach Point of Entry, Inc. (HOPE)**  
Day Center and Shelter  
Phone: 410-543-9010  
Address: 119 B South Boulevard, Salisbury MD 21804  
Website: www.haloministry.org

**Lower Shore Shelter**  
Phone: 443-888-6160  
Address: 12518 Somerset Ave, Princess Anne, MD 21853

**The Samaritan Shelter**  
Phone: 410-957-4310  
Address: 814 Fourth Street, Pocomoke City MD 21851  
Website: http://thesamaritanshelter.org/

**Ocean City Cold Weather Shelter**  
Opening is weather dependent.  
Daily pre-registration is suggested by calling 410-524-7474 between 8-9:30am.  
Address: 10301 Coastal Hwy, Ocean City, MD 21842
Local Food Pantries and Soup Kitchens

Wicomico County:

**Joseph House Ministries**
Monthly bags of food to Wicomico county residents.
Phone: 410-749-4239
Address: 812 Boundary St., Salisbury, MD 21801

**Lower Shore Friends**
Available 5 days a week, Mon – Fri 10am–2pm
Phone: 410-334-2173
Address: 207 Maryland Ave. #5, Salisbury, MD 21801

**MD Food Bank**
Call or go online to find food pantry closest to you.
Phone: 410-742-0050
Website: https://mdfoodbank.org/need-food/

**Salisbury Urban Ministries**
God's Kitchen - Saturdays 11am-1pm at Grace UMC
Address: 635 E. Church St. Salisbury, MD 21804

Kid's Cafe - after school program for at risk children attending East Salisbury School or Beaver Run School (must enroll)

Food Pantry - Tuesdays and Thursdays, 10am-2pm (Wicomico County residents only)
Phone: 410-749-1563
Address: 326 Barclay St., Salisbury, MD 21802

**Salvation Army**
Most services are provided by appointment only.
Phone: 410-749-3077
Address: 407 Oak Street, Salisbury, MD 21804

**St. Paul AME Zion Church**
Food giveaway 3rd Monday every month. Must bring photo I.D.
Phone: 410-546-5661
Address: 410 Delaware Ave, Salisbury, MD 21801

Somerset County:

**Catholic Charities, Inc – The Seton Center**
Phone: 410-651-9608
Address: Call for assessment and location

Worcester County:

**Berlin First Baptist Church** (serves Berlin area)
Tuesdays from 10 am to 12 pm.
Phone: 410-641-4306
Address: 613 William St, Berlin, MD 21811

**Community Church of Ocean Pines**
Food pantry Tue - Sat from 9am - 1pm. Must have a referral to receive food.
Pantry Line: 410-641-8392
Serves Worcester residents or Veterans from any county.
Phone: 410-641-5433
Address: 11227 Racetrack Rd, Berlin, MD 21811

**Diakonia, Inc.**
Available 7 days a week 8am–4pm. Must bring I.D. and must be resident of Somerset, Wicomico, or Worcester County.
Phone: 410-213-0923
Address: 12747 Old Bridge Rd., Ocean City, MD 21842

**The Samaritan Shelter**
Soup kitchen Weds and Fri 11am–12:30pm
Food distribution Tues and Sat 1pm–2pm
Phone: 410-957-4310
Address: 814 Fourth St., Pocomoke City, MD 21851

**SonRise Church**
Sharing the Harvest
Mobile food pantry that serves Maryland's Eastern Shore. In conjunction with MD Food Bank.
410-629-1901
Food Distribution every Friday from 4:00pm to 5:30 pm
SonRise Church
10026 Main St.
Building #4
Berlin, MD 21811
Transportation

**Medical Assistance Transportation**
Wicomico Phone: 410-548-5142  
Worcester Phone: 410-632-0092  
Somerset Phone: 443-523-1722

**Shore Transit**
Phone: 443-260-2300

Transitional Housing

**Diakonia, Inc.**
Homeless advocacy, emergency and transitional shelter,  
case management, food pantry, homeless prevention  
programs (rental and utility assistance), housing search  
assistance, supportive services for veterans and their  
families, thrift shop, clothing and household necessities,  
parenting workshops, GED/Diploma workshops.  
Phone: 410-213-0923  
Address: 12747 Old Bridge Road, Ocean City, MD 21842  
Website: www.diakoniaoc.org

**Village of Hope**
A not-for-profit, non-denominational organization which  
provides a transitional home for women ages 18-62 with  
or without children.  
Phone: 410-860-5981  
Address: 1001 Lake Street, Salisbury, MD 21801  
Website: www.villageofhope.us

**Remove All Hindrances to Success Ministries**
Phone: 443-735-6305

**Second Wind**
Addiction transitional housing, family therapy, group  
therapy, individual therapy, and peer support. (Men only)  
Phone: 410-749-8038  
Address: 309 Newton Street, Salisbury, Maryland 21801  
Website: www.secondwindinc.net
Veteran Support Services

