

Tri-County Behavioral Health Resource Guide

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Introduction to the Guide

Somerset Local Behavioral Health Authority (SLBHA), Wicomico Local Behavioral Health Authority (WiLBHA), Worcester Local Behavioral Health Authority (WoLBHA), and Worcester County's Initiative to Preserve Families/Worcester County Local Management Board (WoLMB) are pleased to present the 2025 edition of the TRI-COUNTY BEHAVIORAL HEALTH RESOURCE GUIDE for Somerset, Wicomico, and Worcester Counties in Maryland. This guide, while not inclusive of every service or behavioral health provider in the tri-county area, represents our effort to help the citizens of the region become more aware of the services that are available to them. SLBHA, WiLBHA, WoLBHA and WoLMB in no way endorse any one provider or service over another. We hope this guide is useful in your navigation of the Public Behavioral Health System in Somerset, Wicomico, and Worcester Counties. This information is also available online at www.somersethealth.org, www.wicomicohealth.org, www.worcesterhealth.org.

Somerset Local Behavioral Health Authority

8928 Sign Post Rd., Westover, MD 21871 443-523-1700 www.somersethealth.org

Wicomico Behavioral Health Authority

108 East Main St., Salisbury, MD 21801 410-543-6981 www.wicomicohealth.org

Worcester Behavioral Health Authority

6040 Public Landing Rd., Snow Hill, MD 21863 410-632-3366 www.worcesterhealth.org

Worcester County's Initiative to Preserve Families

6040 Public Landing Rd., Snow Hill, MD 21863 410-632-3648

Maryland's Public Behavioral Health System (PBHS) Overview

The PBHS is jointly coordinated and administered by the Behavioral Health Administration (BHA), Local Behavioral Health Authority (LBHAs), and Carelon (the contracted Administrative Service Organization). BHA has oversight authority of the PBHS, which includes policy development, state-wide planning, resource allocation, and continuous quality improvement responsibilities.

Carelon, the administrative service organization for the PBHS, determines eligibility for services, approves authorizations for services, conducts utilization review of services, collects data, submits reports, processes billing claims, and remits payments to providers.

LBHAs are the local behavioral health authorities responsible for planning, managing, and monitoring public mental health services at the local level as stipulated by the Health General Article 10-10-1203, Annotated Code of Maryland.

Behavioral Health Glossary

Behavioral Health Professionals:

Advanced Practice Psychiatric Nurses/Psychiatric Mental Health (APRN/PMH) – A registered nurse certified by the Maryland State Board of Nursing who can independently engage in the following activities:

- An APRN can diagnose individuals with mental health illnesses.
- "Nurse Psychotherapist" A registered nurse who practices psychotherapy in a structured relationship with the client.
- "Psychiatric Nurse Practitioner" An experienced registered nurse who possesses advanced training and education in the area of diagnosing and treating illness. Nurse practitioners can prescribe medication. Psychiatric nurse practitioners specialize in providing psychiatric care to individuals.

Certified Addictions Counselor – Alcohol and Drugs (CAC-AD) – Certified addictions counselors hold the second level of certification required for substance abuse counseling. They must have a bachelor's degree in a counseling field, among other requirements.

Certified Peer Recovery Specialist (CPRS) – An individual that is in recovery from substance use or co-occurring substance use and mental health disorder who provides support to others so that they can benefit from his or her experiences. To become certified, the peer recovery specialist must pass a standard exam.

Certified Registered Nurse Practitioner (CRNP) – A certified registered nurse practitioner is a licensed, advanced practice registered nurse (APRN) who has completed a prescribed educational program that includes advanced knowledge, skills, and abilities in assessment, diagnosis, treatment, and management.

Certified Supervised Counselor – Alcohol and Drugs (CSC-AD) – Certified supervised counselors hold the first level of certification required for substance abuse counseling. They must have an associate degree in a counseling field among other requirements.

Clinical Social Worker (LCSW, LCSW-C) – Clinical Social Workers hold a master's degree in social work (MSW) and specialize in clinical practice. They must be licensed by the State of Maryland.

Licensed Clinical Alcohol and Drug Counselor (LCADC) – This is the next level certification after Licensed Graduate Alcohol and Drug Counselor

Licensed Clinical Professional Counselor (LCPC) – A Licensed Clinical Professional Counselor possesses a master's degree in professional counseling. LCPCs must be certified by the State Board of Examiners.

Licensed Graduate Alcohol and Drug Counselor (LGADC) – A Licensed Graduate Alcohol and Drug Counselor certification is granted after the awarding of a master's degree and passing the test for a license. During this time, the counselor is under supervision.

Licensed Professional Counselor (LPC) – A licensed professional counselor holds a master's degree and is trained to work with individuals, families, and groups in treating mental, behavioral, and emotional problems and disorders.

Psychiatrist (MD) – A medical doctor possesses specialized training in the field of psychiatry. Psychiatrists must be licensed physicians in the state in which they practice and must also be certified by the American Board of Psychiatry.

Psychologist (PhD) – A psychologist possesses a doctoral degree in psychology and must be licensed by the Maryland State Board of Examiners of Psychologists. A psychologist can be a clinical or a counseling psychologist.

Behavioral Health Terms:

1915i – A state plan amendment that provides Intensive Behavioral Health Services for children, youth, and families.

Care Coordination Organization (CCO) – A provider offering a multi-level continuum of care to children and youth up to age 22 to support a transition back to the home environment, remain in their home or current living arrangement, move to lower intensity of services or restrictiveness of placement, or otherwise maintain and improve functioning and well-being.

Case Management – A process which plans, coordinates, and implements services required to meet an individual's needs.

Crisis Intervention Team (CIT) –A community effort joining law enforcement and the community for the common goals of safety, understanding, and service to the behavioral health population and their families.

Dialectical Behavioral Therapy (DBT) – A comprehensive cognitive-behavioral treatment for complex, difficult-to-treat mental disorders. It involves using two main components: individual weekly psychotherapy and weekly group therapy sessions.

Dual Diagnosis Treatment/Co-occurring Treatment – Treatment for an individual with substance abuse issues as well as a mental health diagnosis.

Evidence-Based Practice (EBP) – Making decisions about how to promote health or provide care by integrating the best available evidence with practitioner expertise and other resources, and with the characteristics, state, needs, values and preferences of those who will be affected.

Family Psycho Education – An EBP that provides education to individuals living with mental illness and their families with a goal of assisting the individual and their family to better understand and deal with his/her present illness, avoid relapse, and contribute to their own health and wellness on a long-term basis.

Intensive In-Home Intervention Program for Children (IHIP-C) – The state of Maryland's In-Home Intervention Program for Children aims to prevent out-of-home placement by providing families with access to full-time professional mental health resources.

Intensive Outpatient Program (IOP) – The highest level of outpatient treatment before inpatient care.

LGBTQ – Abbreviation for lesbian, gay, bisexual, transgender, and queer or questioning. It is an umbrella term that is used to refer to the community as a whole

Medication Evaluation – A medication evaluation involves a psychiatrist or nurse practitioner monitoring and evaluating a client's medications to ensure the client is on the proper medications. Medication evaluations can be done at various intervals.

Mental Health Case Management Services/Targeted Case Management (TCM) – Services to assist individuals in gaining access to a full range of mental health services as well as to any additional needed medical, social, financial assistance, counseling, educational, housing, and other support services.

Mobile Treatment/Assertive Community Treatment (ACT) – Mobile Treatment is an intensive, community-based service which provides assertive outreach, treatment, rehabilitation, and support to individuals with severe and persistent mental illness (SPMI) who may be without a home or for whom more traditional forms of outpatient treatment have been ineffective.

Outpatient – Treatment that is given in the community and not in a hospital setting.

Paraprofessionals – Paraprofessionals work under a trained professional in clinical settings, i.e. Licensed Social Work Associates (Bachelor level social workers).

Partial Hospitalization Program (PHP) – A program for children, adolescents, and adults that offers a bridge between inpatient acute hospitalization and outpatient services. It serves as an alternative to hospitalization and as a transition from inpatient care. The program is structured in a therapeutic setting and provides 24/7 supervision and care.

Peer Support – Individuals or family members of those living with behavioral health disorders coming together to provide self-direction that works to enhance the behavioral health of other local consumers. Peer support members meet as equals to give each other support on a reciprocal basis

Psychiatric Evaluation – A psychiatric evaluation performed by a psychiatrist or nurse practitioner that includes the history of the present illness, current symptoms the individual is experiencing, past history of illness, family history, a review of medications, mental status examinations, and a physical examination.

Psychiatric Rehabilitation Program (PRP) – A program that provides support and rehabilitation to individuals who suffer from mental illness. PRP focuses on daily living skills through the use of the community environment.

Psychological Testing – Tests which are given to individuals to assess and evaluate information. Psychological tests are administered and interpreted by a psychologist.

Residential Rehabilitation Program (RRP) - RRP housing is for individuals with a chronic mental health diagnosis, who are unable to live independently in the community.

Respite – Respite services are provided to relieve the caregiver from the stress of caregiving.

Sliding Scale – Fees are set according to the client's ability to pay (i.e., if the client has no income, the fee would be \$0).

Social Service Organization – A community organization that assists individuals with needs such as locating housing, financial assistance, and resources.

Supported Employment Program/Mental Health Vocational Program (SEP/MHVP) – SEP services provide job development and placement, job coaching, and ongoing employment support to individuals with serious mental illness or emotional disturbance for whom competitive employment has not occurred, has been interrupted, or has been intermittent.

Telemedicine – Medical information transferred through interactive audiovisual media for the purpose of consultation or the delivery of clinical care.

Therapeutic Behavioral Services (TBS) – A service provided in the home for children and adolescents under 21 years of age. The goal is to help children and families safely manage behavior at home and in the community to prevent a higher level of care.

Uninsured – If you do not currently have health insurance, you are uninsured. Individuals may only receive PMHS uninsured benefits if the provider has documented that the consumer is not eligible for MA, SSI, SSDI, or any other public benefit program and includes, in the individual's medical record, documentation from MA or Social Security stating the reason for ineligibility.

Crisis Information and 24-Hour Hotline

Affiliated Santé Group - Eastern Shore Crisis Response Services (ESCRS)

ESCRS provides behavioral health emergent, urgent, information and referral crisis response programs. Mobile Response in 8 counties crisis teams located in Caroline, Cecil, Dorchester, Kent, Queen Anne's, Somerset, Talbot and Wicomico Counties. The hotline, which is 24/7, 365 days a year, is available in all 9 counties to respond to mental health and substance use crises as defined by the caller.

All services provided are free of charge.

Phone: 1-888-407-8018

Website: www.santeeasternshore.org

Americans with Disabilities Act

U.S. Access Board 24 Hour Hotline: 1-800-872-2253 Americans with Disabilities Act Information Line: 800-514-0301 (Voice), 800-514-0383 (TTY)

Berlin Behavioral Health & Crisis Center

Phone: 410-973-6679

Hours: Monday – Friday 8:00am – 4:30pm Address: 9714 Healthway Dr., Berlin, MD 21811

Community Outreach Addictions Team (C.O.A.T.)

Peer support specialist partnered with local law enforcement assists people in treatment by offering phone and in-person support, connections to local resources, and follow-up assistance.

Phone: 443-783-6875 (Wicomico County)

Life Crisis Center

Provides a 24-hour crisis hotline. Services: Counseling for victims of domestic violence or sexual assault, suicide

prevention, support groups, emergency safe home, shelter and medical care referral, and assistance.

24 Hour Hotline: 410-749-4357 Phone: 410-749-0632 / 410-749-0771 Website: www.lifecrisiscenter.org

Maryland Center of Excellence on Problem Gambling

1-800-GAMBLER (426-2537)

Website: http://www.mdproblemgambling.com/helpline/

Maryland State AIDS Hotline

Phone: 1-800-232-4636 TTY: 1-800-232-6348

Mobile Treatment/ACT - HealthPort

Team treatment approach designed to assist the individual to achieve recovery, fully participate in community life, obtain stable permanent housing, and reduce the individual's unnecessary admissions to emergency rooms and inpatient psychiatric services. The program currently serves Wicomico, Worcester, Somerset, Dorchester, Talbot, and Caroline counties.

Phone: 410-341-3420

Poison Control Center

Phone: 1-800-222-1222

Website: www.mdpoison.com

Sexual Assault Resource Agency

Phone: 410-836-8430

Trevor Project (LGBTQ community)

Phone: 1-866-488-7386

Website: www.thetrevorproject.org

Crisis Information and 24-Hour Hotline (continued)

Safe Station

The Safe Station is a place where individuals who are ready to seek treatment and recovery services from their addiction can go 24 hours a day, 7 days a week and 365 days per year. Individuals will be met by a caring and compassionate peer in recovery who will help link them to the treatment and recovery services of their choice.

Wicomico County Safe Station

Phone: 443-783-6875 726 S Salisbury Blvd, Salisbury, MD 21804 (inside of the Recovery Resource Center)

Worcester County

At any time, day or night, or other times when the Health Department is closed, and a person is struggling with substance misuse decides or gathers the courage to ask for help, they can go to the Atlantic Club in West Ocean City or call the Peer Warm Line.

Atlantic Club 11827 Ocean Gateway Ocean City, MD 21842

Peer Warm Line

Phone: 1-844-ONE-PEER (663-7337)

The Worcester County Health Department's Crisis Response Team (CRT)

Provides 24-hour coverage 365 days a year to residents and visitors of Worcester County. CRT is activated by Law Enforcement, Atlantic General Hospital, Public Schools, 988, and other agencies throughout the county. CRT provides an emergency mental health and substance use assessment on the scene and attempts to connect individuals to community resources as appropriate.

The Retreat

Provides a safe harbor and sanctuary for adults (18+) experiencing acute psychiatric crises. This is a voluntary alternative to, or step down from hospitalization.

Phone: 410-341-3420

Website: www.lowershoreclinic.org

TidalHealth Crisis Center

The TidalHealth Crisis Center serves as a behavioral health urgent care center where individuals can receive behavioral health crisis respite, observation, and intervention in a warm, friendly, homelike community setting.

Address: 200 E. Vine St. Salisbury, MD 21801

Phone: 410-543-7181

Urgent Care Clinics

Provides mental health assessment and consultation within 48 business hours to prevent the individual's condition from worsening. If psychiatric care is identified, an evaluation will be scheduled with a psychiatrist within a 30-day period.

Community Behavioral Health, LLC (Wicomico): 844-224-5264

821 Eastern Shore Drive, Salisbury, MD 21804 Call ESCRS after business hours: 1-888-407-8018

Veterans Crisis Line

Chat available on website.

Phone: 1-800-273-8255 (Press 1) Cell phone (For texting): 838255 Website: www.veteranscrisisline.net

988 Suicide and Crisis Lifeline

The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States.

Phone or Text: 988

Deaf or hard of hearing ASL users call 988 Videophone TTY Users: Use your preferred relay service or dial 711

then 988

Chat available on website Website: https://988lifeline.org/

	Acadia Counseling	and Wellness	
Address:	Phone:	Hours of Operation:	Payment Type(s):
9954 N. Main St. Unit 1	410-973-2567	By Appointment	Medicare,Private
Berlin, MD 21811			Insurance, Self-Pay
	Language Services		
	Bilingual Staff		Ages Served:
	(Spanish)		5 – 75
Mental Health / Addiction Services Provid	ed:	Specialty Treatments:	
☑ Addiction Outpatient		☑ Co-occurringTreatment/Dual I	Diagnosis
✓ Individual Therapy		✓ Play Therapy	
		☑ Trauma - EFT	
☑ Telehealth Services			
Other Behavioral Health Services:			

	Advanced Behavioral H	lealth Counseling Services, I	LLC
Address: 110 West Church Street, Ste. D Salisbury, MD 21801	Phone: 410-202-0779 Or 443-840-0811 Fax: 410-543-1901	Hours of Operation: By Appointment Only	Payment Type(s): Medicare,Private Insurance, Self-Pay, Sliding Fee Scale, Veterans (Tricare & Military OneSource) Ages Served: 15 – 95
Mental Health / Addiction ☑ Addiction Outpatient ☑ Family Therapy ☑ Group Therapy ☑ Individual Therapy	n Services Provided: ☑ Psychological Evaluations ☑ Telehealth Services	Specialty Treatments: ☑ Anger Management Groups ☑ Anxiety ☑ Co-occurringTreatment/Dual Diagnosis ☑ Depression ☑ Dissociative Disorder	 ☑ Gambling ☑ Geriatric ☑ Harm Reduction ☑ Marriage & Couples (Christian based upon request) ☑ Trauma – Cognitive Behavioral ☑ Veterans
	Services: Reiki Meditation, crisis in ological disorders to Churches and	tervention, home therapy sessions (bat seminars upon requests.	based on clients circumstances),

	Anders	son, Eva K., PhD		
Address:	Phone:	Hours of Operation:		Payment Type(s):
540 Riverside Dr., Suite 3	410-548-7883	Call to schedule appointn	nent	Medicare, Private Insurance, Self-Pay
Salisbury, MD 21801				
				Ages Served:
				5+
Mental Health / Addiction Services	Provided:		Spec	cialty Treatments:
✓ Individual Therapy			N/A	
Other Behavioral Health Services:	Psychological testing			

	Atlantic Ge	neral Hospital		
Address:	Phone:	Hours of Operation:		Payment Type(s):
9733 Healthway Dr.	410-641-3340	Call for appointment		Medicaid, Medicare,
Berlin, MD 21811				Private Insurance, Self
		Language Services:		Pay, Sliding Fee Scale,
Website:		Translation services up	on request	Financial assistance
www.atlanticgeneral.org		Ages Served:		available to those who
		Pediatrics to Adult		qualify
Mental Health / Addiction Services Provide	ed:	l	Specialty Treatm	ents:
✓ Ability to Prescribe Medication ✓	Medication Manage	ment		
☐ Family Therapy ☐	Psychiatric Evaluation	ons		
☐ Group Therapy ☐	Telepsychiatry			
☐ Individual Therapy				
Other Behavioral Health Services: Behavio	ral Health Crisis Stab	ilization services.	•	

	Atlant	ic Psychological Practice	e, P.A.	
Address:	Phone:	Hours of Operation:		Payment Type(s):
540 Riverside Dr. Suite 16	410-543-8291	Mon 8:00am – 5:00pm		Medicare, Private Insurance,
Salisbury, Maryland 21801		Tues 9:00am – 7:00pm		Self-Pay, Sliding Fee Scale
		Wed 8:00am – 5:00pm		Ages Served:
Website:	Fax:	Thurs 9:00am – 7:00pm		2 – 90
www.atlanticpsychological.com	410-341-6275	Fri 8:00am – 12:00pm		
Mental Health / Addiction Service	ces Provided:		Specialty Trea	tments:
✓ Family Therapy		ealth Services		ehavioral Therapy
☑ Individual Therapy				
☑ Psychological Evaluations				
Other Behavioral Health Service	es:			

		B.N.J Hea	Ith Serv	ices, LLC		
Address: 204 Newton St Salisbury, MD 21801	=	Phone: 443-978-7919		Hours of Operation: Mon-Fri 5am - 11am Sat 6am - 9:30am		Payment Type(s): Medicaid, Medicare, Self-Pay
		F ax: 443-978-7930				Ages Served: 18+
Mental Health / Addiction	Services Provided:				Specialty ⁻	Treatments:
✓ Addiction Inpatient✓ Addiction IOP✓ Addiction Outpatient	☑ Detox ☑ Group Therap ☑ Individual The	•	✓ Metha	ation Management done Treatment ex Treatment	N/A	
Other Behavioral Health S	ervices:				I	

	Balanced Life Counse	ling Services, LLC		
Address:	Phone:	Hours of Operation:		Payment Type(s):
560 Riverside Dr.	443-978-8688	Mon 8:00am – 6:00pm		Medicaid, Medicare,
Suite B101		Tues 8:00am – 7:00pm		Private Insurance, Self-
Salisbury, MD 21801	Fax:	Wed 8:00am - 7:00pm		Pay, Sliding Fee Scale
	443-978-8686	Thurs 8:00am – 6:00pm		
Website:		Fri 8:00am – 2:00pm		Ages Served:
www.yourbalancedlife.net				5 - 90
Mental Health / Addiction Service	es Provided:		Specia	alty Treatments:
☑ Ability to Prescribe Medication	✓ Individual Therapy	✓ Telepsychiatry		st Responders
	✓ Medication Management	. , .	☑ Tra	uma - EDMR
	☑ Psychiatric Evaluations		✓ Vet	terans
·	•			
Other Behavioral Health Services	5 :			

	Balance Po	oint Wel	Iness, LLC	
Address:	Phone:	I	Hours of Operation:	Payment Type(s):
212 West Main St. #303	410-800-2169	ſ	Mon – Fri 9:00am – 7:00pm	Medicaid, Medicare,
Salisbury, MD 21801				Private Insurance, Self-
	Language Services:			Pay, Uninsured
Website:	Interpreter Services			A a O a a da
www.bpointwellness.com	Bilingual Staff (Spanish)			Ages Served: 5 - 100
				3 - 100
Mental Health / Addiction Serv	ices Provided:	Specia	alty Treatments:	
Ability to Prescribe Medication	1		Therapy	☑ LGBTQ
☑ Individual Therapy			occurring Treatment/Dual Diagnosi	• • •
			ng Disorders	
☑ Psychiatric Evaluations			t Responders	
☑ Telepsychiatry		☑ Gan	<u> </u>	✓ Veterans
		☑ Hari	m Reduction	
Others Balancia and Health Co.				
Other Behavioral Health Service	es:			

В	lue Wave Coι	ınseling	& Psychotherapy	
Address:	Phone:		Hours of Operation:	Payment Type(s):
1519 Market Street.	484-767-5216		9:00am – 5:00pm	Medicaid, Medicare,
Pocomoke City, MD 21851				Private Insurance, Self-
				Pay, Sliding Fee Scale,
Website:				
bluewavecounselingpsychotherapy.com				Ages Served:
				15 - 90
Mental Health / Addiction Services Provide	led:	Special	ty Treatments:	<u> </u>
✓ Individual Therapy		☑ Co-o	ccurring Treatment/Dual Diagnosis	
✓ Telehealth Services		☑ Eatin	g Disorders	Gambling
		☑ First	Responders	✓ Trauma
Other Behavioral Health Services:				

		BrightView		
Address 1:	Address 2:	Hours of Operation:		Payment Type(s):
12417 Ocean Gtwy,	402 Marvel Ct,	Mon – Wed 5:30am -	2:00pm	Medicaid, Private Insurance,
Suite 7	Easton, MD 21601	Thurs - 5:00am - 2:00)pm ·	Self-Pay
Ocean City, MD 21842	Phone:	Fri 5:30am - 11:00am		
Phone:	410-822-7150	Closed Sat - Sun		Ages Served:
833-510-4357				18+
		Website:		
		www.brightviewhealth.	.com	
Mental Health / Addiction Ser	vices Provided:	1	Specialty Treatme	ents:
☑ Addiction Outpatient		tion Management		
☑ Ability to Prescribe Medication	on ☑ Methad	lone Treatment		
☑ Group Therapy		one Treatment		
✓ Individual Therapy		alth Services		
Other Behavioral Health Serv	vices:			

Address: Phone: 1118 E. Main St 410-219-5070	Language Services:	Payment Type(s):
1118 F Main St I 410-219-5070		
	Language Line	Uninsured
Salisbury, MD 21804 Option #2		
	Hours of Operation:	Ages Served:
	Mon – Fri 9:00am – 5:00pm	Birth – 18
Website:	Appointments by phone or walk-	18-24 Disconnected or
www.wraparoundmd.com	in	homeless youth
Navigation Services Provided	Specialty Treatments:	
	N/A	

Catholic Charities, Inc Seton Center						
Address:	Phone:	Hours of Oper		Payment Type(s):		
30632 Hampden Ave.	410-651-9608	Call to schedule	e appointment	Medicaid, Medicare,		
Princess Anne, MD 21853	_			Private Insurance, Self-		
NAC 1 - 14	Fax:			Pay, Sliding Fee Scale,		
Website:	410-651-1843			Uninsured		
www.ccwilm.org			_			
Mental Health / Addiction Service	s Provided:		Specialty Treat	ments:		
			N/A			
✓ Individual Therapy						
01 51 : 11 11 0 :						
Other Behavioral Health Services	:					

	Chesapeake Health Care – Mental Health							
Address 1:	Address 2:	Address 3:	Address 4:		Address 5:	Hours of Operation:		
1104 Healthway Dr	12145 Elm St.	305 10th Street	9958 Main St.		560 Riverside Dr	7:30am – 6:00pm		
Salisbury, MD	Princess Anne,	Pocomoke City,	Berlin, MD 2181	11	Ste A-204			
21804	MD 21853	MD 21851			Salisbury, MD	Language Services:		
					21801	Interpreter by request		
Phone:		Phone:	Phone:					
410-219-5483	Phone:	410-957-1852	410-973-2820		Phone:	Website:		
	410-651-1000				443-358-6193	chesapeakehc.org		
Mental Health / Add	iction Services P	rovided:		Pay	yment Type(s):			
☑ Ability to Prescribe	e Medication	Individual Therapy	,	Medicaid, Medicare, Private Insurance, Self-Pay, Sliding				
☑ Family Therapy		Medication Manag		Fee	e Scale			
☑ Group Therapy	V	I PRP						
				_	es Served:			
				4+				
Other Behavioral He	ealth Services:		<u>'</u>					

esapeake Music Ther	Chesapeake Music Therapy – Niki Runge, MCAT, MT-BC						
Phone: 443-523-4976	Hours of Operation: Call to schedule appointment	Payment Type(s): Self-Pay, Sliding Fee Scale, LISS, TCM PLUS					
	Email: Chesapeakemusictherapy@gmail.com	Ages Served:					
Provided:	Specialty Treat	ments:					
	☑ Music Therap	у					
	Phone:	Phone: 443-523-4976 Hours of Operation: Call to schedule appointment Email: Chesapeakemusictherapy@gmail.com					

		Children	's Choice	
Address:		Phone:	Hours of Operation:	Payment Type(s):
1813 Sweetbay Dr., Suite	IA	410-546-6106	Mon - Fri 8:30am - 4:30pm	Medicaid
Salisbury, MD 21804				
			Intakes by appointment	Ages Served:
Website:		Fax:		3-17
www.childrenschoice.org		410-219-2640		
Mental Health / Addiction	Services Prov	ided:		Specialty Treatments:
✓ Foster Care	☑ PRP	☑ Respite	☑ Telehealth Services	N/A
Other Behavioral Health	Services: Paren	t Advocacy Program		

	Community Behavioral Health						
Address 1:	Address 2:		Address 3:		Hours of	Operation:	Payment
					Mon - Fri	9:00am - 5:00pm	Type(s):
809 Eastern Shore	107 East Ma		30519 Prince W	illiam St	Online Int	akes Available	Medicaid,
Dr.	Snow Hill, M	1D 21863	FL 1				Medicare, Private
Salisbury, MD 21804			Princess Anne, I	MD		e Services:	Insurance, Self-
	Phone:		21853			r Services	Pay, Sliding Fee
Phone:	844 224-526	64 Ext. 16	Bilingual S		Staff (Spanish)	Scale	
844 224-5264 Ext.			Phone:				
12			844 224-5264 E	xt.1	Website/I	Email:	Ages Served:
					www.com	munitybehavioralhealth.net	All ages
						•	
Mental Health / Addic	tion Service	s Provided:				Specialty Treatments:	
☑ Ability to Prescribe	Medication	✓ Mental	Health IOP	Subu	tex		
☑ Addiction IOP		☑ PRP		Treatme	nt		☑ Geriatric
☑ Addiction Outpatier	nt	☑ Psychia	tric Evaluation		sychiatry		✓ LBGTQ
				☑ Vivitro	ol	Treatment/Dual	☑ Play Therapy
☑ Group Therapy	☑ Group Therapy ☑ Suboxc		ne Treatment	Treatme	nt	Diagnosis	
✓ Individual Therapy						☑ Eating Disorders	
☑ Medication Manage	✓ Medication Management						✓ Veterans
Other Behavioral Hea	Ith Services	: Teen Interve	ene Substance Abus	se Educatio	n ACES Tr	Lauma Informed Care	

Compass Health Services						
Address 1: 2326 Goddard Parkway, Suite A Salisbury, MD 21801 Phone: 443-978-7803	Address 2: 100 East Patapsco Ave, Suite E Brooklyn, MD 21225 Phone: 667-239-3144	Hours of Operation: Mon - Fri 9am - 5pm Intakes by appointment only Website/Email: Compasshealthservices.com		Payment Type(s): Medicaid, Medicare, Private Insurance, Self-Pay, Sliding Fee Scale Ages Served: Children, Adolescents, Adults		
Mental Health / Addiction Services Provided: ☑ Ability to Prescribe Medication ☑ Family Therapy ☑ Group Therapy ☑ Individual Therapy ☑ Telehealth Services ☑ Mental Health IOP ☑ PRP			Specialty Treatments ☑ Anger Management ☑ Co-occurring Treatm ☑ Eating Disorders ☑ Trauma- Please se	t Groups ment/Dual Diagnosis		
Other Behavioral Health Services: PTSD due to Domestic Violence, Child Maltreatment, War-Related Trauma, Medical Trauma. Traumatic Loss, Natural Disasters						

		Cove F	Recovery, LLC		
Address 1: 540 Riverside Dr., Ste 8, Salisbury, MD 21801		ax Rd., Ste 300 ge, MD 21613	Hours of Operation: Appointments and walk-ins for intake Mon - Fri 9:00am - 5:00pm Please bring ID and Insurance Card Phone: 410-548-3333 Website: coverecoveryllc.com		Payment Type(s): Medicaid, Medicare, Private Insurance, Self- Pay, Sliding Fee Scale, Uninsured
Address 3: 30256 Mt. Vernon Road Unit A Princess Anne, MD 21853	Unit 2	s 4: Id Ocean City Blvd. ID 21811			Ages Served: 6+ Mental Health 18+ Substance Abuse
Mental Health / Addiction	Services	Provided:		Specialty Treatment	s:
✓ Ability to Prescribe Medication ✓ Addiction IOP ✓ Addiction Outpatient ✓ Family Therapy ✓ Group Therapy ✓ Individual Therapy		ons	✓ Anger Managemer ✓ Co-occurring Treat ✓ Co-occurring group ✓ LGBTQ ✓ Trauma Informed	ment/Dual Diagnosis o – Seeking Safety	
Other Behavioral Health S	ervices: [OWI Program, SAP evalua	ations. Co-occurring Ti	l rauma Group	

