



**Public Health**  
Prevent. Promote. Protect.  
Somerset County  
Health Department

## Somerset County Health Department

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Health Officer: Danielle Weber, MS, RN

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### \*Meeting Minutes\*

|                                          |                                                                       |
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| Meeting Name:                            | Somerset Behavioral Health Authority (SBHA) meeting                   |
| Date of Meeting:<br>Feb 18, 2026         | Time: 10:00 AM - 11:00 AM                                             |
| Minutes<br>Prepared By:<br>Sharon Creasy | Location: 8928 Sign post Rd Westover MD 21871 &<br>10:00 - 11:00 a.m. |

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| Meeting Objective:      | Business Meeting                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| Attendees:              | Jessica Pastusak (SCHD), Shannon Frey(SCHD), Edwana Cottman (TidalHealth), Sharon R. Creasy -(SCHD), Lisa Thomas (Palmetto), Cherie Meienschein (Recovery Courts), Rachel Sadorf (ESHC), Bryant Howard (CHC), Sherry Hostetler (WorWic), , Lisa Thomas (DPSCS), Bryant Howard (CHC), Tabitha Payne (Tidalhealth), Keisha Jones (HealthPort), Lacie Melville (Health Port), Dina Karpf (MDH), Edwana Cottman (TidalHealth), Heather Collins (Cove Recovery), Jeannette Burney (Children Choice of MD), Korey Colbert (SCHD), Stephanie Psilopulos (Sante Group), Wendy Nargiz (Parents Place of MD) |
| Welcome & Introductions | Jessica Pastusak welcomed everyone to the meeting and did round table introductions.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| Approval of Minutes     | Shannon Frey approved the minutes and Jessica Pastusak 2nd the approval                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |

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| <p>Sante Group-<br/>Stephanie<br/>Psilopulos</p> | <ul style="list-style-type: none"> <li>● MRSS (Mobile Response Stabilization Services)Team</li> <li>● MRSS team members are the Clinician, PEER, and Parent or guardian</li> <li>● is specifically designed as an immediate response to <ul style="list-style-type: none"> <li>○ Meet the self defined needs of children, youth and young adults and their parents and caregivers</li> <li>○ De-escalate and ameliorate a crisis before more restrictive and costly interventions become necessary,</li> <li>○ Ensure connections to necessary service and supports</li> </ul> </li> <li>● Maintain <ul style="list-style-type: none"> <li>○ Maintain youth in their current living situation and community environment, reducing the need for out of home placements, which reduces the need for inpatient care and residential interventions</li> </ul> </li> <li>● Support <ul style="list-style-type: none"> <li>○ Support youth and families by providing trauma informed care</li> </ul> </li> <li>● Promote <ul style="list-style-type: none"> <li>○ Promote safe behavior in home, school and community</li> </ul> </li> <li>● Reduce <ul style="list-style-type: none"> <li>○ Reduce the use of emergency departments (ED), hospital boarding, and detention centers due to a behavioral health crisis</li> </ul> </li> <li>● Assist <ul style="list-style-type: none"> <li>○ Assist youth and families in accessing and linking to ongoing support and service, including intensive clinical and in-home services, as needed</li> </ul> </li> </ul> <p>Summary:<br/>The first 72 hours after the call. A team will go out and assess the family and do an intake. The program is for 8 weeks however it is based on individual/family needs. Anyone can refer to the program. They are ready to serve and in the county so there is a quick response time to the call. They also offer additional services (PEER support) like if an agency or school needs help with a death of a co-worker or student, they will come and be at the location for however long you need them.</p> |
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Behavioral  
Health Action  
Plan- Korey  
Colbert

GOAL 1 : Enhance Screening, Referral and intervention process for Behavioral Health:

What is the current Substance Use and Mental Health screening process for your organization?

Objections :

- By June 2027, the Healthy Delmarva Partnership will enhance screening for substance use disorders by implementing standard screening in specific patient encounters
  - answers were : ICF- Client intake forms, Social Assessments, and GAD-7 and PHQ9, SSRS

Goal 2 : Reduce stigma and increase awareness of behavioral health services among special populations

What are some ways to increase PEER support availability?

Objective

- Annually maintain or increase the Peer Specialists available in the Delmarva Region to Support those seeking Behavioral health services and support
  - 2 new peer support specialist in crisis center with Tidalhealth
  - SCHD is hiring a new peer
  - Healthport has a grant to provide training for peer support specialists

How do we currently promote Mental Health Training:

Objective :

- Annually, maintain or increase the number of people completing Mental Health First Aid training in the Delmarva region
- Adults 2/24/2026 from 4-6pm Virtual - wicomico is partnering with United Way
- There is 2 mental health first Aid training coming up
- Adults 2/24/2026 from 4-6pm Virtual - wicomico is partnering with United Way
- Youth is 02/24/2026 from 9am-4pm in person this is in partnership with Somerset county Public Schools

What are your current advertising efforts ?

Annually, increase awareness about and utilization of available behavioral health programs and services in the Delmarva region among the public and behavioral health system partners through tailored marketing and outreach efforts

- Lack of funding
- Commercials peer support and Billboards
- Parole and probation Marketing

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| <p>Agency Updates/<br/>Upcoming<br/>Trainings</p> | <p>Heather Collins (Cove Recovery) - we are starting a new program with Suboxone. There will not be a same day pharmacy service for the new program as they are steps and rules to follow before a prescription is filled.</p> <p>Jessica Pastusak (SCHD) - we are hosting a Re-Entry Simulation and it will be held at Salisbury University and will let everyone know once we have a date. There will be a suicide prevention and Gun safety event in June and will also let everyone know when we have a date.</p> <p>Tabitha Payne (Tidalhealth)- we have Walk-in hours available on Monday and Wednesday at 11am and Fridays at 9am at the McCready location. Substance Abuse clients get priority on walk-ins</p> |
| <p>Next Meeting</p>                               | <p>Wednesday, April 15, 2026, 10:00 am - 11:00 am, <b>**Hybrid**</b> 8928 Sign Post Rd Suite 2 Westover, Md 21871</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |