

# **Cottage Food Businesses - Foods Not Allowed**

# Examples of what types of foods are **NOT** allowed to be produced for sale by a cottage food business

## Acidified or pickled products:

- Corn relish
- Pepper jelly
- Pickled beets
- Pumpkin butter
- Salsa
- Other acidified or pickled products not listed above

#### Baked goods (perishable):

- Baked goods with perishable icings and fillings (e.g. buttercream, cream cheese, and royal icings)
- Banana, pumpkin, and zucchini breads\*
- Cheesecakes
- Cream and custard pies
- Focaccia style breads with vegetables and/or cheeses
- Macarons
- Meringue cookies
- Meringue pies
- Pumpkin pies
- Sweet potato pies
- Waffles
- Other perishable baked goods not listed above

#### Beverages - none of any kind

# Chocolate confections/candies made from raw cocoa beans or potentially hazardous ingredients

#### Chocolate confections/candies:

- Chocolate covered fresh fruits
- Chocolates with homemade fillings
- Chocolates with potentially hazardous filling ingredients

#### Coffee:

- Flavored coffee
- Ground coffee

#### Condiments or sauces:

- Barbecues sauce
- Hot sauce
- Ketchup
- Mustard
- Condiments or sauces not listed above

#### Fermented foods:

- Kimchi
- Kombucha
- Pickles
- Sauerkraut
- Sourdough bread, rolls, etc.
- Other fermented foods not listed above

## Fish or shellfish products - none of any kind

Freeze Dried Products - none of any kind except for non-potentially hazardous commercially prepared candy

# Fruit and fruit products:

- Baked food products made with low acid fruits with a natural pH above 4.6
- Chocolate or candy-covered fresh or canned fruit
- Dehydrating of fruits
- Fresh cut fruit
- Fresh cut fruit of any kind added as an unbaked topping

# Ice or ice products - none of any kind

#### Meat and poultry products:

- Dried or dehydrated meat and poultry
- Egg rolls, meat pies
- Fresh meat and poultry
- Meat and poultry jerkies
- Other meat and poultry products not listed above

<sup>\*</sup>Moist quick breads such as these may be considered potentially hazardous and are not allowable under cottage foods.

## Milk and dairy products:

- Butter
- Cottage cheese
- Gelato
- Hard and soft cheeses
- Ice cream
- Kefir
- Yogurt
- Other milk or dairy products not listed above

## Nut butters (homemade):

- Almond butter
- Hazelnut butter
- Peanut butter
- Pecan butter
- Other butters made from any nut not listed above

#### Pasta:

- Dehydrating of pasta
- Fresh/refrigerated pasta

## Raw dough and energy balls:

- Cookie dough
- Energy/protein balls/bites that are not baked
- Pizza dough
- Other raw/no bake combined ingredient recipes

## **Raw seed sprouts**

- Alfalfa sprouts
- Bean sprouts
- Garbanzo bean sprouts
- Mung bean sprouts
- Snow pea sprouts
- Other raw seed sprouts not listed above

## **Seed Butters**

- Pumpkin seed butter
- Sesame seed butter
- Sunflower seed butter
- Other seed butters raw seed sprouts not listed above

#### Soft candies:

- Homemade caramel/caramels
- Homemade fudge
- Other soft candies not listed above

# Sugar-free products such as:

- Fruit butters
- Jams
- Jellies
- Marmalades
- Preserves
- Syrups

#### Syrups:

- Blueberry syrup
- Elderberry syrup
- Maple syrup
- Other syrup not listed above

## Vegetables and vegetable products:

- Dehydrating of herbs and vegetables including vegetable chips
- Foods containing cooked vegetables
- Foods containing fresh-cut vegetables
- Fresh cut vegetables
- Garlic and/or vegetable in oil mixtures