Delmarva Counseling Center LLC						
Address:		Phone:	Hours of Operation:		Payment Type(s):	
28 East State St.		410-896-3995	Mon - Fri 8:00am - 6:00pr	n	Medicaid, Private Insurance, Self-Pay	
Delmar, MD 21875			_			
		Fax: 410-896-2825	Language Services: Spanish		Ages Served: 6+	
Mental Health / Addiction	Servi	ces Provided:	Specialty Treatments:		1	
☑ Addiction IOP	\checkmark	Mental Health IOP	☑ Eating Disorders	☑ (Co-occurring Treatment/Dual Diagnosis	
	\checkmark	Psychiatric Evaluations	☑ Gambling		Anger Management Groups	
	\checkmark	Telepsychiatry		√ }	Harm Reduction	
☑ Group Therapy				\checkmark	Trauma	
✓ Individual Therapy				√ \	Veterans	
Other Rehavioral Health	Other Behavioral Health Services: Military Family Life Counseling Services					
Other Deliavioral Realth Services. Willitary Family Life Counseling Services						

	Evolve Mental Wellness						
Address: 28668 Old Quantico Road Salisbury, MD 21801	Address: 1411 Wesley Dr. Salisbury, MD 21801	Hours of Operation: same week appointments for intakes, complete a new patient inquiry form on		Payment Type(s): Medicaid, Medicare, Private Insurance, Self-Pay, Sliding Fee Scale			
Address: 31575 Winterplace Pkwy Salisbury, MD 21804		Website: evolvementalwellness. Phone: 410-642-4011	.com	Ages Served: 4 – 99 Language Services: Language Line			
Mental Health / Addiction ☑ Ability to Prescribe Medi ☑ Family Therapy ☑ Group Therapy ☑ Individual Therapy		valuations	Specialty Treatme ✓ Art Therapy ✓ Eating Disorder ✓ Other LGBTQ ✓ Play Therapy ✓ Trauma*				
Other Behavioral Health S	ervices: *EMDR, TF-CBT						

	Family Tree Th	nerapy, LLC		
Address: 11022 Nicholas Lane Suite 2	Phone: 443-735-4812	Hours of Operation: Mon -Thur 11:00am - 7:00pm Call to schedule appointment		Payment Type(s): BlueCross/Blueshield, Self-Pay
Ocean Pines, MD 21811	Website: https://familytreetherapyllc.com/			Ages Served: 2-19
Mental Health / Addiction S	ervices Provided:	ı	Specialty Treat	ments:
✓ Family Therapy✓ Individual Therapy			✓ Play Therapy✓ Parent-Child	

	Focus Point Behavioral Health						
Address: 11672 Somerset Ave Princess Anne, MD 21853 Phone: 410-621-5858	Address: 803 N. Salisbury Blvd Suite 2200 Salisbury, MD 21804 Phone: 443-978-7838	Address: 26423 Burton Ave, Crisfield MD 21817 Phone: 410- 968-2600	Hours of Operation: Intake by appointment and walk-in. Mon -Thur: 9:00am-7:00pm Fri 9:00am – 5:00pm Sat 9:00am -1:00pm Website: www.focuspointbh.com	Payment Type(s): Medicaid, Medicare, Private Insurance, Self-Pay, Uninsured Ages Served: 12-80			
Mental Health / Addicti	on Services Provided:	•		Specialty Treatments:			
Medication ✓ Individual Therapy Medication ✓ Medication Management ✓ Addiction IOP ✓ Mental Health IOP ✓ Addiction Outpatient ✓ Peer Support ✓ Family Therapy ✓ PRP ✓ Group Therapy ✓ Other Behavioral Health Services: Addiction transitional housing, State Services Services		 ✓ Psychiatric Evaluations ✓ Suboxone Treatment ✓ Subutex Treatment ✓ Telehealth ✓ Vivitrol Treatment Supportive Employment.	✓ Anger Management Groups✓ Harm Reduction✓ Sex Offender✓ Veterans				

Garner, Doris C., PhD					
Address 1: 8420 Follow Ditch Rd. Westover, MD 21871	Phone: 410-957-3105 Fax: 410-952-3148	Office Hours: Mon – Tues 9:00am – 6:30pm Wed 3:30pm – 6:00pm Thurs 1:00pm – 7:00pm Fri 9:00am – 5:00pm Sat 9:00am – 12:00pm *Intake by appointment only		Payment Type(s): Medicare, Private Insurance, Self-Pay Ages Served: 3 – 100	
Mental Health Provided:		Specialty Treatments:			
✓ Family Therapy✓ Individual Therapy		 ✓ Eating Disorders ✓ Geriatric ✓ Co-occurring Treatment/Dual Diagnosis ✓ Lesbian/Gay, Bisexu ✓ Trauma – Veterans, PTSD 			
Other Behavioral Health Services: Testing for ADD and ADHD for Adults and Children					

Hands of Hope Counseling Services, LLC							
Address: 111 W. Main St., Ste E Salisbury, MD 21801		Phone: 443-944-0794		Hours of Operation: Appointments required Mon – Fri 9:00am – 7:00pm Sat 9:00am – 1:00pm	Payment Type(s): Medicaid, Medicare, Private Insurance, Self- Pay Ages Served: 6-99		
Mental Health / Addiction Se	rvices Provid	ed:		Specialty Treatments:			
✓ Family Therapy✓ Individual Therapy		up Therapy ehealth Services		✓ Anger Management Groups ✓ Veterans			
Other Behavioral Health Ser	Other Behavioral Health Services:						

Harmony Counseling Services, LLC							
Address:	Phone:	Hours of Operation:	Payment Type(s):				
1201 Pemberton Dr, Suite 1D	410-632-6688	Mon - Fri	Medicaid, Medicare,				
Salisbury, MD 21801		Call or email to schedule appointment	Private Insurance, Self- Pay				
Website:		Email:					
Harmonycounselingsby.com		hoffman@harmonycounselingsby.com	Ages Served: 18 - 100				
Mental Health / Addiction Services Provices	led:	Specialty Treatments:	•				
✓ Individual Therapy							
☑ Telehealth Services							
Other Behavioral Health Services: LGBTQIA+ and BIPOC Ally							

Address 1:	Phone:	Language Service	es:	Payment Type(s):
431 E. Main St	410-341-3420	On-Demand Interp	reter Services	Medicaid, Medicare,
Salisbury, MD 21801		ASL		Uninsured
	Referrals:			
	410-341-3420 Option 1 or	Website/Email:		Ages Served:
Address 2:	referrals@lowershoreclinic.org	www.lowershoreclinic.org		18+
828 Airpax Rd		Live chat via web	site	
Cambridge, MD 21623				
Mental Health / Addiction Service	es Provided:		Specialty Tre	atments:
☑ Ability to Prescribe Medication	☑ Medication Management	☑ Peer Support		
✓ Individual Therapy	☑ Mobile Treatment/ACT	☑ SEP/MHVP		

Address 1:	Address 2:	Hours of Operation:	Language Services:	Payment
431 E Main St.	403 E. Main St.	Mon – Fri 8:00am - 4:00pm	On-Demand Interpreter Services	Type(s):
Salisbury, MD 21801	Salisbury, MD 21801	·	ASL	Medicaid
•		Phone:		
Address 3:	Address 4:	410-341-3420	Website/Email:	
11559 Somerset Ave.	7033 Worcester Hwy.		www.lowershoreclinic.org	Ages
Princess Anne, MD 21853	Newark, MD 21841	Referrals:	Live chat via website	Served:
		410-341-3420 Option 1 or		18+
		referrals@lowershoreclinic.org		
Mental Health / Addiction	Services Provided:		Specialty Treatments:	<u> </u>
	☑ RRP		☑ Forensic	
☑ PRP	☑ Residenti	al Crisis Beds	☑ Geriatric	

	HealthPort - Outpatient Integrated Care Clinic						
Address:	Phone:	Hours of Operation:	Payment Type(s):				
505 E Main St.	410-341-3420	Intake by walk-in,	Medicaid, Medicare,				
Salisbury, MD 21804		Paperwork completed in office	Private Insurance, Sliding				
	Referrals:	Same day appointment available	Fee Scale, Self-Pay,				
	410-341-3420 Option 1 or		Uninsured, Veterans				
Website/Email: www.lowershoreclinic.org	referrals@lowershoreclinic.org	Please bring photo identification, insurance information, and	Benefits				
Live chat via website	Language Services:	secondary identification	Ages Served:				
	On-Demand Interpreter Services ASL		18+				
Mental Health / Addiction S	Services Provided:	Specialty Treatments:					
☑ Ability to Perscribe Medic	ation Individual Therapy	☑ Co-occuring Treatment/Dual					
☑ Family Therapy	✓ Medication Management	Diagnosis					
☑ Group Therapy	☑ Vivitrol Treatment	✓ Gambling Treatment✓ Geriatric	see below				
Other Behavioral Health Se	ervices: Provides EMDR, CPT and Neuro	o-feedback services.					

Homes4Hope Therapeutic Solutions.							
Address:	Phone:	Hour	s of Operation:	Payment Type(s):			
229 West Main Street,	443-359-9830	Mon -	- Thurs 8:00am – 8:00pm	Medicaid, Medicare, Private			
Salisbury, MD 21801			00am – 2:00pm	Insurance, Self Pay, Uninsured			
			nd Sun by appointment only				
Website:	Interpreter Service		ins welcome; same day	Ages Served:			
www.homes4hopellc.com	Bilingual Saff (Span	ish) appo	ntments available.	12 - 99			
	Interpreters on site						
Mental Health / Addiction Se	ervices Provided:			Specialty Treatments:			
☑ Ability to Prescribe Medica	tion ☑ Individual 1	Therapy	☑ Suboxone Treatment	☑ Anger Management Groups			
☑ Addiction IOP	Medication	Management					
☑ Addiction Outpatient		alth IOP		Treatment/Dual Diagnosis			
☑ Brixadi Treatment				☑ Gambling			
		Evalustions	✓ Vivitrol Treatment				
☑ Group Therapy							
Other Behavioral Health Ser	Other Behavioral Health Services: Addiction transitional housing						

Hudson Health Services						
Address: 1505 Emerson Ave Salisbury, MD 21801 Website: www.Hudson-Health.org	Phone: 410-219-9000 Fax: 410-742-7048 Interpreter Services: Bilingual Saff (Spanish) Language Line	Hours of Operation: Appointment or Walk-ins Mon - Fri 8:00am – 4:00pm	Payment Type(s): Medicaid, Medicare, Private Insurance, Self-Pay, Sliding Fee Scale Ages Served: 18 – End of Life			
Mental Health / Addiction ☑ Ability to Prescribe Medi ☑ Addiction IOP ☑ Detox ☑ Group Therapy ☑ Individual Therapy ☑ Medication Management ☑ Peer Support	cation ☑ PHP ☑ Psychiatric Evaluat ☑ Residedntial Treatr ☑ Transitional Housi ☑ Vivitrol Treatment t	ment Center ng	Specialty Treatments: ☑ Art Therapy ☑ Co-occurring Treatment/Dual Diagnosis ☑ Harm Reduction ☑ Music Therapy			

Sober Living Housing in Georgetown, Delaware. Outpatient services coming in 2024

		Island Car	e Me	ntal Health	
Address: 11022 Nicholas Lane., Unit 2 Suite 1 Berlin, MD 21811	1	Phone: 410-641-5190		Hours of Operation: Call to schedule appointment	Payment Type(s): Medicaid, Medicare, Private Insurance Ages Served: 5+
Mental Health / Addiction Services	s Provid	led:	Sp	ecialty Treatments:	
☑ Ability to Prescribe Medication☑ Family Therapy☑ Individual Therapy	Manag	ledication [agement [Anger Management Groups Co-occuring Treatment/Dual agnosis	✓ Play Therapy✓ First Responders✓ Geriatric Psychiatry✓ LGBTQ✓ PTSD Trauma
Other Behavioral Health Services Depression, Anxiety, Panic Disorder health disorders.					s including Bi-Polar,

Lead4Life, Inc						
Address:	Phone:	Hours of Operation:	Payment Type(s):			
225 N. Division St	443-978-7864	Mon – Thurs - 8:00am – 5:00pm	Medicaid, Self-Pay,			
Salisbury, MD 21801		Fri 8:00am – 3:00 pm	Grants			
		Sat 9:00am – 12:00pm				
Website:	Language Services:		Ages Served:			
www.lead4lifeinc.org	Bilingual Staff (Spanish)	Intakes by appointment only	5 - 65			
	Interpreter Services (Haitian Creole,	Please call to schedule				
	Spanish)					
	Language Line					
Mental Health / Addict	tion Services Provided:	Specialty Treatments:				
	✓ PRP	✓ Anger Management Groups				
☑ Group Therapy	Housing Support	✓ Art Therapy				
✓ Individual Therapy		☑ Co-occurring Treatment/Dual Diagnos	sis			
☐ Trauma						
	Ith Services: Trauma – cognitive behavio and workforce developments.	ral, exposure, psychotherapy. Mind-Body me	dicine approach.			

Address:	Phone:	Crisis Center, Inc Business Office Hours	Payment
P.O. Box 387	410-749-4357 or 211	9:00AM – 5:00PM	Type(s):
Salisbury, MD 21803	(Crisis Line – 24/7)	Counseling services for victims of child abuse, adults molested as children, child witnesses of domestic	Free Counseling
Language: F/F Services offered in English and Spanish.	Domestic Violence Shelter (24/7) Available upon screening	violence, sexual assault and intimate partner violence are upon appointment only at 410-749-4357.	Services
Crisis lines utilize the Language Line.	and approval. Please call number above for screening	Legal services include 24/7 advocacy and legal representation for victims of intimate partner violence if determined to be eligible.	Ages Served: All ages
Mental Health / Addiction S	Services Provided:	Specialty Treatments:	
		☑ Anger Management Groups	
✓ Individual Therapy		☑ Art Therapy	
☑ Group Therapy		☑ Play Therapy	
		☑ Trauma – EMDR, ITR for Child Abuse (Physical &	
		Sexual), Child witnesses to Domestic violence, Adults	
		molested as children, sexual assault, intimate partner violence.	

domestic violence offenders, Community Training and Outreach, Lower Shore Visitation Center.