Cambridge VA Outpatient Clinic
Audiology, Coumadin clinic, hearing aid fitting, medication management, mental health, primary care, occupational therapy, optometry, post-traumatic stress, pulmonary, social work, tele-mental health, tele-retinal imaging, urology, vet center, women’s health.
Phone: 410-228-6243
Address: 830 Chesapeake Drive, Cambridge MD 21613

Department of Veterans Affairs and Hotline Numbers
Website: www.va.gov
Benefits: 1-800-824-1000
Health Care: 1-877-222-VETS (8387)
VA Inspector General: 1-800-488-8244
Combat Call Center: 1-877-WAR-VETS (877-927-8387)
Homeless Veteran Services 1-877-AID-VET (877-424-3838)

Elkton Vet Center
Jon Dansicker, Veteran Outreach Specialist
Work Cell: 410-703-5783
Website: www.vetcenter.va.gov

Maryland's Commitment to Veterans
Dina Karpf, Eastern Regional Resource Coordinator,
Maryland Department of Health
Phone: 410-725-9996 (cell)
Maryland Army National Guard Family Assistance Center

Veteran Education Services

Salisbury University
Shannon Hardester, Veterans and Military Affiliated Coordinator (Registrar’s Office)
Phone: 410-543-6189

Veterans Upward Bound
Wor-Wic Community College
Phone: 410-334-2882
Address: 32000 Campus Drive, Salisbury, MD 21804
Veteran Employment Services

Delmarva Veteran Builders
Phone: 443-736-1584 Chris Eccleston
Address: 212 W. Main Street, Suite #305, Salisbury, MD 21801

St. James AME Zion Church
Homeless Veteran’s Reintegration Program
Phone: 410-742-1427
Address: 521 Mack Ave, Salisbury, MD 21801

Veteran Family Support Services

Diakonia, Inc.
Supportive services for veterans and their families.
Phone: 410-213-0923
Address: 12747 Old Bridge Rd, Ocean City, MD 21842

St. James AME Zion Church
Supportive Services for veterans and their families
Phone: 410-742-1427
Address: 521 Mack Ave, Salisbury, MD 21801

VA Maryland Health Care System
Community integration services, homeless outreach and case management, contract housing/emergency shelter
Contact Name: Gregory Bisset
Phone: 443-326-4337

Veteran Transportation Services

DAV Eastern Shore Chapter # 34
Provides transportation for veterans to VA medical facilities.
Note: Not equipped with handicap accessibility.
Mr. Cleveland Hicks, Transportation Coordinator
Phone: 410-883-0030/ 410-742-4181
## Employment Organizations/ Education and Training Services

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<td><strong>Deaf Independent Living Association (DILA)</strong></td>
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<td><strong>Division of Rehabilitation Services (DORS)</strong></td>
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<td><strong>Division of Workforce Development and Adult Learning (Salisbury Office)</strong></td>
<td>410-341-8533</td>
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<td><strong>Go-Getters/Shore Employment Services</strong></td>
<td>410-546-0381 ext. 151</td>
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<td><strong>Goodwill Career Development</strong></td>
<td>410-219-9118</td>
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<td><strong>Lower Shore Workforce Alliance</strong></td>
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<td>Helpful Websites</td>
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| **American Association of Suicidology**  
www.suicidology.org | **American Foundation for Suicide Prevention**  
www.afsp.org |
| **Camp Rehoboth**  
www.camprehoboth.com | **Living Works Network – Safe Talk & ASIST training**  
www.livingworks.net |
| **The Maryland Center of Excellence on Problem Gambling**  
www.mdproblemgambling.com | **Maryland Coalition of Families**  
www.mdcoalition.org |
| **Mental Health “Signs of Suicide”**  
www.mentalhealthscreening.org | **MentalHealth.Gov**  
www.mentalhealth.gov |
| **Network of Care**  
www.worcester.md.networkofcare.org | **Ok2Talk**  
www.ok2talk.org |
| **On Our Own of Maryland, Inc.**  
www.onourownmd.org | **Parents of Suicide**  
www.parentsofsuicide.com & www.pos-ffos.com |
| **Society for the Prevention of Teen Suicide**  
www.sptsusa.org | **Stop A Suicide Today**  
www.stopasuicide.org |
| **Stop Bullying**  
http://www.stopbullying.gov/ | **Substance Abuse and Mental Health Services Administration (SAMHSA)**  
www.findtreatment.samhsa.gov |
| **Suicide Prevention Action Network**  
www.spanusa.org | **Suicide Prevention Resource Center**  
www.sprc.org |
| **Yellow Ribbon International Suicide Prevention Program**  
www.yellowribbon.org |  |
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