



## **SOMERSET COUNTY HEALTH DEPARTMENT**

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### **FOR IMMEDIATE RELEASE**

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### **SHINGLES VACCINES TO BE GIVEN AT HEALTH DEPARTMENT**

**Westover, Md.** – The Somerset County Health Department will hold a mass vaccination clinic for the Shingles virus every Wednesday throughout the month of March from 9:00 a.m. to 4:00 p.m. Free vaccinations of Zostavax will be given to adults over the age of 60 years.

The Centers for Disease Control and Prevention (CDC) recommends that adults 60 years of age or older get vaccinated to help prevent Shingles and reduce the risk of getting Shingles in the future. While it is not a treatment for Shingles, ZOSTAVAX works by helping your immune system keep the Shingles virus in check. The sooner you get vaccinated, the better your chances of protecting yourself from Shingles. It is given in a single injection.

The vaccinations will be given by appointment only on a first come, first served basis. Proof of Maryland residency is required. Bring an identification card and list of current medications. Please call 443-523-1740 for more information or to schedule an appointment.

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