	Life's Energy Wellness Center Inc.						
Address 1: 2324 West Zion Rd Suite 112 Salisbury, MD 21801 Phone: (800) 867-2395	Address 3: 8737 Brooks Dr. Easton, MD 21601 Phone: (800) 867-2395	Language Services: Bilingual Staff: (Spanish, Haitian Creole)	Hours of Operation: Open Access Walk-In Mon – Fri 10:00am - 2:00pm, Online Telehealth Assessment Mon – Fri 10:00am - 2:00pm		Payment Type(s): Medicaid, Medicare, Private Insurance, Self- Pay, Sliding Fee Scale, Uninsured		
Address 2: 514 Poplar St. Cambridge, MD 21613 Phone: (800) 867-2395		Interpreter Services on site: (Haitian Creole, Spanish) Language Line	Patients should bring if availab ID, Insurance Card, Social Security Card	le	Ages Served: All ages Website/Email: www.lewcinc.org		
Mental Health / Addictio	n Services Provided:	l .	Specialty Treatments:				
 ☑ Ability to Prescribe Me ☑ Addiction Outpatient ☑ Addiction Transitional ☑ Family Therapy ☑ Group Therapy ☑ Individual Therapy ☑ Psychiatric Evaluations ☑ Mental Health IOP ☑ Telehealth Services 	✓ Peer Supp Housing ✓ PRP ✓ Sublocade ✓ Suboxone ✓ Subutex		✓ Anger Management Groups ✓ Co-occurring Treatment/ Dual Diagnosis ✓ Art Therapy ✓ Music Therapy ✓ Play Therapy ✓ LGBTQ+ ✓ Eating Disorders	☑ Fo ☑ Tr Traur Treat ☑ G	ex Offender orensic rauma Informend and ma Responsive tment ambling Treatment arm Reduction Services		

Life Management of Maryland LLC

Address:
212 W. Main St., Suite 308
Salisbury, MD 21801

Website/Email:

Life Management of Maryland LLC

Hours of Operation:
By Appointment Only

Hours of Operation:
By Appointment Only

Medicaid, Private
Insurance, Self-Pay,
Uninsured

Bilingual Staff (Spanish)

Website/Email:

lifemanagementofmaryland.com

Bilingual Staff (Spanish)

Language Line

Ages Served:
7+

Mental Health / Addiction Services Provided:Specialty Treatments:☑ Family Therapy☑ Individual Therapy☑ LGBTQ

✓ Family Therapy✓ Individual Therapy✓ Coup Therapy✓ Telepsychiatry✓ Trauma

Other Behavioral Health Services: Training and Consultation

trauma support groups. LGBTQ+ specific therapy and support groups

LifeMark Inc.							
Address:	Address:	Phone:	Hours of Ope	eration:	Payment Type(s):		
1342 South Division St,	24545 Shortly Rd	443-859-8584	,	sday 8am-4pm	Medicaid, Private		
Suite 401	Georgetown, DE			Thursday 8am-530pm	Insurance, Self-Pay,		
Salisbury, MD 21804	19947	Fax:	Friday 8am -1	lpm	Sliding Fee Scale,		
		443-859-8496			Uninsured		
		Website: www.lifemark.pro	By Appointme	ent Only	Ages Served: 5 – 99		
Mental Health / Addiction	Services Provided:			Specialty Treatments	S :		
☑ Ability to Prescribe Medi	cation	ual Therapy					
		ation Management					
☑ Group Therapy	✓ Telehe	alth Services					
Other Behavioral Health S	Services:						

Lighthouse Counseling & Consulting Services					
Address:	Phone:	Hours of Operation:	Payment Type(s):		
1504 Market St.	410-957-4200	Mon -Thurs 11:00am - 8:00pm	Medicaid, Private		
Pocomoke City, MD 21851		Weekends available by appointment only	Insurance, Self-Pay, Sliding Fee Scale.		
PO Box 281, Pocomoke City, MD	21851		Ŭ		
Mental Health / Addiction Servi	ices Provided:	Specialty Trea	tments:		
✓ Family Therapy	Individual Therapy		r		
☑ Group Therapy	.,		ical Trauma Professional		
04h Dahardanal III-alth 0 da	ear Couples thereny encoistizes in	n cognitive behavioral therapy for dep	cossion and anxiety Trauma		

Lighthouse Counseling Christian Ministry					
Address 1: 314 Franklin Avenue, Ste. 403	Address 2: 1485 Still Meadow Blvd, Unit #3	Hours o Mon - Fr	f Operation: i 8:00am - 8:00pm nent Only	Payment Type(s): Medicaid, Medicare, Private Insurance, Self-Pay, Sliding	
Berlin, MD 21811 Phone: 667-288-1486	Salisbury, MD 21804 Phone: 410-973-2211		: hthousecounselingcm.com	Fee Scale, Uninsured Ages Served: 4+	
Mental Health / Addiction Se	rvices Provided:		Specialty Treatments:		
☑ Addiction Outpatient	✓ Individual Therapy		☑ Anger Management Groups	✓ Play Therapy	
☑ Family Therapy			✓ Eating Disorders✓ LGBTQ	☑ Veterans	
Other Behavioral Health Ser Marriage/Couples Counseling	vices: Youth and Adolescent Co	unseling, <i>F</i>	Addictions Counseling (substance	use, gambling, sex, etc.)	

Maple Shade Youth & Family Services, LLC						
Address 1:	Address 2:	Address 3:	Hour	rs of Operation:	Payment	
23704 Ocean Gateway	11760 Somerset Ave,	382 West Main St.,	Intak	es by appointment only	Type:	
Mardela Springs, MD 21837	Princess Anne, MD 21853	Crisfield, MD 21817			Medicaid	
			Web	site:		
Phone: 410-677-0202	Phone:410-621-5177	Phone:410-968-	WWW	.maple-shade.org	Ages	
Fax: 410-677-0303	Fax: 410-621-5050	3547			Served:	
		Fax: 410-968-1078	_	uage:	5-21	
			Biling	gual Staff (Spanish)		
Mental Health / Addiction Se	rvices Provided			Specialty Treatments:		
✓ Ability to Prescribe Medica				✓ Lesbian/Gay, Bisexual,	Transgondor	
☐ Family Therapy	Psychiatric Evalu	ations		✓ Play Therapy	Transgender	
☐ Group Therapy	✓ Psychiatric Evalue Respite*	ialions		May Hierapy		
☐ Individual Therapy	✓ Respite ✓ Telepsychiatry					
☑ Medication Management		I				
Other Behavioral Health Ser	vices: *Day Respite, Overnig	tht Respite, School base	d thera	ру		

MATClinics					
Address:		Phone:	Hours of Operation:		Payment Type(s):
659 S Salisbury Blvd, Suite 4		410-220-0720	Tues 2:00pm - 7:00pm		Medicaid, Private
Salisbury, MD 21801			Thurs & Sat: 8:00am - 3:00)pm	Insurance, Self-Pay
		Language Services:			
Website:		Bilingual Staff	Intake by appointment		Ages Served:
www.MATClinics.com		(Spanish)			18+
Meltal Health Services Provided:				Specia	alty Treatments:
☑ Ability to Prescribe Medication	✓ Med	lication Management	✓ Brixadi Treatment	☑ Ang	ger Management Groups
✓ Addiction IOP	☑ Psy	chiatric Evaluations		☑ Co	-occurring Treatment/
✓ Addiction Outpatient	☑ Sub	oxone Treatment	✓ Antabuse Treatment	Dual D	Diagnosis
✓ Case Management	☑ Sub	utex Treatment	✓ Naltrexone Treatment	☑ Eat	ting Disorders
✓ Group Therapy	☑ Tele	epsychiatry		☑ Ha	rm Reduction Services
✓ Individual Therapy			✓ Vivitrol Treatment	☑ Les	sbian/Gay, Bisexual,
				Transg	gender, Other LGBTQ*
				✓ Tra	iuma*
Other Behavioral Health Services:	Trauma	Informed, 1:1 Therapy,	Group Therapy, IOP/OP	ı	

Mosaic Counseling & Wellness, LLC					
Address:		Phone:	Hours of C	peration:	Payment Type(s):
207 W Main St		443-614-2348	Mon 8:00ar	m - 6:00pm	Medicaid, Private
Suite #2			Tues 8:00a	m - 2:00pm	Insurance, Self-Pay
Salisbury, MD 21801		Language Services:	Wed 9:00ai	m - 7:00pm	•
		English	Thurs 11:00	0am - 8:00pm	Ages Served:
Website:				·	5+
Mosaiccounselingandwellne	ess.com		Intake by a	ppointment.	
Meltal Health Services Provide	Meltal Health Services Provided: Specialty Treatments:				
	Group Thera	py 🗹 Individual T	herapy	✓ Play Therapy	
Other Behavioral Health Services:					

Open Arms & Hearts Health Services, LLC					
Address:	Phone:	Hours of Operation:		Payment Type(s):	
1532 Ocean Highway, Suite 102	443-437-7128	Mon – Thurs 5:00a	am – 11:00am	Medicaid, Medicare, Self-	
Pocomoke City, MD 21851		Fri 5:00am – 10:0)00m	Pay, Uninsured	
	Language Services:				
	Interpreter Services	Intakes:		Ages Served:	
	(ASL)	Tues - Thurs 5:00am - 9:00am		18+	
	Bilingual Staff (Spanish)				
Mental Health / Substance Abuse	Services Provided:		Specialty Treatment	ts:	
☑ Ability to Prescribe Medication	☑ Methadone Treatment		✓ Anger Manageme	nt Groups	
☑ Addiction IOP	☑ Sublocade		☑ Co-occuring Treat	ment/Dual Diagnosis	
☑ Addiction Outpatient	☑ Subutex Treatment		☑ Gambling	-	
☑ Group Therapy	☑ Suboxone Treatment		☑ Harm Reduction		
✓ Individual Therapy			☑ LGBTQ		
✓ Medication Management	☑ Vivitrol Treatment		✓ Veterans		
Other Behavioral Health Services):		•		

Palmetto Corner						
Address 1:	Address 2:	Phone:	Hours of Operation:	Payment Type(s):		
7888 Parsonsburg Rd.	12360 Palmetto Church Rd	410-881-5200	Clinical Staff Available	Medicaid, Self-Pay,		
Parsonsburg, MD	Princess Anne, MD 21853		8:00 am – 8:00pm	Uninsured		
21849		Fax:	Call for a screening			
		410-304-6919		Ages Served:		
			Language Services:	18+		
			Language Line			
Mental Health / Addiction	on Services Provided:	1	Specialty Treatments:			
	✓ Individual Therapy					
☑ Group Therapy	☑ Vivitrol Treatment					
Other Behavioral Healt	Other Behavioral Health Services: Level 3.3 and 3.5, Withdrawal Management, Peer Support.					

Pe	eninsula Menta	l Health Servic	es and Peninsula Addictions Serv	ices
Address:		Phone:	Hours of Operation:	Payment Type(s):
102 West Market St.		410-860-2673	Mon – Fri 8:00am – 8:00pm	Medicaid, Private
Salisbury, MD 21801				Insurance, Self-Pay,
		Fax:	Intakes can be scheduled or walk-in; patients should bring identification and	Uninsured
		410-860-0450	insurance card or proof of applying for	Ages Served:
			health insurance.	18 +
Mental Health / Addiction	Services Provide	ed:	Specialty Treatments:	
☑ Ability to Prescribe	☑ Medication I	Management	☑ Co-occurring Treatment/Dual Diagnos	sis
Medication	☑ Outpatient N	/lental Health	☑ First Responders	
☑ Addiction IOP		reatment	☑ Forensic	
☑ Addiction Outpatient	Vivitrol Trea	tment	☑ LGBTQ	
☑ Group Therapy		atment	☑ Trauma - Veterans	
☑ Individual Therapy		Services		
☑ Family Therapy				
Other Behavioral Health	Services:		•	

Perdue Art Therapy & Counseling					
Address:	Phone:	Hours of Operation:	Payment Type(s):		
1147 S. Salisbury Blvd. Ste 8	443-735-4114	Intakes by appointment only	Self-Pay		
#381					
Salisbury, MD 21801	Fax:		Ages Served:		
•	443-440-5640		20-99		
Mental Health / Addiction Services Provided:		Specialty Treatments:			
✓ Individual Therapy		✓ Art Therapy			
☑ Telehealth Services		☑ Early onset Alzheimer/Dementia			
Other Behavioral Health Services: Dementia, family/caregiver support, support groups, creative aging consulting					

Recovery 180 (Men Only)				
Address 1: 5438 Sandy Hill Road Quantico, MD 21856	Hours of Operation: Appointment Only	Payment Type(s): Medicaid		
Phone: 240-681-9654	Website: Recovery180md.com	Ages Served: 18 - 85		
Mental Health / Addiction Services F ✓ Addiction Transitional Housing	Provided: ☑ Group Therapy	Specialty Treatments:		
Other Behavioral Health Services:				

ReEnvision Counseling & Reiki Healing, LLC					
Address:	Phone:	Hours of O	peration:	Payment Type(s):	
313 West London Ave	410-618-1990	Tues - Fri 9:	:00am-5:00pm	Medicaid, Private	
Salisbury, MD 21801		Intakes by a	ppointment only	Insurance, Self-Pay,	
	Language Services:				
Website:	N/A			Ages Served:	
www.reenvisioncounseling.com				18 - 64	
Mental Health / Substance Abuse Servi	ices Provided:	.	Specialty Treatmer	its:	
✓ Individual Therapy			☑ Co-occurring Treament/Dual Diagnosis		
☑ Telehealth Services		☑ LGBTQ		G	
			☑ Trauma (Sexual	Trauma)	
Other Behavioral Health Services: Depression, Anxiety					

Restorative Behavioral Health, Inc.						
Address: 9956 N. Main Street, Suite 4 Berlin, MD 21811	Phone: 667-288-1566	Hours of Operation: Mon - Fri 9:00am – 5:00pm Intakes are by appointment only.		Payment Type(s): Medicaid, Medicare, Private Insurance, Self Pay, Sliding Fee Scale, Uninsured		
Website/Email: www.rbhi.net		Langu N/A	age Services:	Ages Served: 0 - 99		
Mental Health / Addiction Service	ces Provided:			Specialty Treatments:		
☑ Ability to Prescribe Medication☑ Family Therapy☑ Group Therapy☑ Individual Therapy	✓ Medication Manage✓ Psychiatric Evaluat		✓ Suboxone Treatment✓ TCM for Adults✓ Telepsychiatry	✓ Anger Management Groups✓ Eating Disorders✓ Geriatric✓ Play Therapy✓ Veterans		
Other Behavioral Health Service	es: Certified Spravato Tr	eatmen	t Center, Medical Marijuar	na Certification		

Address:	Phone:	Hours of Op	peration:	Payment Type(s):
11022 Nicholas Lane, Unit 2	443-365-0699):00am – 5:00pm	Self-Pay
South Ocean Pines			•	
Berlin, MD 21811			Counseling by	Ages Served:
		appointment	t	18+
Website:				
safeharbouraddictioncounseling.com				
Substance Abuse Services Provided:			Specialty Treatme	ents:
✓ Individual Therapy				
☑ Group Therapy				
✓ Addiction Outpatient				

Seaside Counseling & Wellness Center						
Address: 314 Franklin Ave, Suite 306 Berlin, MD 21811	Phone: 410-973-2525 Fax: 410-973-2527	Hours of Operation: Intakes by appointment only. Hours of operation vary by practitioner. Website: www.seasidecounselingandwellness.com		Payment Type(s): Medicaid, Medicare, Private Insurance, Self- Pay, Sliding Fee Scale Ages Served: 4+		
Mental Health / Addic	tion Services Provided:	1	Specialty Treatments:			
✓ Family Therapy	✓ Individual Therapy ✓ Teleheal	th Services				
Other Behavioral Hea	Ilth Services:					

