



Public Health
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Somerset County
Health Department

Somerset County Health Department

8928 Sign Post Road, Suite 2, Westover, Maryland 21871
443.523.1700 · Fax 410.651.5680 · TDD 1-800-735-2258

Health Officer: Danielle Weber, MS, RN

Meeting Minutes

Meeting Name:	Somerset County Local Behavioral Health Authority Council (SCLBHAC) meeting
Date of Meeting: Dec 18, 2024	Time: 10:00 AM - 11:00 AM
Minutes Prepared By: Sharon Creasy	Location: 8928 Sign post Rd Westover MD 21871 & 10:00 - 11:00 a.m. https://meet.google.com/imb-idkt-xjd?hs=122&authuser=0

Meeting Objective:	Business Meeting
Attendees:	Yvonne Harris- (SCHD), , Claudia Nelson (DHS Somerset County), Cherie Meienschein (Recovery Court), Jessica Pastusak (SCHD), Shannon Frey (SCHD), Claudette Beckett (SCHD), Jeanette Elliott (TidalHealth), Sherry Hostetler (ESCJA), Robin Rickart (Chrysalis House), Edwana Cottman (TidalHealth), Sharon R. Creasy -(SCHD)
Agenda Item:	Discussion
Welcome & Introductions	Claudia Nelson welcomed everyone to the meeting and did round table introductions.
Approval of Minutes	Cherie Meienschein approved the minutes and Yvonne Harris 2nd the approval
Chrysalis House Robin Rickard	<p>What is Chrysalis House?</p> <ul style="list-style-type: none"> ● Provides substance use and mental health treatment services to women 18 years of age and older. ● Women with children AND women without children are eligible .Children allowed to live onsite during mother’s program of recovery. ● One of four residential treatment centers that allow women to bring their children with them. Located in Crownsville, Maryland and serves women across the state. ● Only accepts clients with Medicaid insurance <p>Chrysalis House Crownsville: Residential Treatment Program</p> <ul style="list-style-type: none"> ❖ Chrysalis House Healthy Start Program .Transitional/Recovery Housing: Aftercare in four supportive homes in the area.

- ❖ Intensive Outpatient Program (IOP) and Outpatient Program.

Residential Treatment Program (Chrysalis House - Crownsville):

- ❖ Individual and Group Counseling ◦ Case Management Services
- ❖ Medical Staff Support
- ❖ Substance Use Disorder Education ◦ Co-dependency Education & Treatment Co-occurring Education & Services ◦ Relapse Prevention
- ❖ Parenting Skills Training
- ❖ Family Dynamics Group
- ❖ Medication Assisted Therapy (MAT)
- ❖ Life Skills Development
- ❖ Trauma Counseling
- ❖ Art Therapy/Expressive Writing ◦ Yoga, Acudetox & Sound Bath Therapy ◦ On-site Infant and Childcare Center ◦ In-house/Community 12 Step Meetings ◦ Family Education
- ❖ Mother/Child Activities
- ❖ Transportation
- ❖ Transitional Housing Support Services ◦ Affect Management

Chrysalis House - Crownsville

- ❖ Be at least 18 years of age. Have a primary diagnosis of chemical addiction. Have completed a detoxification program and be drug- and alcohol-free for a minimum of 5 days prior to admission. Clients may bring up to two children under age 10 at time of admission.

Chrysalis House Healthy Start

- ❖ Serves Maryland residents who are pregnant or with one child under age 3 with a history of substance use disorder and/or mental health issues. Provides safe and sober living in a healing environment - St. Ambrose Church in Baltimore's Park Heights neighborhood. Provides resources and referrals to achieve goals. Services: Recovery Capital Assessment, Individual-Centered Service Plan, Behavioral Health Therapy, Prenatal Care/Mother & Child Doctor Visits, Circle of Security-Parenting Training, Life Skills Education and Training, Case Management, In-House AA Meetings, Childcare, Scheduled Transportation (business hours), Safe and Secure Private Living Space

Transitional/Recovery Housing

- ❖ Must be at least 18 years of age. Must have recently completed a treatment program and be detoxed. Must be able to live independently with minimal supervision. Must be enrolled in an aftercare program. Attend 12 step meetings regularly (available on-site at (Crownsville) Diagnosed with substance abuse as a primary condition Enrolled in Access to Recovery program.
- ❖ Intensive Outpatient Program (IOP) & Outpatient Programs
- ❖ Group Counseling. Assessments and Referrals, Job Readiness Workforce Development Individual Counseling, Relapse Prevention, Random Drug Screenings, Partnership Referrals for Mental Health. Transitional Housing Support Services

By-Laws and Charters	Would like everyone to take a look over the by-laws and give us some feedback to update the laws with a vote being done In our February 19th meeting.
Agency Updates/ Upcoming Trainings	<p>Claudia Nelson-(DSS)- They are still having services at the Crisfield library every Thursday from 10:30-3. Mostly handling Food Stamps, TANF, and Child Support. DSS will be moving from the Crisfield Library to an office inside the Woodrow Wilson building sometime in the beginning of 2025.</p> <p>Cherie Meienschein (Recovery Court)- Increase in Family Law Clinic that is on Fridays till noon and is now also available on Wednesdays twice a month.</p> <p>Edwana Cottman (TidalHealth)- As you may have already heard there is a merger happening soon with AGH. There will be no major changes with this merger. Now they have a psychiatrist at the Ocean Pines Berlin location. Hoping to have a 2nd therapist soon.</p> <p>Sherry Hostetler (ESCJA)- Is partnering with local law enforcement, promoting crisis intervention training for the officers. We now have two part-time people who are helping bridge the gap to get more referrals, which she feels is making a personal connection and helping the referral process. There have already been 4 officers signed up for the training.</p>
Next Meeting	Wednesday, February 19, 2025, 10:00 am - 11:00 am, **Hybrid** 8928 Sign Post Rd Suite 2 Westover, Md 21871