Second Chance Behavioral Health Center, LLC						
Address:	Phone:	Hours of	Operation:	Payment Type(s):		
224 Phillip Morris Dr.	667-221-5483	Walk-In 9:	00am – 4:00pm	Medicaid		
Salisbury, MD 21804						
		No Appoin	tment Needed	Ages Served:		
Website:				21 - 65		
www.Secondchancebh.com						
Mental Health / Addiction Services Pr	ovided:		Specialty Treatments:			
✓ Addiction IOP ✓	Individual Therapy		✓ Anger Management Gro	pups		
	Medication Manageme	nt	☑ Co-Occuring Treatment/	Dual Diagnosis		
☑ Group Therapy	PHP		-	-		
Other Behavioral Health Services:			1			

Somerset County Health Department						
Address:	Hours of Operation:		Payment Type(s):			
8928 Sign Post Rd.	Mon - Fri 8:00am - 4:30pm		Uninsured			
Suite 2						
Westover, MD 21871			Ages Served:			
	Website:		0			
Phone:	www.somersethealth.org					
443-523-1722	-					
Mental Health / Addiction Services Provided:		Specialty Treatme	ents:			
✓ Peer Support		N/A				
		111/71				
Other Behavioral Health Services:						

Address: 11674 Somerset Ave,	Phone: 410-621-5739	Hours of Opera	tion:	Payment Type(s): Uninsured
Princess Anne, MD 21853		8:00am - 4:30pm	า	J
Website: www.somersethealth.org	Fax: 410-621-5426	Language Serv Interpreter Servi	ices:	Ages Served: 18+
Mental Health / Addiction Services P	rovided:		Specialty Treatr	nents:
✓ Peer Support✓ Group Support Meetings✓ State Care Coordination Services	☑ Re-Entry Services☑ Telehealth Services		✓ Anger Manag ✓ Veterans	ement Groups

Stange, Carol, LCSW					
Address: 106 Circle Ave. Salisbury, MD 21801	Phone: 410-430-0727	Hours of Operation: Call to schedule appointment Tues, Thurs, and Fri 1:00pm – 8:00pm	Payment Type(s): Medicaid, Medicare, Private Insurance, Self-Pay Ages Served: 18+		
Mental Health / Addiction Provided: ☑ Family Therapy ☑ Individual Therapy	on Services	Specialty Treatments:			
Other Behavioral Healtl	n Services:	1			

Step Up From Grace, LLC (Women Only)					
Address 1: 514 Rose St. Salisbury, MD 21801 Phone: 410-831-1577 Address 3: 11600 Beckford Ave Princess Anne, MD 21853	Address 2: 1304 South Division St Unit 1 Salisbury, MD 21801 Phone: 443-953-9046	Hours of Operation: Outpatient Intakes: Walk-in or by appointment 8:00am – 4:00pm Evenings are available upon request. Residential Intakes: by appointment only-	Payment Type: Medicaid, Self-Pay, Sliding Fee Scale Ages Served: 5-99+ Language Services: Language Line Email: stepupfromgracellc@gmail.com		
Mental Health / Addiction ☑ Addiction IOP ☑ Addiction Outpatient	Services Provided:	open 24/7	Specialty Treatments:		

Peer Support, Transportation, Life Skills and 24-Hour in-house support

The Personal Wellness Center Address: Phone: **Hours of Operation:** Payment Type(s): Medicaid, Medicare, 6508 Deer Pointe Dr 410-742-6016 Call to schedule appointment Mon - Thurs 8:00am - 7:00pm Private Insurance, Suite 4C Fax: 410-742-6014 Fri 8:00am - 2:30pm Self-Pay, Sliding Fee Salisbury, MD 21804 Scale Website/Email: **Language Services:** www.thepersonalwellnesscenter.com Bilingual Staff Ages Served: 3 - 65 (Haitian Creole and Spanish) Mental Health / Addiction Services Provided: **Specialty Treatments:** ✓ Ability to Prescribe Medication ☑ Medication Management ✓ Art Therapy ✓ Music Therapy ☑ Psychiatric Evaluations ✓ Play Therapy ✓ Geriatric ✓ Trauma ✓ Individual Therapy ✓ Telepsychiatry

TidalHealth					
Address 1: 100 E. Vine St Salisbury, MD 21801	Address 2: 100 E. Carroll St. Salisbury, MD 21801	Hours of Operation: Intake is by appointment only.	Payment Type: Medicaid, Medicare, Private Insurance, Self-Pay, Sliding Fee Scale, Uninsured		
Phone:410-543-7119	Phone: 410-912-5635		Ages Served:		
Address 3: 201 Hall Highway	- -	Language Services: Interpreter Services	5-99+		
Crisfield, MD 21817 Phone: 410-968-1801			Website: www.tidalhealth.org		
Mental Health / Addiction	Services Provided:		Specialty Treatments:		
 ☑ Ability to Prescribe Med ☑ Addiction Outpatient ☑ Family Therapy ☑ Individual Therapy ☑ Medication Managemer 	☑ P ☑ V ☑ T	Mental Health Inpatient PHP (ivitrol Treatment elepsychiatry	✓ Play Therapy✓ Co-occurring Treatment/ Dual Dlagnosis✓ Play Therapy		
Other Behavioral Health S	Services: Transcranial Magr	netic Stimulation, EMDR	I		

		Universality Heal	th Care	, LLC	
Address:	Address:		Hours	of Operation:	Payment Type(s):
547 Riverside Drive	11779 Somerset Ave. Mo		Mon – F	Fri 9:00am – 5:00pm	Medicaid,
Salisbury, MD 21801	Princess An	ne, MD 21853			Medicare,Private
			Walk-In	S:	Insurance, Self-Pay,
Phone:	Phone:		Mon – 7	Thurs: 11:00am – 2:00pm	Sliding Fee Scale,
443-355-7517	443-355-75	17			Uninsured
			Websit		
			www.ur	niversalityhealthcare.com	Ages Served:
					4 - 99
Mental Health / Addiction	Services Pro	vided:		Specialty Treatments:	
☑ Ability to Prescribe Media	cation	☑ Medication Management	t	☑ Anger Management Gr	oups
☑ Addiction IOP		☑ Menal Health IOP		☑ Art Therapy	
☑ Addiction Outpatient		☑ PRP		☑ Co-occurring Treatmer	nt/Dual Diagnosis
☑ Family Therapy		☑ Psychiatric Evaluations		☑ Eating Disorders	
☑ Group Therapy					
✓ Individual Therapy		☑ Telepsychiatry		☑ Harm Reduction	
		☑ Vivitrol Treatment		✓ Play Therapy	
Other Behavioral Health S	ervices:				

White Flint Recovery, Eastern Shore, Inc.						
Address 1:	Hours of Operation:	Phone:	Language	Payment Type(s):		
207 E. Main St.	Mon - Fri 10:00am - 6:00pm	410-749-6422	Services:	Medicaid, Private		
Salisbury, MD 21801			Spanish	Insurance, Self-Pay,		
		Fax:		Sliding Fee Scale,		
		410-749-7861		Uninsured		
				Ages Served: 16+		
Mental Health / Addiction Service	es Provided:		Specialty Treatn	nents:		
☑ Addiction IOP ☑ 0	Group Therapy ☑ Vivitrol	Treatment	N/A			
☑ Addiction Outpatient ☑ I	ndividual Therapy					
Other Behavioral Health Service	s:					

	Wicomico County H	ealth Department -	Behavioral I	lealth ealth	
Address: 108 E. Main St. Salisbury, MD 21801	Phone: Addictions: 410-742-3784	Hours of Operation: Mon, Wed, Thurs 8:00am - 8:00p Tues, Friday 8:00am - 5:00pm		Payment Type(s): Medicaid, Medicare, Private Insurance, Self-Pay, Uninsured	
Website/Email: www.wicomicohealth.org	Mental Health: 410-334-3497 Language Services: Language Line Interpreter Services	Addictions: Walk-in: Mon - Fri 8:00am – 5:00 * Bring ID and Insurance Mental Health: Call for an appointment	ce card	Ages Served: Addictions: 12 + Mental Health: 4 +	
Mental Health / Addiction	Services Provided:		Specialty Treatments:		
 ☑ Ability to Prescribe Medi ☑ Addiction IOP ☑ Addiction Outpatient ☑ Brixadi Treatment ☑ Group Therapy ☑ Individual Therapy 	cation ☑ Medication ☑ Methadone ☑ Suboxone T ☑ Telehealth S ☑ Vivitrol Trea	Treatment Freatment Services	☑ Co-occurri ☑ Forensic	ng Treatment/Dual Diagnosis	
Other Behavioral Health S	Services:				

Wicom	Wicomico County Health Department – Targeted Case Management					
Address:	Phone:	Hours of Operation:	Payment Type(s):			
Physical:	410-543-6790	Mon – Fri 8:00am – 5:00pm	Medicaid, Uninsured			
801 N. Salisbury Blvd						
Suite 102	Language Services:	Website:	Ages Served:			
Salisbury, MD 21801	Language Line	www.wicomicohealth.org	18+			
Mailing:	Interpreter on site:					
108 E Main St	ASL, Haitian Creole and					
Salisbury, MD 21801	Spanish					
Mental Health / Addiction Service	oos Providad:	Specialty Treat	monte			
		-				
☑ Peer Support	✓ TCM for Adults	☐ Harm Reduc	• • • •			
☑ State Care Coordination		☑ Case Manag	gement to Specific Popluations			
Services						
Other Behavioral Health Service	es:	1				

	Wor	cester County Health D)epartment	
Main Office Address: 6040 Public Landing Rd, Snow Hill, MD 21863 Phone: 410-632-1100			Hours of Operation: Please call for the most up to date hours of operation.	Payment Type(s): Medicaid, Medicare, Private Insurance, Self- Pay, Sliding Fee Scale, Uninsured
Satellite Office 1: Worcester Addiction Cooperative Services (W.A.C.S) 11827 Ocean Gateway Ocean City, MD 21842 Phone: 410-213-0202	Satellite Office 2: Berlin Health Center 9730 Healthway Dr. Berlin, MD 21811 Phone: 410-629-0164	Satellite Office 3: Pocomoke Health Center 400-A Walnut St. Pocomoke, MD 21851 Phone: 410-957-2005	Intakes are available by appointment in Snow Hill, Pocomoke, Berlin and WACS. Language Services: Language Line, Interpreter Services	Ages Served: All ages Website/Email: www.worcesterhealth.org
✓ Addiction Outpatient ✓ Suboxo		chiatry	Specialty Treatments: ☑ Anger Management Grou ☑ Co-occurring Treatment/Dual Diagnosis ☑ First Responders ☑ Gambling	ups ☑ Harm Reduction ☑ LGBTQ ☑ Trauma ☑ Veterans

Other Behavioral Health Services: Sublocade/Buprenorphine, Cognitive Behavior Intervention for Trauma in Schools (Bounce Back / CBITS), Eye Movement Desensitization and Reprocessing Therapy (EMDR), Acceptance and Commitment Therapy (ACT), Mindfulness Based Stress Reduction (MBSR), Dialectical Behavior Therapy (DBT), Exposure and Response Prevention (ERP), Cognitive Behavioral Therapy (CBT), Dyadic Developmental Psychotherapy (An Attachment Based Family Therapy) DDP, and Trauma Focused Cognitive Behavioral Therapy (TF-CBT)

Worcester Youth & Family Counseling Services, Inc					
Address:	Phone:	Hours of Operation:	Payment Type(s):		
124 North Main St. Suite C	410-641-4598	By appointment only	Medicaid, Medicare,		
Berlin, MD 21811			Private Insurance, Self-		
			Pay, Sliding Fee Scale,		
Website/Email:	Fax:		Uninsured		
www.gowoyo.org	410-641-4696				
			Ages Served:		
			4+		
Mental Health / Addiction Services Provided:		Specialty Treatments:			
☑ Family Therapy		☑ LGBTQ			
✓ Individual Therapy		✓ Play Therapy			
☑ Couples Therapy					
☑ Telehealth Services					
Other Rehavioral Health Comings	· Alpha Stim madical Daviso	Animal Assisted Thorany ALLIES Croup	(ALLIES = Authoritically)		
Other Behavioral Health Services: Alpha-Stim medical Device, Animal Assisted Therapy, ALLIES Group (ALLIES = A					
Loving Lives and Identities throu	an Education and Suppor	T)			

Wraparound Maryland					
Address:	Phone:	Hours of Operation:		Payment Type(s):	
1118 East Main Street	410-219-5070	Mon - Fri 8:00am – 5:00pm		Medicaid, Uninsured	
Salisbury, MD 21804					
		Language Services:			
Website/Email:	Fax:	Language Line		Ages Served:	
www.wraparoundmd.com	410-219-5072			4+	
info@wraparoundmd.com					
Mental Health / Addiction Services Provided:			Specialty Treatments:		
☑ CCO/1915i TCM for Youth			☑ LGBTQ – Safe Spaces, LGBTQ Informed		
▼ TCM for Adults					
☑ Telehealth Services					
Other Behavioral Health Services: Provides mental health case management to children and youth in Somerset, Wicomico and					
Worcester Counties. TCM Plus without Medicaid. Provides adult targeted case management services in Somerset County.					
The second of the second secon					

Regional Behavioral Health Providers

Address:	Phone:	Hours of Operation:		Payment Type(s):	
300 Scheeler Rd.	410-778-6404		24/7 Facility		Medicaid, Self-Pay,
Chestertown, MD 21620	Press 1 for admissions.		Intake by appointment Walk-ins on Mon & Wed 9:00 – 11:30am		Uninsured
Website/Email:	Fax:				Ages Served:
Kenthd.org	855-719-2505		Admission email: kchdwhitadm@maryland.gov		18+
	Language Services:				
	Language Line				
Mental Health / Addiction	n Services Provided:			Specialty Treatments	
☑ Ability to Prescribe	✓ Medication	Subur	tex Treatment	☑ Anger Management	
Medication	Management	✓ Vivitro	ol Treatment	Groups	
☑ Addiction Inpatient	☑ Peer Support				
☑ Detox	☑ Psychiatric Evaluations		Stabiliztion Beds	☑ Co-occurring	
				Treatment/Dual	
☑ Group Therapy				☑ Harm Reduction	
☑ Individual Therapy				Diagnosis	
Other Behavioral Health	Services: Work with Methad	done provid	ders to continue while	e inpatient.	

Avenues Recovery Center at Eastern Shore					
Address: 821 Fieldcrest Road Cambridge, MD 21613	Phone: 410-673-4600	Hours of Operation: To set up an appointment with an intake coordinator please email: admissionesmd@avenuesrecovery.com		Payment Type(s): Medicaid, Medicare, Private Insurance, Self- Pay Ages Served: 18+	
Mental Health / Addiction Service			Specialty Treatments		
✓ Addiction IOP	✓ Medication Management		☑ Co-occurring Treatment/Dual Diagnosis		
			☑ LBGTQ		
	☑ PHP				
✓ Detox	☑ Residential Tresatment Center				
	☑ Suboxone Treatment				
		ıt			
✓ Individual Therapy		es			
	✓ Vivitrol Treatment				
Other Behavioral Health Service	es:				

Regional Behavioral Health Providers

		BrightView		
Address 1: 12417 Ocean Gtwy, Suite 7 Ocean City, MD 21842 Phone: 833-510-4357	Address 2: 402 Marvel Ct, Easton, MD 21601 Phone: 410-822-7150	Hours of Operation: Mon – Wed 5:30am - 2:00p Fri 5:30am - 11:00am Closed Sat - Sun Website: www.brightviewhealth.	m	Payment Type(s): Medicaid, Private Insurance, Self-Pay Ages Served: 18+
Mental Health / Addiction S	ervices Provided:	www.brightviewnealth.v	Specialty Treatme	ents:
✓ Addiction Outpatient ✓ Medicat ✓ Ability to Prescribe Medication ✓ Methad ✓ Group Therapy ✓ Suboxo		ation Management done Treatment kone Treatment ealth Services	Specially 11 dams	
Other Behavioral Health Se	rvices:			

Community Behavioral Health						
Address 1:	Address 2:	Address 3:	Hours of Operation:	Payment		
809 Eastern Shore Dr.	107 East Market St.	30519 Prince William St	Mon - Fri 9:00am - 5:00pm	Type(s):		
Salisbury, MD 21804	Snow Hill, MD 21863	FL 1	Online Intakes Available	Medicaid,		
		Princess Anne, MD		Medicare, Private		
Phone:	Phone:	21853	Language Services:	Insurance, Self-		
844 224-5264	844 224-5264		Interpreter Services	Pay, Sliding Fee		
Ext. 12	Ext. 16	Phone:	Bilingual Staff (Spanish)	Scale		
		844 224-5264				
		Ext.1	Website/Email:	Ages Served:		
			www.communitybehavioralhealth.net	All ages		
			www.sommanitybonavioramoaian.not			
Mental Health / Addiction	on Services Provided:	Specialty Treatments:				
☑ Ability to Prescribe M	ledication		✓ Anger Management	☑ Geriatric		
☑ Addiction IOP	✓ Psych	niatric Evaluation	✓ Art Therapy	☑ LBGTQ		
☑ Addiction Outpatient		te	☑ Co-occurring Treatment/Dual	☑ Play Therapy		
☑ Family Therapy	✓ Subo	xone Treatment	Diagnosis			
· · · · · · · · · · · · · · · · · · ·		tex Treatment	☑ Eating Disorders			
✓ Individual Therapy ✓ Teleps		sychiatry		✓ Veterans		
☑ Medication Management		ol Treatment	☑ Gambling			
✓ Mental Health IOP			-			
Other Behavioral Health Services: Teen Intervene Substance Abuse Education, ACES Trauma Informed Care						

Regional Behavioral Health Providers

Compass Health Services Hours of Operation: Address 1: Address 2: Payment Type(s): Mon - Fri 9am - 5pm Medicaid, Medicare, Private 2326 Goddard Parkway, 100 East Patapsco Ave, Suite A Suite E Intakes by appointment only Insurance, Self-Pay, Sliding Fee Salisbury, MD 21801 Brooklyn, MD 21225 Scale Website/Email: Phone: Phone: Compasshealthservices.com Ages Served: 443-978-7803 667-239-3144 Children, Adolescents, Adults Mental Health / Addiction Services Provided: **Specialty Treatments:** ✓ Ability to Prescribe Medication ✓ Medication ☑ Anger Management Groups Management ☑ Co-occurring Treatment/Dual Diagnosis ☑ Suboxone Treatment ✓ Individual Therapy ☑ Psychiatric Evaluations ✓ Mental Health IOP ✓ Telehealth Services **✓** PRP Other Behavioral Health Services: PTSD due to Domestic Violence, Child Maltreatment, War-Related Trauma, Medical Trauma. Traumatic Loss, Natural Disasters

		Cove	Recovery, LLC		
Address 1:	Address 2: Hours of Operation:		n:	Payment Type(s):	
540 Riverside Dr., Ste 8,	828 Airpax Rd., Ap		Appointments and w	valk-ins for intake	Medicaid, Medicare,
Salisbury, MD 21801	Bldg. B S	Ste 300	Mon - Fri 9:00am - 5	5:00pm	Private Insurance, Self-
·	Cambrid	ge, MD 21613	Please bring ID and Insurance Card		Pay, Sliding Fee Scale, Uninsured
			Phone: 410-548-3333		
Address 3: 30256 Mt. Vernon Road Unit A Princess Anne, MD 21853	Unit 2	6 Old Ocean City Blvd. Website:		1	Ages Served: 6+ Mental Health 18+ Substance Abuse
Mental Health / Addiction	Services	Provided:		Specialty Treatment	S:
☑ Ability to Prescribe Medi	cation	✓ Medication Manager	ment	☑ Geriatric	
✓ Addiction IOP				☑ Co-occurring Treatment/ Dual Diagnosis	
✓ Addiction Outpatient		✓ Suboxone Treatmer	nt	✓ Anger Management Groups	
✓ Family Therapy ✓ Vivitrol Treatment			☑ LGBTQ	•	
✓ Group Therapy			☑ Trauma Informed ⁻	Therapy	
✓ Individual Therapy					•
Other Behavioral Health S	Services:				

		D	over Behavioral Health	System	
Address 1:	Address 2:		General Phone:	Language Services:	Payment Type(s):
725 Horsepond Rd.	405 S. Bedford St	t.	855-609-9711	Interpreter services	Medicaid, Medicare,
Dover, DE 19901	Suite 5		Fax:		Private Insurance,
	Georgetown, DE	19947	302-588-5724	Hours of Operation:	Self-Pay
Phone:	(PHP)			Dover Office walk-in 24hrs.	
302-747-1100	Phone:		Website/Email:	Georgetown Office Mon-Fri,	Ages Served:
	302-747-1421		www.doverbehavioral.com	8am-4pm	12+
Mental Health / Addiction Services Provided:			Specialty Treatments		
☑ Ability to Prescribe	Medication	☑ Grou	up Therapy	✓ Anger Management Groups	
☑ Addiction Inpatient			lication management	☑ Art Therapy	
✓ Addiction IOP ✓ PHP			☑ Co-occurring Treatment/Dual Diagnosis		
✓ Addiction Outpatient ✓ Psyc		chiatric Acute Inpatient	✓ Music Therapy		
	(Dover Only)		ver Only)	☑ Telepsychiatry	
☑ Family Therapy ☑ Psyc		chiatric Evaluations	☑ Veterans		
Other Behavioral Hea	alth Services:				

	Eastern Shor	e Hosp	ital Center	
Address: 5262 Woods Rd. Cambridge, MD 21613 Website/Email: https://health.maryland.gov/ESHC	Hours of Operatio 24/7, intakes gener by appointment Phone: 410-221-2558	ally 300	Language Services: Phone, written, visual, and on-site interpretation.	Ages Served: 18+
Mental Health / Addiction Services P	rovided:	Specia	ty Treatments	
☑ Psychiatric Acute Inpatient		☑ Ang	er Management Groups	☑ Trauma
		☑ Art 🗆		✓ Forensic
		☑ Co-c	occurring Treatment / Dual	
		Diag	nosis	

		Hud	son Health Services	
Address:	Phone:		Hours of Operation:	Payment Type(s):
1505 Emerson Ave	410-219-9000		Walk-in assessment hours	Medicaid, Private Insurance, Self-Pay,
Salisbury, MD 21801			Mon - Fri 8:00am – 2:00pm	Sliding Fee Scale
·	Fax:		·	
Website:	410-742-7048		Appointments taken 24/7	Ages Served:
www.Hudson-Health.org				18 – End of Life
	Interpreter Services	S :		
	Interpreter on site (S	panish)		
	Interpreter services			
Mental Health / Addiction Services Provided:				Specialty Treatments:
✓ Ability to Prescribe Med		I P		✓ Anger Management Groups
✓ Addiction IOP		vchiatric l	Evaluations	✓ Art Therapy
☑ Addiction Transitional F		•	I Treatment Center	☑ Co-occurring Treatment/Dual Diagnosis
☑ Detox	•	vitrol Trea	tment	☑ Harm Reduction
☑ Group Therapy				✓ Music Therapy
✓ Individual Therapy				✓ Pet and Equine Therapy
✓ Medication Managemer	nt			
✓ Peer Support				
	Services: Hudson Hea	alth Servi	ces' Halfway and Transitional H	Houses are located in Salisbury, Maryland and
in Georgetown, Delaware.				

		Life's	Energy Wellness	Center Inc.		
Address 1:	Address	3:	Language	Hours of Operation:		Payment Type(s):
2324 West Zion Rd	8737 Brod	oks Dr.	Services:	Open Access Walk-In		Medicaid, Medicare,
Suite 112	Easton, M	1D 21601	Bilingual Staff:	10:00am-2:00pm		Private Insurance, Self-
Salisbury, MD 21801			(Spanish, Haitian	Mon -Fri		Pay, Sliding Fee Scale,
Phone: (800) 867-2395	Phone: (8	300) 867-2395	Creole)	Online Telehealth		Uninsured
				Assessments		
			Interpreter Services	10:00am-2:00pm		Ages Served:
Address 2:			on site:	Mon-Fri		All ages
514 Poplar St.			(Haitian Creole,			
Cambridge, MD 21613			Spanish)	Patients should bring if		Website/Email:
				available ID, Insurance Ca	ard,	www.lewcinc.org
Phone: (800) 867-2395			Language Line	Social Security Card		
Mental Health / Addictio	n Services	Provided:		Specialty Treatments:		
☑ Ability to Prescribe Me	dication	☑ Medication	Management	☑ Anger Management	abla S	Sex Offender
☑ Addiction Outpatient		☑ Peer Support	ort	Groups	✓F	orensic
☑ Addiction Transitional	Housing	☑ PRP			☑ T	rauma Informend and
			Treatment	Treatment/Dual	Trau	ıma Responsive
☑ Group Therapy			Treatment	Diagnosis	Trea	atment
☑ Individual Therapy		✓ Subutex Tr	eatment	☑ Art Therapy		Sambling Treatment
☑ Psychiatric Evaluation:	S	✓ Vivitrol Treat	atment	☑ Music Therapy	☑ F	larm Reduction Services
				☑ Play Therapy		
				☑ LGBTQ+		
				☑ Eating Disorders		
				prevention. Trauma – Gende	r spec	cific trauma treatment and
trauma support groups. L	GBTQ+ spe	ecific therapy an	d support groups			

He	althPort Assertive Commun	ity Treatment	(ACT) Team	
Address 1:	Phone:	Language Serv	vices:	Payment Type(s):
431 E. Main St	410-341-3420	On Demand Inte	erpreter Services	Medicaid, Medicare,
Salisbury, MD 21801		ASL		Uninsured
	Referrals:			
Address 2:	410-341-3420 Option 1 or	Website/Email:		Ages Served:
828 Airpax Rd	referrals@lowershoreclinic.org	www.lowershore		18+
Cambridge, MD 21623		Live chat via w	ebsite	
Mental Health / Addiction Service	s Provided:		Specialty Treatn	nants:
✓ Ability to Prescribe Medication	☑ Peer Support		✓ Co-occurring	Freatment/Dual Diagnosis
☐ Individual Therapy	☑ SEP/MHVP			
☑ Medication Management				
✓ Mobile Treatment/ACT				
Other Behavioral Health Services			ı	

	Rockford	Center		
Address: Phone:		Hours	of Operation:	Payment Type(s):
100 Rockford Dr.	302-996-5480	24/7, 30	65 days a year	Medicaid, Medicare,
Newark, DE 19713				Private Insurance, Self-
Website/Email: www.rockfordcenter.com		_	age Services: anguages upon request	Pay Ages Served: 4+
Mental Health / Addiction Service	s Provided:	L	Specialty Treatments	1
☑ Ability to Prescribe Medication	☑ Medication Management		Anger Management (Groups Music Therapy
☑ Addiction Inpatient	☑ PHP		☑ Art Therapy	✓ Veterans
☑ Addiction IOP	☑ Psychiatric Acute Inpatient			
✓ Detox	☑ Psychiatric Evaluations		Treatment/Dual Diagr	nosis
			☑ Geriatric	
Other Behavioral Health Services	:			

	Sun Behavio	ral Health		
Address: 21655 Biden Ave Georgetown, DE 19947	Phone: 302-604-5600	Hours of Op Appointmen	peration: ts and Walk-in 24/7	Payment Type(s): Medicare, Medicaid, Private Insurance, Self-
Website: Sundelaware.com	Language Services: Language Line			Ages Served:
Meltal Health / Addiction Services F	Provided:		Specialty Treatmen	nts:
✓ Addiction Inpatient ✓ Addiction IOP ✓ Detox ✓ Family Therapy	✓ Mental Health IOP✓ Peer Support✓ PHP✓ Psychiatric Acute Inpate	atient	✓ Co-occurring Tre ✓ Music Therapy ✓ Veterans	atment/Dual Diagnosis
✓ Group Therapy Other Behavioral Health Services:	E r Sychiatric Acute Imp	au c ni		

University of Ma	ryland Shore Behavioral	Health Substar	nce Disorders	Program
Address:	Phone:	Hours of Operat	tion:	Payment Type(s):
219 South Washington St.,	410-822-1000 ext.5452	Call to schedule	appointment	Medicaid, Medicare,
Easton, MD 21601		Mon - Fri		Private Insurance,
	_			
	Fax:			Ages Served:
	410-819-8736			18+
Mental Health / Addiction Services P	rovided:		Specialty Treat	ments
☑ Ability to Prescribe Medication	☑ Peer Support		☑ Co-occurring	Treatment/Dual Diagnosis
	☑ Psychiatric Evaluation			
1	☑ Vivtrol Treatment			
☑ Group Therapy				
✓ Individual Therapy				
Other Behavioral Health Services: A	cute inpatient hospitalization			

		Warwick Manor	Behavioral H	lealt	h	
Address:		Phone:	Hours of		Payment Type(s):	
3680 Warwick Rd.		410-943-8108	Operation:		Medicaid, Private Ins	urance, Self-Pay
East New Market, MD 2163	31		24/7			
					Ages Served:	
Website/Email:		Fax:			18+	
		410-943-1063				
				,		
Mental Health / Addiction					ecialty Treatments	
Ability to Prescribe				$\overline{\mathbf{V}}$	Anger Management	
Medication	☑ Group There	apy	ric		Groups	✓ Music Therapy
☑ Addiction IOP	Medication	Evaluations			Co-occurring	
✓ Detox	Management	✓ Vivitrol 1	reatment		Treatment/Dual	
					Diagnosis	
Other Behavioral Health 6	Pamilana.					
Other Behavioral Health S	services:					

Affordable Health Care Assistance

Maryland Children's Health Program (MCHP)

Provides enrollment assistance into the Maryland Medicaid Program. Medicaid offers free or low-cost health insurance to children, families, pregnant women, and adults that meet certain eligibility requirements. To qualify for Medicaid, you must be a Maryland resident, be a U.S. Citizen or have a valid immigration status and meet financial requirements. Individuals can apply online at MarylandHealthConnection.gov. For more assistance and information

Somerset County Health Department:

Phone: 443-523-1740

Wicomico County Health Department:

Phone: 410-543-6944

Worcester County Health Department MCHP

Eligibility Staff:

Phone: 410-629-0164 (Health Department in Berlin) or

410-632-1100 (Health Department in Snow Hill)

Administrative Care Coordination Program (ACC)/ Ombudsman

Provides outreach and education to the Medicaid Population. ACC staff help Medicaid recipients understand their benefits and how to access and appropriately use the health care services provided through their Managed Care Organization (MCO). The **ACC Ombudsman** acts as an advocate for Medicaid recipients with complex medical needs and offers compliant resolution services.

Somerset County Health Department:

Phone: 443-523-1700

Worcester County Health Department ACC/Ombudsman Eligibility Staff:

Phone: 410-629-0164 (Health Department in Berlin) or

410-632-1100 (Health Department in Snow Hill)

Lower Shore Health Insurance Assistance Program (LSHIAP)

Provides outreach, education, and enrollment assistance for the uninsured and underinsured residents of Somerset, Wicomico, and Worcester counties. Certified Navigators within the program provide aid to the consumers by not only providing in-person assistance with the enrollment process through Maryland Health Connection (MHC), but also by working with the consumer pre and post enrollment to ensure linkage to appropriate health related resources and continuity of care. Please visit our website or call us to speak with a Certified Navigator to address questions and/or schedule an in-person appointment.

Phone: 1(855)445-5540 Website: lowershorehealth.org Facebook: @lowershorehealth

Twitter: @LSConnector

Address: 6040 Public Landing Rd.. Snow Hill, MD 21863

Low-Cost Medical Providers – Chesapeake Health Care

Woodbrooke - Adult Medicine

1665 Woodbrooke Drive, Salisbury, MD 21804 Tel: 410-546-6650 | Fax: 410-546-2656

Hours of Operation:

Lab: Mon – Thurs - 6:30 AM – 4 PM; Friday 6:30 AM – 3 PM Adult Medicine: Mon – Thu 7 AM – 7 PM; Fri 7 AM – 5 PM

Woodbrooke - OB/GYN

1647 Woodbrooke Drive, Salisbury, MD 21804 Tel: 410-546-2424 | Fax: 410-742-6633

Hours of Operation:

OB/GYN: Mon - Fri - 8:30 AM - 5 PM OR by appointment

Ultrasound: Tues-Fri - 7:30 AM – 5 PM

Salisbury Delmarva Pharmacy

1615 Tree Sap Court, Salisbury, MD 21804 Tel: 410-677-0561 | Fax:410-677-0562 **Hours**: Mon - Fri - 8:30 AM - 6 PM Saturday - 9 AM - 4 PM; Closed Sunday

Salisbury Dental

1615 Tree Sap Court, Suite A, Salisbury, MD 21804

Tel: 443-944-9600 | Fax: 443-944-8550 **Hours:** Mon - Fri - 8:30 AM - 5 PM

Salisbury - Pediatrics

223 Phillip Morris Drive, Salisbury, MD 21804 Tel: 410-548-1747 | Fax:410-548-3783 **Hours:** Monday and Tuesday – 8:30 AM – 6 PM Wednesday - Friday – 8:30 AM – 5 PM

Healthway Drive - Mental Health

1104 Healthway Drive, Salisbury, MD 21804 Tel: 410- 219-1100 | Fax: 410-219-3446

Hours: M- Th - 7:30 AM - 6 PM; Fri 7:30 AM - 5 PM

Riverside Drive - Mental Health

560 Riverside Dr., Suite A-204, Salisbury, MD 21801

Tel: 443-358-6193 | Fax: 443-358-6197

Hours: Mon – Thu - 7:30 AM – 6 PM; Fri 7:30 AM – 5PM

Sweetbay - Adult Medicine

1813 Sweetbay Drive, Suite 3-4, Salisbury, MD 21804

Tel: 410-219-3769 | Fax: 443-944-8476 **Hours:** Mon, Tues, Wed - 7:30 AM - 6 PM. Thurs - 7:30 AM - 6 PM: Fri - 7:30 AM - 4 PM

Power Street Family Medicine

100 Power St, Salisbury, MD 21804 Tel: 410-543-2060 | Fax: 410-543-2051

Hours: Mon - Th - 8 AM - 5:30 PM; Fri - 8:30 AM - 5 PM

Winterplace Family Medicine

31413 Winterplace Pkwy, Ste 103, Salisbury, MD 21804 Tel: 410-860-0100 | Fax: 410-860-4894

Hours: Mon – Fri - 8 AM – 4:30 PM

Princess Anne – Adult Medicine, Mental Health, OB/GYN, Peds,

12145 Elm Street, Princess Anne, MD 21853

Tel: 410-651-1000 Hours of Operation:

Adult Medicine: Mon, Th, Fri - 7AM - 5PM; Tues, Wed - 7AM - 6 PM

| Tel: 410-651-5135 | Fax: 410-651-3581 **OB/GYN**: Mon-Fri - 8:30 AM – 5 PM | Tel: 410-651-5135 | Fax: 410-651-1587

Pediatrics: Mon, Tues - 8 AM - 6 PM; Wed - Fri - 8 AM - 5 PM;

| Tel: 410-651-5135 | Fax: 410-651-1077

Mental Health: Mon - Th - 7:30 AM - 6 PM; Fri 7 AM - 5 PM

| Tel: 410-651-2204 | Fax: 410-651-1113

Lab: Mon-Fri 8:30 AM – 4 PM

PA Delmarva Pharmacy

12137 Elm St., Princess Anne, MD 21853 Tel: 410-651-5555 | Fax: 410-651-2071 **Hours:** Mon - Fri - 8:30 AM - 6 PM Saturday - 9 AM - 4 PM; Closed Sunday

PA Dental

12165 Elm Street, Princess Anne, MD 21853 Tel: 410-651-5151 | Fax: 410-651-4256 Hours: Mon - Fri - 8:30 AM - 5 PM

Berlin - Pediatrics, Adult Medicine, Mental Health

9958 N. Main Street, Berlin, MD 21811 Tel: 410-973-2820 | Fax: 410-973-2843

Hours:

Peds: M, T, Th, F - 7:30 AM - 6 PM; Wed - 8 AM 5 PM

Adult Medicine: Mon - Fri - 7 AM - 5 PM

Mental Health: Mon, Wed - 7:30 AM - 6 PM; T, Th - 7:30 AM - 6:30

PM, Fri 7:30 AM – 5 PM (MH Fax: 410-973-2825)

Berlin Behavioral Health & Crisis Center

9714 Healthway Drive, Berlin, MD 21811 Tel: 410-973-6679 | Fax: 667-930-5357 **Hours of Operation**: Mon - Fri - 8 AM – 6 PM

Pocomoke - Adult Medicine, Pediatrics, Mental Health

305 10th Street, Suite 104, Pocomoke City, MD 21851 Tel: 410-957-1852 | Fax: 410-957-0681

Hours:

Adult Medicine: M, W, F - 7:30 AM – 5 PM; T, Th - 7:30 AM – 6 PM

Peds: M, T, Th, F - 7:30 AM - 6 PM; Closed Wed.

Mental Health (Suite 103): M-Th - 8 AM - 6 PM; Fri 8 AM - 5 PM

Behavioral Health Resources / Support Groups

4STEPS Therapeutic Riding Program

Teaming for Success veterans work with at-risk youths bringing hope, joy, and unlimited possibilities through the healing power of the horse! For facility hours and location call the number provided.

Phone: 410-835-8814

Address: 5367 Sixty Foot Rd., Parsonsburg, MD 21849

Website: www.4stepstrp.org

Al-Anon

Provides meetings for people who are affected by someone else's drinking. For meeting times and locations on the Eastern Shore please visit the website below.

Phone: 888-425-2666

Website: https://al-anon.org/al-anon-meetings/

Celebrate Recovery (adult) and The Landing (youth)

A Christ-centered program designed to help people overcome any hurt, habit, or hang up. Held at Oak Ridge Baptist Church Friday nights from 7pm to 9pm.

Phone: 410-742-4424

Address: 361 Tilghman Road Salisbury, MD 21804

Celebrate Recovery (adult only)

A Christ-centered Bible based, twelve step program of recovery that was designed to help people reconnect with God and heal from past Hurt and/or addiction.

Meets at Sonrise Church. Fellowship at 6:00pm with the

meeting starting at 7:00 pm

Phone: 410-703-1793 (Pete Scanlon) Address: 10026 Main St., Berlin, MD 21811

Fenix Youth Project, Inc - Drop-In Center

Drop-In is a resource for youth ages 13-24 experiencing a housing crisis, homelessness, or who just need basic resources, people to love, and accept them as they are, and a place to belong.

Phone: 443-736-8028

Address: 212 West Main St. Unit 309, Salisbury, MD

21801

Lower Shore Friends

Provides peer support and advocacy, links/referrals to community services, consumer outreach and consumer workshops.

Regular Services: Monday - Friday 8:00 am - 1:00pm

Phone: 410-334-2173

Address: 207 Maryland Ave #5, Salisbury, MD 21801.

Maryland Coalition of Families

Our Trained staff, who themselves have cared for a loved one with mental health, substance use, or gambling issues will work one-on-one to help you understand the services available in your community and how to access them.

Phone: 410-730-8267 (Mon – Fri 9:00am – 5:00pm)

Email: info@mdcoalition.org Website: mdcoalition.org

Maryland Center of Excellence on Problem Gambling

(The Center) a program of the University of Maryland School of Medicine and funded by the Maryland Department of Health Behavioral Health Administration, promotes healthy and informed choices regarding gambling and problem gambling.

Email: dgaspar@som.umaryland.edu

Office Phone: 667-214-2120

NAMI Maryland Lower Shore

NAMI Maryland Lower Shore is an education and advocacy group and supports community events that promote both mental health well-being, and a quality array of services for those with behavioral health needs on the Lower Shore.

Phone: 443-614-6739

Email: namimdls@gmail.com

Behavioral Health Resources / Support Groups (continued)

Recovery Resource Center

12 Step Support meetings are held 365 days/year for ages 15-adult. The following groups meet regularly at RRC: Alcoholics Anonymous, Narcotics Anonymous, Overeaters Anonymous, Gamblers Anonymous, Al-Anon, Nar-Anon, and Chemical Dependents Anonymous. See website for complete meeting list.

Phone: 410-749-9482

Address: 726 S. Salisbury Blvd., Salisbury, MD 21801

Website: www.rrcsby.org

SHORE Center

Provides all manner of Harm Reduction to individuals who are actively using drugs or seeking assistance with recovery. This is a safe, non-judgmental space for those in need in our community to access resources and peers in recovery for assistance. Harm Reduction services include but are not limited to Safer Injecting Education and Equipment, Safer Sex Equipment, Overdose Education and Narcan training and distribution, Safe Syringe Disposal, Wound Care referrals and education, linkage/referrals to treatment and services identified as needs, HIV/Hep C testing and linkage to treatment. Open Monday – Friday 8:00 am – 4:00 pm

Phone: 443-210-2169

The Mobile unit is in Somerset County on the 2nd & 4th Thursday and in Dorchester County on the 1st & 3rd Thursday of every month.

Call the SHORE Center for times and locations of the mobile unit.

Somerset County Smoking Cessation

Smoking Cessation offers free individual counseling virtually or by phone. Free Nicotine Replacement Therapy. For more information call or visit the Somerset County Health Department website.

Phone: 443-523-1700

Website: www.somersethealth.org

Survivors of Suicide Group

For those who have lost a loved one to suicide. Meets the third Wednesday of every month 6pm-7:30pm at the Berlin Health Center.

Address: 9730 Healthway Dr., Berlin, MD Phone: 410-726-3090 (Kim Klump)

Wicomico County Health Department Smoking Cessation Program

Free Virtual/ over the phone Stop Smoking classes to individuals who work/live in Wicomico County, which includes education, support and nicotine replacement medication (lozenge, patch or Chantix). One on one education and support for pregnant women is also available.

Phone: 410-430-7384

Address: 801 N. Salisbury Blvd (Adkins Bldg.), Salisbury,

MD 21801

Website: www.wicomicohealth.org

Worcester County Health Department Smoking Cessation

Worcester Health offers free classes to help smokers establish new behavior patterns that lead to a tobacco and vape free lifestyle. With the smoking cessation class, nicotine gum, patch, lozenges and other aids to help individuals quit tobacco are available through a voucher program for individuals meeting specific requirements. The smoking cessation course covers stress management, weight control, assertive communication, how to develop a quit plan, relapse prevention, and physical activity.

Youth classes for those ages 13-17 are also available.

Phone: 410-632-1100 Ext. 1108 Website: www.worcesterhealth.org

Social Service Organizations

Department of Social Services (DSS)

Provides child welfare, adult protective services, and child support enforcement assistance.

Somerset

Phone: 410-677-4200

Address: 30397 Mount Vernon Rd, Princess Anne, MD

21853

Wicomico

Phone: 410-713-3900

Address: 201 Baptist Street, Salisbury, MD 21801

Worcester

Phone: 410-677-6800

Address: 299 Commerce Street, Snow Hill, MD 21863

Catholic Charities, Inc - Seton Center

Provides case management, referrals, food programs, health prevention advocacy, thrift shop, women's support group, referrals for immigration services, financial assistance for basic living expenses.

Phone: 410-651-9608

Address: Call for assessment and location

Chesapeake Housing Mission

Offers a wide variety of basic construction and home repair services that complement the skill sets of our volunteers and operations team. In addition to building wheelchair ramps, we also perform critical home repair to help our clients be Warmer, Safer, Drier, and Healthier.

Phone: 410-546-4534

Website: https://www.chesapeakehousingmission.org/

Diakonia, Inc.

Provides homeless services; homeless advocacy, emergency housing/shelter, emergency food assistance, case management, homeless prevention programs (rental & utility assistance), rapid rehousing, and support services for veterans and their families, thrift store with clothing and household needs, and homeless outreach. Phone: 410-213-0923

Address: 12747 Old Bridge Road, Ocean City MD 21842 Call to complete an assessment and/or call for food

assistance. Website: www.diakoniaoc.org

Help & Outreach Point of Entry, Inc. (HOPE)

Provides guidance and financial assistance with health and dental related issues, assistance provided to obtain birth certificates and Maryland IDs, referrals to rehabilitation services, personal support and assistance with obtaining medications.

Phone: 410-677-0757

Address: 129 Broad St., Salisbury, MD 21801

Joseph House Ministries

Helping individuals and families who are in crisis situations. Financial assistance for basic necessities of life, such as helping with evictions, utility cut-offs and rent/security deposits, provides monthly bags of food to Wicomico County residents.

Phone: 410-749-4239

Address: 812 Boundary Street, Salisbury, MD 21801

Website: www.thejosephhouse.org

Local Management Board (LMB)

Local Management Boards are responsible for identifying priorities and targeting resources for the needs in their county. LMBs focus on community-based services to promote a safe, healthy, and stable environment for all families. They provide resources for families to link them with local agencies and organizations that serve children, youth and families.

Somerset County Local Management Board, Inc.

Phone: 410-651-2963

Address: 8928 Sign Post Road, Suite 1, Westover, MD

21871

Website: www.sclmb.org

Wicomico Partnership for Families and Children

Phone: 410-546-5400

Address: 110 N Division St Suite #108, Salisbury, MD

21801

Website: www.wicomicocounty.org/140/Local-Management-Board-Wicomico-Partners

Worcester County's Initiative to Preserve Families

Phone: 410-632-3648

Address: 6040 Public Landing Road, PO Box 129, Snow

Hill, MD 21863

Email: Worcester.lmb@maryland.gov

Social Service Organizations (continued)

MAC, INC

MAC is the Area Agency on Aging (for ages 50 and up) for Dorchester, Somerset, Wicomico, and Worcester Counties. They provide senior centers and home delivered meals as well as education about long-term services and support.

Phone/Fax: 410-742-0505

Address: 909 Progress Circle, Salisbury, MD. 21804

Website: www.macinc.org

Rebirth Inc.

Rebirth is a Community/Family Resource and Support Center, specifically for the immigrant community with Culturally appropriate: Resource and Support Center, Navigation Services, Affordable Health Care Assistance and a Food Pantry.

Phone: 410-264-1441

Address: 225 N Division St | Ste 309, Salisbury, MD

21801

Salisbury Urban Ministries

Men's Welcome Center (for homeless men to do laundry, shower, and receive health referrals, Saturdays 10:15am - 2pm), prescription assistance, God's Kitchen (Saturdays 11am-1pm at Grace UMC located at 635 E. Church St. Salisbury, MD 21804), Kid's Café (after school program for at risk children attending East Salisbury School or Beaver Run School; must enroll), food pantry (Tuesdays and Thursdays 10am-12pm for Wicomico County residents only).

Phone: 410-749-1563

Address: 326 Barclay St., PO Box 1792, Salisbury, MD

21802

Salvation Army

Food and clothing assistance. Wicomico County housing assistance while funds are available (call for schedule). Most services are provided by appointment only.

Phone: 410-749-3077

Address: 407 Oak Street, Salisbury, MD 21804

Shore Up! Inc.

<u>Somerset</u> – Energy assistance 410-651-1805

Address: 12409 Loretta Road, Princess Anne, MD 21853

<u>Wicomico</u> – Energy assistance, financial assistance for

medications, weatherization, and housing. 410-749-1142

Address: 520 Snow Hill Road, Salisbury, MD 21804

Worcester - Energy assistance

410-632-2075

Address: 6352 Worcester Highway, Newark, MD 21841

Worcester County GOLD (Giving Other Lives Dignity)

Improving the quality of life for Worcester County residents living in poverty by providing emergency financial aid and items to meet basic needs for infants and children, families in crisis, those who are homeless, and vulnerable adults. All requests come from our community partners, consisting of case workers with local agencies such as the Department of Social Services or the Health Department. If you need assistance, call and ask for an intake.

Phone: 410-677-6906 (children in the home) 410-632-9915 (no children in the home)

Website: https://worcestergold.org

Local Shelters

Bethany House

Phone: 410-651-9608

Address: 12518 Somerset Ave., Princess Anne, MD

21853

Christian Shelter

Phone: 410-749-5673

Address: 334 Barclay Street, Salisbury MD 21804

Website: www.christianshelter.org

Cold Weather Shelter in Wicomico County

(Men) Hands and Hearts Ending Homelessness;

available November to April. Phone: 443-397-2243

Address: 31525 John Deere Drive, Salisbury, MD

21804.

Diakonia, Inc.

Phone: 410-213-0923

Address: 12747 Old Bridge Road, Ocean City MD

21842

Website: www.diakoniaoc.org

HALO (Hope and Life Outreach)

Day Center and Shelter Phone: 410-543-9010

Address: 119 B South Boulevard, Salisbury MD

21804

Website: www.haloministry.org

Ocean City Cold Weather Shelter

The Cold Weather Shelter is open during the winter

months but is temperature dependent.

Guests must pre-register before their first stay of the

season.

Call with questions and to confirm if open.

Phone: 443-880-5060

Address: 10301 Coastal Hwy, Ocean City, MD

21842.

Samaritan Ministries

Phone: 410-957-4310

Address: 814 Fourth Street, Pocomoke City MD

21851

Website: http://thesamaritanshelter.org/

Local Food Pantries and Soup Kitchens

Wicomico County:

Cross Pointe Church of the Nazarene

Address: 27765 Nanticoke Rd., Salisbury, MD 21801

Phone: 410-742-3840

DEC Food Ministries

Address: 408 E. Gordy Rd., Salisbury, MD 21804

Phone: 10-749-1719

EWC Adopt-a-Block Outreach Inc.

Address: 818 Benny St., Salisbury, MD 21801

Phone 410-749-3748

First Baptist (Fruitland)

Address: 630 Clyde Ave., Fruitland, MD 21826

Phone: 410-749-1999

Joseph House Ministries

Monthly bags of food to Wicomico County residents.

Phone: 410-749-4239

Address: 812 Boundary St., Salisbury, MD 21801

Lower Shore Friends

Available 4 days a week Mon – Thurs 9am – Noon

Marvland ID is required. Phone: 410-334-2173

Address: 207 Maryland Ave. #5, Salisbury, MD 21801

MD Food Bank

Call or go online to find a food pantry closest to you.

Phone: 410-742-0050

Website: https://mdfoodbank.org/need-food/

Parkway Church of God

ID & Proof of Address

600 Edison St., Salisbury, MD 21802

Phone: 410-749-9428

Rebirth Cultural Food Pantry

225 N. Division St., Salisbury, MD 21801

Phone: 410-264-1441

Renovate Church Pantry

Address: 800 E. East St., Delmar, MD 21875

Phone: 410-251-0329

Salisbury Urban Ministries

God's Kitchen - Saturdays 11am-1pm at Grace UMC

Address: 635 E. Church St. Salisbury, MD 21804

Kids Café - after school program for at risk children attending East Salisbury School or Beaver Run School

(must enroll)

Food Pantry - Tuesdays and Thursdays, 10am-12pm

(Wicomico County residents only)

Phone: 410-749-1563

Address: 326 Barclay St., Salisbury, MD 21802

Food Pantry – 4th Tuesday of the month

Ayres United Methodist Church

7516 Gumboro Rd., Pittsville, MD 21850

Food Pantry – 2nd Tuesday of the month

Eden United Methodist Church

7451 Main St., Willards, MD 21874

Salvation Army

Most services are provided by appointment only.

Phone: 410-749-3077

Address: 407 Oak Street, Salisbury, MD 21804

St. Paul AME Zion Church

Food giveaway is on 1st and 3rd Monday every month.

9:00am - 12:00pm Must bring photo I.D. Phone: 410-546-5661

Address: 410 Delaware Ave, Salisbury, MD 21801

Union UMC

Address: 1211 Pine St., Delmar, MD 21875

Phone: 443-735-166

Somerset County:

Catholic Charities. Inc – The Seton Center

Phone: 410-651-9608

Address: 30362 Hampden Ave, Princess Anne, MD

21853

Local Food Pantries and Soup Kitchens (continued)

Worcester County:

Berlin First Baptist Church (serves Berlin area)

Blessing Box which contains boxed and canned food.

Tuesdays from 10:00am - 1:30pm

Phone: 410-641-4306

Address: 613 William St, Berlin, MD 21811

Diakonia, Inc.

Available 7 days a week 8am–4pm. Must bring I.D. and must be resident of Somerset, Wicomico, or Worcester County.

Phone: 410-213-0923

Address: 12747 Old Bridge Rd., Ocean City, MD 21842

The Samaritan Shelter

Soup kitchen: Wed and Fri 11am-12:30pm

Food distribution: Tues and Sat 1pm-2pm (Pocomoke

City Only)

Phone: 410-957-4310

Address: 814 Fourth St., Pocomoke City, MD 21851

Sarah's Pantry at Community Church of Ocean Pines

Food pantry Wed - Sat from 9am - 1pm. Must have a referral to receive food.

Pantry Line: 410-641-8392

Address: 11227 Racetrack Rd, Berlin, MD 21811

SonRise Church - Sharing the Harvest

Mobile food pantry that serves Maryland's Eastern Shore.

In conjunction with MD Food Bank.

410-629-1901

Food Distribution every Friday from 4:00pm to 5:30 pm

SonRise Church 10026 Main St. Building #4 Berlin, MD 21811

Transportation

Medical Assistance Transportation

Wicomico Phone: 410-548-5142 Worcester Phone: 410-632-0092 Somerset Phone: 443-523-1722 **Shore Transit**

Phone: 443-260-2300

Transitional Housing

Bayside Housing, LLC

MCORR Level II Certified supportive housing for women. Starting at 21 yrs of age. Provides a sober living environment during early recovery and serves as the conduit to successful independent living. The program leads people suffering with mental health illnesses, and addiction to recovery; and helps those individuals to become productive citizens in the community.

Phone: 410-749-8748

Address: 611 Lakeside Drive, Salisbury MD, 21801

Website: www.baysidehousingllc.com

Homes for Hope

Level II MCORR certified recovery residences for men over the age of 18.

Homes4Hope recovery residences offers a safe, sober and structured living environment for those with substance use disorders.

Phone: 443-359-9830

Address: 229 West Main Street Salisbury MD 21801

Village of Hope

A not-for-profit, non-denominational organization which provides a transitional home for women ages

18-62 with or without children.

Phone: 410-860-5981

Address: 1001 Lake Street, Salisbury, MD 21801

Website: www.villageofhope.us

Veteran Education Services

Salisbury University

Shannon James, Veterans and Military Affiliated

Coordinator (Registrar's Office) Phone: 410-543-6189 **Veterans Upward Bound**

Wor-Wic Community College Jason M King (Director of Veterans Services)

Phone: 410-334-2882

Address: 32000 Campus Drive, Salisbury, MD 21804

Veteran Employment Services

Delmarva Veteran Builders

Phone: 443-736-1584 Chris Eccleston

Address: 120 East Market St, Salisbury, MD 21801

Lower Shore American Job Center

31901 Tri-County Way, Suite 111

Salisbury, MD 21804 Phone: 410-341-6515 St. James AME Zion Church

Homeless Veterans Reintegration Program

Phone: 410-742-1427

Address: 521 Mack Ave, Salisbury, MD 21801

zionhouse@netscape.com

Veteran Family Support Services

Diakonia, Inc.

Supportive services for veterans and their families.

Phone: 410-213-0923

Address: 12747 Old Bridge Rd, Ocean City, MD 21842

St. James AME Zion Church

Supportive Services for veterans and their families

Phone: 410-742-1427

Address: 521 Mack Ave, Salisbury, MD 21801

VA Maryland Health Care System

Community integration services, homeless outreach and

case management,

contract housing/emergency shelter The VA Salisbury Vet Center Outstation Address: 926 Snow Hill Road, Bldg 3

Phone: 410-912-7262

Hours: Monday-Friday 7:30AM to 4:00PM

Veteran Support Services

Cambridge VA Outpatient Clinic

Audiology, Coumadin clinic, hearing aid fitting, medication management, mental health, primary care, occupational therapy, optometry, post-traumatic stress, pulmonary, social work, tele-mental health, tele-retinal imaging, urology, vet center, women's health.

Phone: 410-228-6243; Mental Health Care ext. 34144 Address: 830 Chesapeake Drive, Cambridge MD 21613

Enrollment and eligibility office: 877-222-8387

Department of Veterans Affairs and Hotline Numbers

Website: www.va.gov Benefits: 1-800-824-1000

Health Care: 1-877-222-VETS (8387) VA Inspector General: 1-800-488-8244

Combat Call Center: 1-877-WAR-VETS (877-927-8387) Homeless Veteran Services 1-877-AID-VET (877-424-3838)

Navigation: 1-800-MyVA411 (1-800-698-2411)

Elkton Vet Center

Jon Dansicker, Veteran Outreach Specialist

Work Cell: 410-703-5783 Website: www.vetcenter.va.gov

Maryland's Commitment to Veterans

Dina Karpf, Eastern Regional Resource Coordinator, Maryland

Department of Health Phone: 410-725-9996 (cell)

Burial Assistance for Maryland Resident Veterans

Must be honorably discharged and a resident of Maryland. The spouse can be buried there for a small fee. Contact Bruce Webster (410) 943-3420

Maryland Army National Guard Family Assistance Center

CSM Blair Lee Crockett Armory

Phone: 667-296-4189

Address: 28722 Ocean Gateway, Salisbury, MD 21801

Moose VFW Post 194

Phone: 410-543-8194

Address: 821 E. William St., Salisbury, MD 21804

National Association of Black Veterans, Inc. (NABVETS)

Walk Through the Valley Chapter #0093, Cmdr.

Phone: 443.366.8534 (James Briddell Sr) Address: 127 Flower St., Berlin, MD 21811

Operation We Care

Phone: 410-713-8940 (Jeff Merritt)

Address: 100 Lloyd St, Salisbury MD 21804 Website: www.operationwecare.org

Perry Point VA Medical Center

Inpatient, outpatient, and primary care services.

Phone: 410-642-2411

Website: www.maryland.va.gov

Salisbury University

Shannon Hardester, Veterans and Military Affiliated

Coordinator (Registrar's Office)

Phone: 410-543-618

Veteran Transportation Services

DAV Eastern Shore Chapter #34

Provides transportation for veterans to VA medical facilities.

Note: Not equipped with handicap accessibility. Mr. Cleveland Hicks, Transportation Coordinator

Phone: 410-883-0030/ 410-742-4181

Employment Organizations/ Education and Training Services

AmeriCorps Program at Salisbury University

Phone: 410-548-5119

Deaf Independent Living Association (DILA)

Phone: 410-742-5052 (Voice/TTY)

Division of Rehabilitation Services (DORS)

Phone: 410-546-1580

Division of Workforce Development and Adult Learning (Salisbury Office)

Phone: 410-341-8533

Focus Point Behavioral Health

Phone: 443-978-7838

Goodwill Career Development

Phone: 410-219-9118

HealthPort Supportive Employment Program

Phone: 410-341-3420

Lower Shore Enterprises, Inc.

Phone: 410-749-6183

Lower Shore Workforce Alliance and One Stop Job

Market

Phone: 410-341-6515 (One Stop Job Market)

MAC INC, AAA

Phone: 410-742-0505

Maple Shade Youth & Family Services, Inc.

Phone: 410-677-0202

Older Workers Training Program (Shore Up)

Phone: 410-749-1142

Small Business Development Center

Phone: 410-548-4419

Telamon Corporation

Phone: 410-546-4604

Youth Employment Program (Shore Up! Inc.)

Phone: 410-749-1142 ext. 360

Wor-Wic Community College

Phone: 410-334-2800

Helpful Websites

American Association of Suicidology

suicidology.org

American Foundation for Suicide Prevention

www.afsp.org

Camp Rehoboth

www.camprehoboth.com

Living Works Network – Safe Talk & ASIST training

www.livingworks.net

The Maryland Center of Excellence on

Problem Gambling

www.mdproblemgambling.com

Maryland Coalition of Families

www.mdcoalition.org

NAMI (National Alliance on Mental Illness)

Nami.org

MentalHealth.Gov

www.mentalhealth.gov

Network of Care

www.worcester.md.networkofcare.org

Parents of Suicide

www.parentsofsuicide.com & www.pos-ffos.com

On Our Own of Maryland, Inc.

www.onourownmd.org

Stop A Suicide Today

www.stopasuicide.org

Society for the Prevention of Teen Suicide

www.sptsusa.org

Substance Abuse and Mental Health Services

Administration (SAMHSA) findtreatment.samhsa.gov

Stop Bullying

www.stopbullying.gov

Suicide Prevention Resource Center

www.sprc.org

Suicide Prevention Action Network

www.spanusa.org

988 Suicide & Crisis Lifeline

988lifeline.org

Yellow Ribbon International Suicide Prevention

Program

www.yellowribbon.org

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